

# Hencky–type discrete model for pantographic structures: numerical comparison with second gradient continuum models

Emilio Turco, Francesco dell’Isola, Antonio Cazzani and Nicola Luigi Rizzi

**Abstract.** In [1] Hencky proposed a discrete model for *Elasticae* by introducing rigid bars and rotational springs. In [2] Hencky approach has been introduced to heuristically motivate the need of second gradient continua. Here we present a novel numerical code implementing directly the discrete Hencky type model which is robust enough to solve the problem of the determination of equilibrium configurations in the large deformation and displacement regimes. We apply this model to study some potentially applicable problems and we compare its performances with those of the second gradient continuum model. The numerical evidence presented supports the conjecture that Hencky-type converges to second gradient model.

**Mathematics Subject Classification (2010).** Primary 74-XX; Secondary 70H03, 74-04, 74B20, 74S30, 74Q05.

**Keywords.** Pantographic structures, micro-mechanical model, second gradient continuum, nonlinear problems.

## 1. Introduction

In this paper we introduce *ab initio* a discrete model for planar pantographic structures and we correspondingly formulate, using MATLAB, an effective computation tool which overcomes some technical difficulties confronted in [3, 4] via heavier finite elements based computational schemes, formulated starting from second gradient continuum models. The developed computation tool, in particular, is better adapted for determining the deformed shapes of pantographic sheets when: i) large extensions are activated locally, ii) shear angles approach the value  $\frac{\pi}{2}$ , iii) locking or "hourglass deformation effects" could arise due to the high heterogeneity of the material properties.

To explicit its effectiveness we compare the newly developed computational tool with the one previously developed using, based on a second gradient continuum model, the FEM implemented in COMSOL Multiphysics (see [2]). The comparison presented considers some typical deformation problems including: i) standard extension bias test; ii) shear/extension tests; iii) bending/extension tests, iv) deformations induced by displacements imposed to single fibers (extraction tests).

The discrete model which we consider here include both pairwise and triple elastic interactions between material particles and generalizes Hencky discrete model for the *Elastica* ([2, 5, 6, 7, 8, 9]).

The mechanical systems could be described by the introduced discrete model include those considered and studied in [2, 5, 4, 10, 11]. Indeed : i) the pivots interconnecting (see Fig. 1 for a 3D printing) the two arrays of beams are to be identified with the material particles which we introduce here; ii) the fact that these pivots may store elastic energy may be efficiently modelled introducing suitable "shearing" springs (that is the rotational springs called  $r_3$  in the following Figs. 3 and 4); iii) the bending phenomena occurring between the two closest pivots and the corresponding stored elastic energy are modelled by the rotational springs called  $r_1$  and  $r_2$  in the following Figs. 3 and 4; iv) the extensional phenomena occurring between two closer pivots are modelled by the extensional springs called  $r_0$ .

However we believe that the potential scope of the presented model is wider: it most likely may include the most relevant deformation phenomena in the woven fabrics described in ([12, 13, 14, 15, 16, 17, 18, 19]).

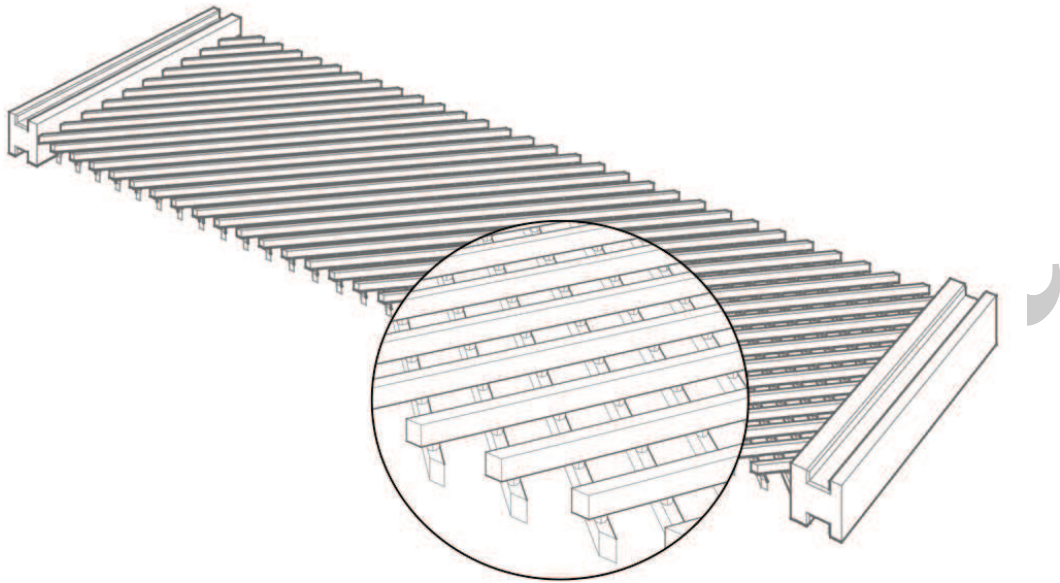


FIGURE 1. Pantographic structure.

26 Indeed the fibers constituting these fabrics intersects one with the others very similarly than in pantographic  
27 structures and in their deformation one can still distinguish extension, bending and shear: even if the hypothesis  
28 of elastic behavior in woven fabrics is applicable in a smaller range of deformation states the model presented  
29 here seems capable to catch some relevant aspects of its phenomenology. Similarly, some biological living  
30 tissues which are characterized by fibers embedded in a soft matrix can be described with the proposed model  
31 (see e.g. [20, 21, 22, 23, 24]).

32 In conclusion we are sure that the synthetic discrete description given in this paper may supply some  
33 insight in all those phenomena where chains of forces may be activated by directional strain fields. A careful  
34 comparison with available experimental evidence will be the subject of some following papers.

35 After the concise statement concerning the original results we complete this introduction by framing the  
36 presented results in the more general context of the mechanics of metamaterials and their continuum modelling.  
37 The dichotomy between discrete and continuum modelling will be shortly treated in a digression preceding the  
38 synthetic description of the structure of the paper.

### 39 1.1. Metamaterials and their modeling with generalized continua

40 The reader will find an increasing literature dealing with the class of materials which has been collectively  
41 gathered under the unifying concept of metamaterials. In this context, we have found particularly interesting  
42 the works by [25] and [26], where metamaterials are described as those materials which, while not existing in  
43 Nature, are conceived by means of a theoretical abstraction and then engineered to have "exotic" properties.

44 Metamaterials are obtained by the "architected" assemblage of multiple individual "microscopic"  
45 elements constituted by standard materials, usually arranged in (quasi-)periodic sub-structures [27]. It results  
46 that the macroscopic physical properties of metamaterials depend in a critical way on the topology of their  
47 microstructures and the nature of the interaction among constituting elements, while are less sensitive to

the standard properties of the micro-material constituting their microstructural elements. The macroscopic physical properties tailored in the design of metamaterial may be for instance optical, electromagnetic, thermal, mechanical and any combination (and coupling) of many of them. For instance: the particular shape, geometry, size, orientation and arrangement of the microstructural elements affect, in some particular metamaterials, the propagation of waves in a *not-often-observed* manner, e.g., not allowing the propagation in some band gaps (see e.g. [28, 29, 30, 31]) even if such a properties is not present in the material constituting the micro-structural elements (see also [32, 33, 34, 35] for others unusual wave propagation phenomena).

**1.1.1. Mechanical metamaterials.** In literature, more recently, a particular class of metamaterials has attracted the attention of mechanicians: the so called *mechanical metamaterials*. The properties for which these architected materials show unexpected or exotic features are purely mechanical. The newly synthesized metamaterial studied in [5] and considered here belongs to this class.

To give a hint of the possible performance of newly designed metamaterials we list here some whose applications seem closer to those which we have in mind (for a more detailed discussion the reader is referred to [3, 36, 37]): i) it has been synthesized a (micro-)composite medium showing a negative effective bulk modulus, or a negative effective mass density, or both properties; ii) it is possible to design and fabricate metamaterials with negative Poisson's ratio; iii) it is possible to tailor materials showing selective damping effects using special material microstructures (see e.g. [38, 39]).

The main problem in the theory of metamaterials is actually an inverse problem: given a continuum/discrete model (i.e. a set of kinematical parameters, be this set finite or infinite dimensional, and a Lagrangian Action functional) one has to find if there actually exist mechanical systems which, at a specific length scale, behave as it is prescribed by the chosen (continuum or discrete) model.

The problem actually consists in finding the microscopic properties and structure of such mechanical systems to be able to construct (or how sometimes is said with a word derived from Greek: *synthesize*) them, after having solved the corresponding technological problems.

The metamaterial conceived in [2, 5, 9, 40], has been designed to be governed, when considering macroscopic behavior, as a second gradient continuum and to have an enhanced extensional toughness: it has been actually synthesized exploiting the novel possibilities given by 3D printing technologies. This new class of bidimensional metamaterials, which have been also called extensible pantographic sheets, has been modeled using bidimensional continua which generalize those introduced in [41, 42, 43]: indeed they are conceived to account for the elastic energy in the extensional deformation and geodesic bending of constituting fibers simultaneously.

**1.1.2. Generalized continuum models.** Continuum mechanics is a powerful mean for the design mechanical structures: indeed starting from the first half of XIX century this design has been based on the application of predictive mathematical models. Starting from the pioneering works by Navier and Piola (see the discussion in the following subsection), it was established that continuum models could be deduced from discrete microscopic ones: the underlying idea is that materials can be ultimately modeled at a micro-level as finite dimensional Lagrangian systems and that their effective properties can be all obtained via a suitable homogenization procedure. However the working assumptions put forward by Cauchy were later assumed to be of universal validity. The works of Piola on generalized continua (see [44]) and what has been later rediscovered and called peridynamics (see [45]) remained for a long time nearly unknown. The limiting assumptions accepted by Cauchy include the absence of length scale phenomena and of high contrast in microscopic properties. On the other hand the particular class of micro-structured mechanical systems which present high-contrast<sup>1</sup> in microscopic properties once homogenized, have been shown to produce generalized continua in [46, 47, 48, 49, 50, 51, 52, 53].

Actually the continuum model introduced by Cauchy is very accurate for a large class of phenomena but cannot be applied to all materials in every physical condition (and the contrary would be really surprising). When introducing generalized continua, the true conceptual frame settled by Cauchy and Navier is to be drastically modified. The concept of stress becomes secondary and the main role is played by deformation measures together

<sup>1</sup>These systems are defined as quasi-periodical systems having some of the physical properties diverging when the size of the representative elementary volume tends to zero, while simultaneously some others properties are vanishing in this limit. Pantographic structures verify this definition: see [2].

with action and dissipation functionals (see [54] or e.g. [55, 56, 57, 58]). The Euler-Lagrange equation obtained in this more encompassing modeling process cannot be anymore regarded to coincide with the balance of force unless one generalizes the concept of force. This can be done by introducing generalized actions as the dual quantities in the work of the gradients of displacements (see e.g. [59, 60, 61, 62] or [63, 64, 65] for 2D or 1D generalized continua characterized by a specific microstructure).

All this difficulties are easily surmounted when discrete models are usable: what we prove is possible in the present paper. Moreover a further consideration is needed here: at the end a continuum model, for getting predictions, need to be discretized. In other words in any case a discrete model is used whose structure is rather out of the control of the modeler as it is mediated by many complex steps. In the case of pantographic structures they can be shortly listed as follows: i) to find the right class of generalized continua which is able to capture their behavior (and it seems that such class must be at least the class of second gradient Piola continua, if not the class of microstretch continua); ii) to find the correct FEM for getting algorithms converging to the physically meaningful shapes of introduced continua; iii) to establish the correct identification of constitutive parameters to get physically founded predictions.

Here we control totally the modelling process by introducing a convincing discrete model, we formulate a Lagrangian equilibrium condition and we find with a robust code which we could formulate ourselves to determine all equilibrium configurations. The comparison with the previously obtained results found in [5, 3] is really comforting: there is a total correspondence of the predictions. When one of the two models fails to converge it is always the one obtained via the mediation of generalized continuum theories.

## 1.2. A historical perspective

The controversy about the prevalence of continuum models on discrete models (or vice versa, depending on the tastes and the schools) for mechanical (or more generally physical) systems is very old. Probably it started with the antithesis between Epicurean atomism and Heraclitean continuum approach: the more recent dispute between Mach and Boltzmann is an example of how bitter this contraposition may become. In this paper, we do not try the historical analysis of this contraposition and we do not dare to take position on aforementioned controversy. Actually we believe that one has to assume a pragmatic view on the question. In general a mathematical model to be used for describing physical systems has to have the following obvious features: i) it has to be formulated based on a clear minimal set of postulates which should be self-consistent, ii) it has to be predictive when applied to describe physical phenomena.

In order to get predictions out of a set of postulates some exercises of mathematics need to be solved: the obtained solutions, when engineering applications are needed, must involve the performance of specific computations, which allow for the exact quantitative verification of considered models and for the precise design of novel devices.

Before the advent of modern computing machines the most powerful computing tool has been given by mathematical analysis and its ancillary disciplines, i.e. the theories of analytical, elementary or special functions. In fact, once a model was postulated on the basis of a variational principle (see e.g. [66, 45, 44]) then the corresponding Euler-Lagrange conditions were found in order to be able to apply for their solutions all the methods made available by mathematical analysis. We refer, for instance, to the approximate methods of solutions by series, by polynomial approximations, separation of variables, or to the so-called analytical or semi-analytical methods. Instead discrete mathematics, and in particular the theory of discrete difference equations, could not (as done, instead, very effectively by infinitesimal analysis) produce calculation methods based on closed form solutions. As a consequence, also those scientists who, being followers of Epicurean school, believed in the atomistic and discrete fundamental nature of matter did study continuum models. Piola [66], Navier [67], and later Boltzmann [68] (just to name few of them) started their postulation starting with a discrete finite dimensional model where Lagrangian coordinates consist of  $N$ -tuples of material particles coordinates and then, via suitable homogenization methods, deduced the governing equations of the continuum approximating one.

Therefore, without the modern powerful tools of automatic computation, also the Epicureans needed to deduce continuum models to get applicable equations from which, via suitable analytical and simple numerical computations, they could get quantitative predictions.

145 A paradoxical situation was then created. Continuum models, which had been first created as auxiliary  
146 tools needed for performing calculations and obtained via a deductive process, were regarded subsequently  
147 as constituting the most fundamental ones, simply because they were considered the most effective way for  
148 describing macroscopic phenomena (see [69]). The basic postulates in these continuum models have been  
149 identified with a list of balance laws (see [44]) to which a (presumed) firmer physical meaning has been (more or  
150 less arbitrarily) attributed. Subsequently discrete models were introduced as an ancillary tool for getting effective  
151 calculation algorithms: variational principles for continuum models were therefore deduced as "theorems" (and  
152 it did not seem to many an oxymoron to talk about the *theorem (sic!) of the principle of virtual work*) to be used  
153 for introducing the continuum model discretization. Actually, as the historical circumstances were changed,  
154 discrete models had become the most suitable ones for supplying quantitative predictions, as von Neumann  
155 machines are able to calculate the solution of algebraic equations having millions of unknowns.

156 This shift on the role given, in the passage from a cultural paradigm (in the sense of Kuhn [70]) to  
157 another paradigm, to the same concept is not new in the history of science. One concept may be considered  
158 as "fundamental" by a school and "ancillary" in another one and vice versa. We postpone a careful study of  
159 these cultural phenomena to further investigations as it seems that play a major role also in mechanical sciences.  
160 Simply we want to recall here (see e.g. [71]) that in Hellenistic science a predictive model describing the  
161 motion of planets seems to have been formulated. The main tool for calculating these motions were some  
162 mechanisms (like Antikythera Machine see [72]) whose functioning mechanism were epicyclic gears: Ptolemy,  
163 being a practical astronomer, instead of teaching the underlying astronomic theory decided to describe simply  
164 the theory needed for constructing the relative calculation ancillary tools. As a consequence, during Middle  
165 Age, the astronomers believed to the existence of several heavens around the Earth, the closer ones embedding  
166 the "moving planets" which were supported by moving structures and the most distant one being constituted  
167 by a fixed vault on which also fixed stars were blocked. The cultural shift was again of the same nature: those  
168 concepts which had been conceived as secondary ones needed for supplying calculating tools did eventually  
169 become the most fundamental ones, assumed as the basis of the whole theoretical speculation.

### 170 1.3. Structure of the paper

171 In Section 2 the Lagrangian finite dimensional model proposed and studied in this paper is introduced. The  
172 spirit of Piola, when he describes the molecular mechanical system which he places at the foundation of  
173 his presentation, is faithfully followed. A lattice of positions is defined which characterizes the reference  
174 configuration of all particles which constitute the system. Lagrangian mechanics formalism is then assumed: a  
175 deformation energy is associated to the set of interaction springs introduced and the problem of its minimization  
176 is presented.

177 In Section 3 a solution strategy of the aforementioned minimization problem is presented, and all the  
178 details needed for its eventual reproduction are given.

179 In Section 4 some numerical solution are shown of some equilibrium problems related to engineering ap-  
180 plications. In particular are presented the solutions relative to standard extension bias test with the correspondent  
181 reactive force distributions and resultants induced by imposed displacements on constraints.

182 The reader will remark that in the dedicated literature the determination of reactive forces for bias test  
183 is considered somehow difficult. Moreover some equilibrium shapes are shown in presence of displacements  
184 imposed on single fibers and in the test of extraction of a fiber.

185 In Section 5 the performances of the presented numerical model is confronted with those shown in [2].  
186 The here presented code needed an *ad hoc* programming activity while previously the code was obtained by  
187 using a standard FE integrator (COMSOL). As expected the convergence capacities (to solution having a correct  
188 physical interpretation) of the newly presented model are improved remarkably. Of course, with FE codes one  
189 can improve the results related to higher gradient continuum theories using newly developed numerical tools  
190 with an intrinsic high continuity as done e.g. in [73, 74, 75, 76, 77, 78, 79, 80, 74]; however herein we want to  
191 explore the potential of the proposed discrete model whose features is based on the microstructure properties of  
192 the system under study and compare its performances with models already tested and verified.

193 In the conclusions the future immediate research perspectives are listed and some major possible modeling  
194 improvements are delineated.



## 2. Hencky-Piola-type model for planar pantographic sheets

As discussed in the introduction, among the many modeling possibilities, we have chosen, in this paper, to introduce a finite dimensional Lagrangian model for describing pantographic planar sheets.

This model is Piola-type as we consider a finite number of material particles occupying, in a reference configuration, the nodes of a rectangular square cell lattice having length  $\varepsilon$  (see Figure 2, where it was assumed that  $n_f = 10$  square cells constitute the shorter side of the rectangular lattice).

The lattice is, roughly speaking, constituted by two arrays of fibers which are oriented at an angle  $\pi/4$  and  $-\pi/4$  with respect to  $x_1$  axis: we will call array 1 that at the angle  $\pi/4$  and array 2 the other one.

Each of introduced material particles model the pivots which in the 3D printed specimen interconnect the two considered arrays of beams, see Fig. 1.

This model is Lagrangian because we introduce the reference position of the generic  $i$ -th material particle via the position  $P_i$  and we consider as Lagrangian kinematical parameter for each of them the actual position, denoted by  $p_i$ .

This model is Hencky-type because, as done in his pioneering work (see [1, 6, 7, 8]) for *Elasticae*, we model the elastic interactions among the particles by means of rotational and extensional springs such as those represented in Figure 3, so that we assume to need pairwise and triple particles interactions.

Our conjecture is that it is formulated, in this way, a discrete mathematical model which is able to supply an accurate prediction of the structural response in the regime of (very) large displacements.

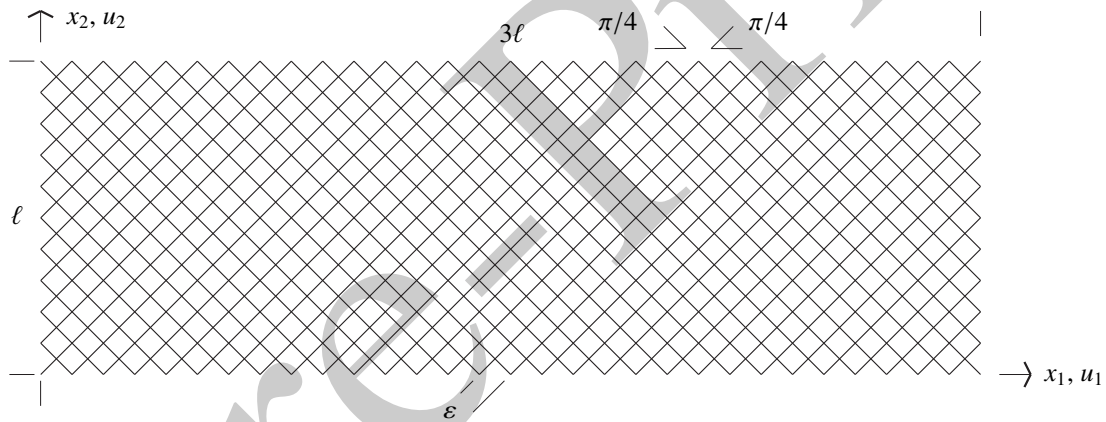


FIGURE 2. Pantographic lattice.

The modeling procedure is to be completed by defining the deformation energy of each spring element. The problem of determining equilibrium configurations is successively solved by imposing the stationarity of total potential energy following the algorithm described in Section 3.

Our Ansatz concerning deformation energies energy can be summarized as follows:

**Deformation energy for axial springs.** Each axial spring stores elastically an energy which depends quadratically on its length variation:

$$w_0 = \frac{1}{2} r_0 (\|p_j - p_i\| - \varepsilon)^2, \quad (1)$$

where  $p_i$  and  $p_j$  are the actual position, see Figures 3 and 4, of the nodes connected by the considered extensional spring whose rigidity is denoted  $r_0$ .

**Deformation energy for bending springs.** Three consecutive particles along array 1 or 2 interact via a rotational spring whose stored energy depends on the angle formed by the two consecutive segments connecting, in the actual configurations, the particles' positions:

$$w_{1,2} = r_{1,2} (\cos \gamma_{1,2} + 1), \quad (2)$$

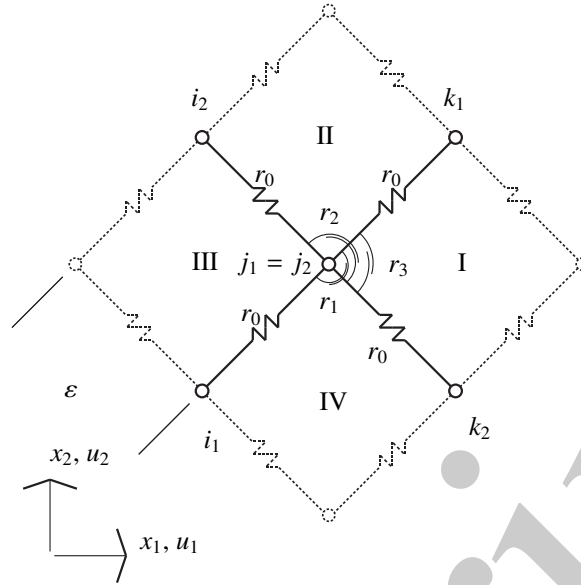


FIGURE 3. Discrete mechanical model.

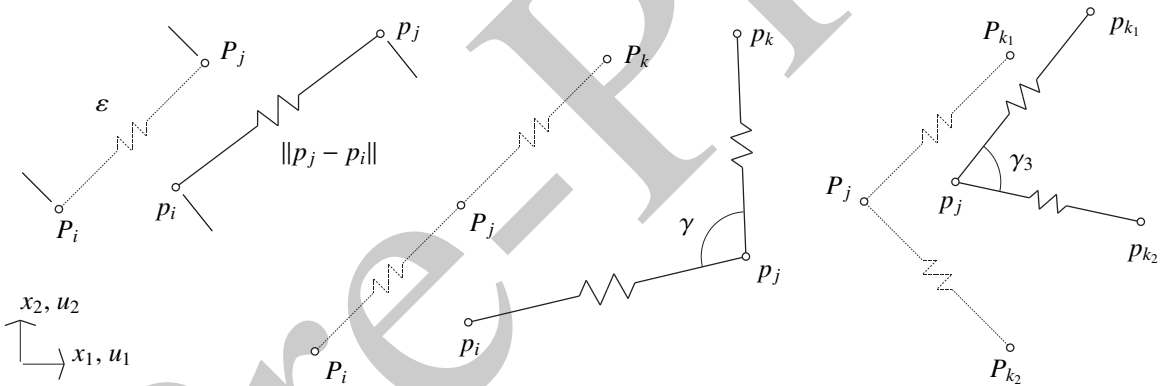


FIGURE 4. Kinematics of extensional, bending and shear springs .

where

$$\cos \gamma_{1,2} = \frac{\|p_{j,2} - p_{i,2}\|^2 + \|p_{k,2} - p_{j,2}\|^2 - \|p_{k,2} - p_{i,2}\|^2}{2\|p_{j,2} - p_{i,2}\|\|p_{k,2} - p_{j,2}\|}, \quad (3)$$

and  $p_{i,2}$ ,  $p_{j,2}$  and  $p_{k,2}$  are the ordered actual position of the three aligned nodes along array 1 or 2 and  $r_1$ , see Figures 3 and 4, and  $r_2$  denote the rigidities of the corresponding rotational springs.

The deformation energies for springs at the nodes where displacement is imposed need the specification of suitable boundary conditions. In particular if the short sides of the lattice are constrained to be fixed on two rigid bodies and the bending springs are connected with material segments of these bodies then the previous formulas obviously supply the needed relations when setting (if the constrained node  $j$  has not the subsequent node  $k$  in the interior of the lattice)

$$p_{k,2} = P_{k,2} + R_{k,2},$$

or (if the constrained node  $j$  has not the preceding node  $i$  in the interior of the lattice)

$$p_{i,2} = P_{i,2} + R_{i,2},$$

where  $R_{k_{1,2}}$  or  $R_{i_{1,2}}$  represent the corresponded rigid displacement.

**Deformation energy for shear springs.** Via the interconnecting pivots the two arrays of fibers interact elastically: if the actual angle between the two arrays is  $\gamma_3$  we assume that the stored energy depends quadratically on the difference  $(\gamma_3 - \frac{\pi}{2})$

$$w_3 = \frac{1}{2} r_3 \left( \gamma_3 - \frac{\pi}{2} \right)^2, \quad (4)$$

where (see Figures 3 and 4)

$$\cos \gamma_3 = \frac{\|p_{j_1} - p_{k_2}\|^2 + \|p_{k_1} - p_{j_1}\|^2 - \|p_{k_1} - p_{k_2}\|^2}{2\|p_{j_1} - p_{k_2}\| \|p_{k_1} - p_{j_1}\|}, \quad (5)$$

if  $p_{j_1}$  and  $p_{k_1}, p_{k_2}$  are the actual position of the nodes relative to the rotational spring of rigidity  $r_3$  connecting array 1 with array 2. Remark that we assume to have one of such shear springs also in the quadrants II, III and IV.

The strain energy defined for each kind of introduced springs supply a Hencky-type model for the pantographic sheet and allows us to easily define the total strain energy by simply summing each contribution.

In order to have a complete solution of the considered equilibrium problem, displacements and forces or couples exerted by each spring, a step-by-step procedure was implemented to reconstruct the complete equilibrium path of the pantographic sheet, as will be described in detail in the following Section 3.

### 3. The solution algorithm

We collect the nodal displacements in the lattice in the vector  $\mathbf{d}$  in order to write the total energy of the pantographic structure in the form:

$$W(\mathbf{d}) = \sum_e w_0 + w_1 + w_2 + w_3 - L_{ext}, \quad (6)$$

where  $e$  ranges on all the spring, extensional, bending and shear, and  $L_{ext}$  is the work of the external loads and all quantities on the RHS depend on the variable  $\mathbf{d}$ .

The equilibrium problem which we want to consider is a mixed one: we assume that the displacements of some particles are imposed and that some externally conservative forces are applied to the remaining particles. Let us therefore decompose  $\mathbf{d}$  into the pair composed by two vectors: the imposed displacements  $\mathbf{u}_a$  and the free displacements  $\mathbf{u}$ . For notational aims, we will reorder  $\mathbf{d}$  to get the decomposition

$$\mathbf{d} = (\mathbf{u}, \mathbf{u}_a).$$

Because of our assumption we have that  $L_{ext}$  depends only on  $\mathbf{u}$ .

The nonlinear system of equilibrium equations is obtained by imposing that the first variation of  $W$  vanish:

$$\mathbf{s}(\mathbf{u}) - \mathbf{p}(\mathbf{u}) = \mathbf{0}, \quad (7)$$

where  $\mathbf{p}(\mathbf{u})$  is the vector which collects the Lagrangian components of external forces (which may be assumed to be dead loads, for instance, so that  $\mathbf{p}$  becomes independent of  $\mathbf{u}$ ) and  $\mathbf{s}(\mathbf{u})$  is the vector of the internal forces (called also, in the context of structural mechanics, *structural reaction*), as defined by:

$$\mathbf{s}(\mathbf{u}) = \frac{dW}{d\mathbf{u}}, \quad \mathbf{p}(\mathbf{u}) = \frac{dL_e}{d\mathbf{u}}. \quad (8)$$

The tangent stiffness matrix is defined as the derivative of the structural reaction  $\mathbf{s}(\mathbf{u})$  with respect to the displacements vector  $\mathbf{u}$ , in formulas:

$$\mathbf{K}_T(\mathbf{u}) = \frac{d\mathbf{s}(\mathbf{u})}{d\mathbf{u}} = \frac{d^2W}{d\mathbf{u}^2}, \quad (9)$$

If the external load potential depends on a parameter  $\mu$  and the imposed displacements depend on a parameter  $\lambda$  (as in the case of quasi-static loading and imposed displacements) then the equation (7) becomes:

$$\mathbf{r}(\mathbf{u}, \lambda, \mu) := \mathbf{s}(\mathbf{u}, \mathbf{u}_a(\lambda)) - \mathbf{p}(\mathbf{u}, \mu) = \mathbf{0}.$$



264 An equilibrium manifold is defined as a surface  $\mathbf{u}(\lambda, \mu)$  such that

$$\mathbf{r}(\mathbf{u}(\lambda, \mu), \lambda, \mu) = \mathbf{0}. \quad (10)$$

265 For example, in the case of an external dead load, we will have that  $\mathbf{p}$  is independent of  $\mathbf{u}$ , so that if  
 266 assuming a linear dependence on  $\mu$ , we can set:

$$\mathbf{p}(\mu) = \mathbf{p}_0 + \mu \hat{\mathbf{p}}, \quad (11)$$

267 Moreover when the equilibrium equation (7) can be linearized in the neighborhood of the solution  $\mathbf{u}_0$  relative  
 268 to the dead load  $\mathbf{p}_0$  then, as  $\mathbf{s}(\mathbf{u}_0) - \mathbf{p}_0 = \mathbf{0}$  and setting  $(\mathbf{u} - \mathbf{u}_0) =: \Delta \mathbf{u}$  we have

$$\mathbf{0} = \mathbf{s}(\mathbf{u}(\mu)) - \mathbf{p}_0 - \mu \hat{\mathbf{p}} \approx \mathbf{s}(\mathbf{u}_0) - \mathbf{p}_0 + \mathbf{K}_T(\mathbf{u}_0) \Delta \mathbf{u} - \mu \hat{\mathbf{p}} = \mathbf{K}_T(\mathbf{u}_0) \Delta \mathbf{u} - \mu \hat{\mathbf{p}},$$

269 from which we deduce

$$\Delta \mathbf{u} = \mu (\mathbf{K}_T(\mathbf{u}_0))^{-1} \hat{\mathbf{p}}, \quad (12)$$

270 which will be of use in the sequel.

271 The solution of the nonlinear equilibrium system of equations (10) can be found by means of an incremental-  
 272 iterative procedure based on the Newton–Raphson scheme.

273 As we will limit ourselves to the case of equilibrium paths depending only imposed displacements we  
 274 introduce here only the parameter  $\lambda$ . Starting from an estimated point of the equilibrium path  $(\lambda_j, \mathbf{u}_j)$  verifying  
 275 the condition

$$\|\mathbf{r}(\mathbf{u}_j, \lambda_j)\| \leq \eta, \quad (13)$$

276 i.e. with a pair being an  $\eta$ -approximate solution of the equilibrium condition (7), the iterative scheme, once the  
 277 step  $\Delta \lambda$  is fixed, is obtained by constructing the  $\eta$ -approximate solution  $(\mathbf{u}_{j+1} =: \mathbf{u}_j + \Delta \mathbf{u}_j, \lambda_{j+1} =: \lambda_j + \Delta \lambda)$  by  
 278 using a sub-iteration scheme for calculating  $\Delta \mathbf{u}_j$ .

279 This sub-iteration is specified by the following steps

280 1. We calculate so-called *residual nodal forces* relative to the initial tentative value  $\Delta \mathbf{u}_{j,0}(\mathbf{u}_j, \lambda_j) = \mathbf{0}$

$$\mathbf{r}(\mathbf{u}_j, \lambda_j + \Delta \lambda) =: \mathbf{p}_{j,0}.$$

281 2. Once calculated the  $h$ -th approximation  $\sum_{l=0}^h \Delta \mathbf{u}_{j,l}(\mathbf{u}_j, \lambda_j)$  of the increment  $\Delta \mathbf{u}_j$  we calculate the corre-  
 282 sponding residual

$$\mathbf{r}(\mathbf{u}_j + \sum_{l=0}^h \Delta \mathbf{u}_{j,l}(\mathbf{u}_j, \lambda_j), \lambda_j + \Delta \lambda) =: \mathbf{p}_{j,h}.$$

283 3. If the inequality

$$\|\mathbf{p}_{j,h}\| > \eta,$$

284 is verified we set, on the basis of (12) and assuming  $\mu = -1$  (this is equivalent to try to find the solution by  
 285 "imposing" fictitious external dead loads being opposed to the calculated residuals)

$$\Delta \mathbf{u}_{j,h+1} = - \left( \frac{\partial \mathbf{r}(\mathbf{u}_j + \sum_{l=0}^h \Delta \mathbf{u}_{j,l}(\mathbf{u}_j, \lambda_j), \lambda_j + \Delta \lambda)}{\partial \mathbf{u}} \right)^{-1} \mathbf{p}_{j,h},$$

286 and continue the sub-iteration.

287 4. If the inequality

$$\|\mathbf{p}_{j,h}\| \leq \eta,$$

288 is verified, then we set

$$\Delta \mathbf{u}_j := \sum_{l=0}^h \Delta \mathbf{u}_{j,l}(\mathbf{u}_j, \lambda_j).$$

289 and we stop the iteration.

## 4. Some numerical results

The geometrical parameters considered to model the pantographic structure are:

$$\begin{aligned}\ell &= 70 \text{ mm}, \\ \varepsilon &= \frac{\sqrt{2}}{2} \frac{\ell}{n_f},\end{aligned}$$

where  $n_f$  is the number of fibers which intercept the smaller side of the lattice, e.g. in Figure 2  $n_f = 10$  and consequently  $\varepsilon \approx 4.95$  mm.

The mechanical parameters of the lattice are the rigidities of the springs for which the following values are used:

$$\begin{aligned}r_0 &= 134 \text{ N/mm}, \\ r_1 &= r_2 = 19.2 \text{ Nmm}, \\ r_3 &= \bar{k}_3 \varepsilon^2 = \frac{3.90}{4} \text{ Nmm}.\end{aligned}$$

### 4.1. Standard extension bias test

This test is characterized by assuming, see again Figure 2:

$$\begin{aligned}u_1(0, x_2) &= u_2(0, x_2) = u_2(3\ell, x_2) = 0, \\ u_1(3\ell, x_2) &= 0.8 \ell = 56 \text{ mm}.\end{aligned}$$

In Figure 5 the deformation of the lattice, compared with its reference position (in grey), along with the color-bar which indicates the level of the internal forces on the extensional springs for the case  $n_f = 10$  is reported. For the same test, Figure 6(a) shows the global reaction of constraints on the side  $x_1 = 3\ell$ , more precisely the  $x_1$ -component in blue and the  $x_2$ -component in red, as function of the parameter  $\lambda \in (0, 1)$  which guides the imposed displacements from 0 to  $u_1(3\ell, x_2)$ . Figure 6(b) shows the discrete density  $r(x_2)$  of the global reaction on  $x_1 = 0$  when  $\lambda = 1$  (the  $x_1$ -component in blue and the  $x_2$ -component in red) and Figure 6(c) shows the axial  $E_a(\lambda)$ , bending  $E_b(\lambda)$  and shear  $E_s(\lambda)$  energies. Figure 7 reports, always for the case  $n_f = 10$ , a plot which shows the elongations of the extensional springs which lie on the line  $x_2 = \sqrt{2}\varepsilon + x_1$ .

The same test was performed by using a second gradient model, see Figure 8, 9 and 10 which show the good agreement between the discrete and the continuum models. This is more evident when the numerical results of the Hencky-type model for a pantographic structure with  $n_f = 20$  are considered, see Figures 11 and 12.

### 4.2. Bending-extension test

In this case, the imposed displacements are:

$$\begin{aligned}u_1(0, x_2) &= u_2(0, x_2) = u_2(3\ell, x_2) = 0, \\ u_1(3\ell, x_2) &= 80 - \frac{5}{7}x_2 \text{ mm},\end{aligned}$$

which produce, for the case  $n_f = 10$ , the deformation plot reported in Figure 13 along with the color-bar of the internal forces on extensional springs. Figure 14, as for the previous numerical test, reports the global reaction  $R(\lambda)$ , its density  $r(x_2)$  and the strain energies subdivided in the extensional, bending and shear parts.

Figures 15 and 16 show, for the same test, the results obtained from a second gradient model confirming the reliability of the discrete model results.

### 4.3. Shear-extension test

Shear-extension test is defined by the following displacements:

$$\begin{aligned}u_1(0, x_2) &= u_2(0, x_2) = 0, \\ u_1(3\ell, x_2) &= 0.4 \ell = 28 \text{ mm}, \\ u_2(3\ell, x_2) &= \ell = 70 \text{ mm},\end{aligned}$$

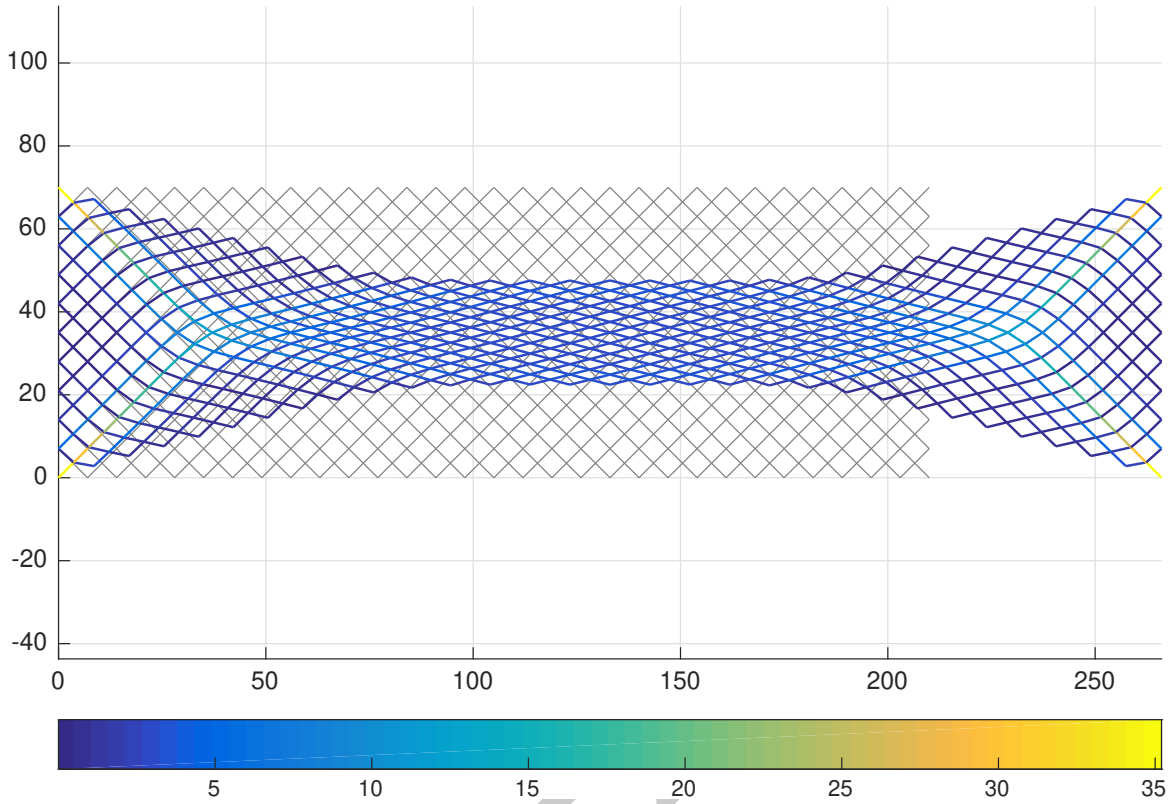


FIGURE 5. Bias test for  $n_f = 10$ : reference configuration (grey), deformation and color-bar of the internal forces on extensional springs.

312 which produce, for the case  $n_f = 10$ , the deformation plot reported in Figure 17 along with the color-bar of the  
 313 internal forces on extensional springs. Analogously, Figure 18 reports the global reaction  $R(\lambda)$ , its density  $r(x_2)$   
 314 and the strain energies subdivided in the extensional, bending and shear parts.

#### 315 4.4. Extraction test

The last numerical test is characterized by the following imposed displacements:

$$\begin{aligned} u_1(0, 0) &= u_2(0, 0) = u_1(0, \ell) = u_2(0, \ell) = 0.0 \\ u_1(3\ell, 0) &= -u_2(3\ell, 0) = 0.8\ell = 56 \text{ mm}, \\ u_1(3\ell, \ell) &= u_2(3\ell, \ell) = 0.8\ell = 56 \text{ mm}, \end{aligned}$$

316 which produce, for the case  $n_f = 10$ , the deformation plot reported in Figure 19 along with the color-bar of the  
 317 internal forces on extensional springs. Finally, Figure 20, reports the global reaction  $R(\lambda)$ , its density  $r(x_2)$  and  
 318 the strain energies subdivided in the extensional, bending and shear parts.

## 319 5. Conclusions and future perspectives

320 This paper is intended to supply the designing tool for an extensive campaign of measurements to be performed  
 321 on pantographic structures, in planar deformations.

322 The features of the code which is elaborated and described here are promising:

1. it is robust: its applications to fiber extraction test show that it can be applied in limit cases; the reader will remark that in this case first gradient continuum mechanics cannot be applied and that higher gradient continua require more complex FEM tools;
2. the constitutive parameters characterizing the model are only five: two extensional, two bending moduli to which one has to add a single shear modulus;
3. it allows for a rather intuitive micro-macro identification procedure, so that it is possible to easily identify the aforementioned moduli in terms of the material properties constituting the pantographic sheet and in terms of the geometric properties of the beam lattice constituting them.

The results presented here open interesting perspectives in different contexts:

- i) first of all the supply a strong motivation to the study of several complex mathematical problems, especially in homogenization theory; indeed the methods presented in [81] need to be applied to the present context to prove that the correct homogenized model is indeed the second gradient model presented in [2]; this results will be of use when, in perspective, the pantographic structure will be constituted by nanofibers, so that at the smaller scale the considered system will have several millions of degrees of freedom, making the presented discrete approach not applicable;
- ii) secondly we have obtained an efficient predictive and designing tool, when the pantographic microstructure has not a too small characteristic length scale; it has been proven that with several thousands material particles the code is producing reliable results in very limited times; as a consequence we plan to use it to direct the 3D printing of many specimen and use the presented code for predicting their behavior;
- iii) finally we have the motivation to optimize the presented code and generalize it to the study of pantographic structures more general than those considered here; in particular we will generalize it to 2D pantographic structures moving in the space, or to more general 3D pantographic materials.

Some future developments concern contact problem between fibres, see for instance [82, 83, 84]; although stability problem are not explicitly considered in this paper the extension to these cases could be based on the following papers [85, 86, 87, 88, 89, 90]; pantographic structures with initially curved beams can take the advantages of the theory of the symmetry group treated in [91, 92]

A final remark is needed: we do not manage to take a clear position in the "atomistic" (or discrete) versus "continuum" (or infinite dimensional) eternal contraposition. Also when renouncing to discuss about the ultimate nature of matter and willing to limit one-self to the more utilitarian perspective of the choice of the most effective calculation tool. Indeed, while in the presented context discrete models simply seem more suitable, we have presented in the previous point i) a perspective in which the synthetic approach given by continuum higher gradient models maybe more fruitful. Actually when the set of material particles is very large, also rotational and extensional spring correspondingly increase in number, and the intermediate step represented by the introduction of a continuum model may represent a clever tool for capturing in a synthetic way "global" behavior of large subgroups of particles and springs.

## References

- [1] H. Hencky. *Über die angenäherte Lösung von Stabilitätsproblemen im Raum mittels der elastischen Gelenkkette*. PhD thesis, Engelmann, 1921.
- [2] F. dell'Isola, I. Giorgio, M. Pawlikowski, and N. L. Rizzi. Large deformations of planar extensible beams and pantographic lattices: Heuristic homogenisation, experimental and numerical examples of equilibrium. *Proceedings of the Royal Society of London A: Mathematical, Physical and Engineering Sciences*, 472(2185), 2016.
- [3] F. dell'Isola, D. Steigmann, and A. Della Corte. Synthesis of fibrous complex structures: Designing microstructure to deliver targeted macroscale response. *Applied Mechanics Reviews*, 67(6):060804, 2015.
- [4] F. dell'Isola, A. Della Corte, L. Greco, and A. Luongo. Plane bias extension test for a continuum with two inextensible families of fibers: A variational treatment with lagrange multipliers and a perturbation solution. *International Journal of Solids and Structures*, 81:1–12, 2016.
- [5] F. dell'Isola, T. Lekszycki, M. Pawlikowski, R. Grygoruk, and L. Greco. Designing a light fabric metamaterial being highly macroscopically tough under directional extension: first experimental evidence. *Zeitschrift für angewandte Mathematik und Physik*, 66(6):3473–3498, 2015.

- 372 [6] N. Challamel, A. Kocsis, and C. M. Wang. Discrete and non-local elastica. *International Journal of Non-Linear*  
373 *Mechanics*, 77:128–140, 2015.
- 374 [7] C. M. Wang, H. Zhang, R. P. Gao, W. H. Duan, and N. Challamel. Hencky bar-chain model for buckling and vibration  
375 of beams with elastic end restraints. *International Journal of Structural Stability and Dynamics*, page 1540007, 2014.
- 376 [8] N. Challamel, Z. Zhang, and C. M. Wang. Nonlocal equivalent continua for buckling and vibration analyses of  
377 microstructured beams. *Journal of Nanomechanics and Micromechanics*, 5:A4014004–1–16, 2014.
- 378 [9] A. Madeo, A. Della Corte, L. Greco, and P. Neff. Wave propagation in pantographic 2D lattices with internal disconti-  
379 nuities. *Proceedings of the Estonian Academy of Sciences*, 64(3S):325–330, 2015.
- 380 [10] L. Greco, I. Giorgio, and A. Battista. In plane shear and bending for first gradient inextensible pantographic sheets:  
381 numerical study of deformed shapes and global constraint reactions. *Mathematics and Mechanics of Solids*, doi:  
382 10.1177/1081286516651324, 2016.
- 383 [11] L. Placidi, U. Andreaus, and I. Giorgio. Identification of two-dimensional pantographic structure via a linear d4  
384 orthotropic second gradient elastic model. *Journal of Engineering Mathematics*, doi: 10.1007/s10665-016-9856-8,  
385 2016.
- 386 [12] P. Boisse, N. Hamila, E. Guzman-Maldonado, A. Madeo, G. Hivet, and F. dell’Isola. The bias-extension test for the  
387 analysis of in-plane shear properties of textile composite reinforcements and prepreps: a review. *International Journal*  
388 *of Material Forming*, doi: 10.1007/s12289-016-1294-7, 2016.
- 389 [13] G. Barbagallo, A. Madeo, I. Azeahaf, I. Giorgio, F. Morestin, and P. Boisse. Bias extension test on an unbalanced woven  
390 composite reinforcement: Experiments and modeling via a second-gradient continuum approach. *Journal of Composite*  
391 *Materials*, doi: 10.1177/0021998316643577, 2016.
- 392 [14] J. Cao, R. Akkerman, P. Boisse, and et al. Characterization of mechanical behavior of woven fabrics: experimental  
393 methods and benchmark results. *Composites Part A: Applied Science and Manufacturing*, 39(6):1037–1053, 2008.
- 394 [15] P. Harrison, M. J. Clifford, and A. C. Long. Shear characterisation of viscous woven textile composites: a comparison  
395 between picture frame and bias extension experiments. *Composites Science and Technology*, 64(10):1453–1465, 2004.
- 396 [16] P. Harrison, F. Abdiwi, Z. Guo, P. Potluri, and W. R. Yu. Characterising the shear–tension coupling and wrinkling  
397 behaviour of woven engineering fabrics. *Composites Part A: Applied Science and Manufacturing*, 43(6):903–914, 2012.
- 398 [17] P. Harrison. Modelling the forming mechanics of engineering fabrics using a mutually constrained pantographic beam  
399 and membrane mesh. *Composites Part A: Applied Science and Manufacturing*, 81:145–157, 2016.
- 400 [18] M. V. D’Agostino, I. Giorgio, L. Greco, A. Madeo, and P. Boisse. Continuum and discrete models for structures including  
401 (quasi-) inextensible elasticae with a view to the design and modeling of composite reinforcements. *International*  
402 *Journal of Solids and Structures*, 59:1–17, 2015.
- 403 [19] C. Caggegi, V. Pensée, M. Fagone, M. Cuomo, and L. Chevalier. Experimental global analysis of the efficiency of  
404 carbon fiber anchors applied over cfrp strengthened bricks. *Construction and Building Materials*, 53:203–212, 2014.
- 405 [20] A. Grillo, G. Wittum, A. Tomic, and S. Federico. Remodelling in statistically oriented fibre-reinforced materials and  
406 biological tissues. *Mathematics and Mechanics of Solids*, 20(9):1107–1129, 2015.
- 407 [21] S. Federico and T. C. Gasser. Nonlinear elasticity of biological tissues with statistical fibre orientation. *Journal of the*  
408 *Royal Society Interface*, 7(47):955–966, 2010.
- 409 [22] A. Grillo, S. Federico, and G. Wittum. Growth, mass transfer, and remodeling in fiber-reinforced, multi-constituent  
410 materials. *International Journal of Non-Linear Mechanics*, 47(2):388–401, 2012.
- 411 [23] S. Federico, A. Grillo, G. La Rosa, G. Giaquinta, and W. Herzog. A transversely isotropic, transversely homogeneous  
412 microstructural-statistical model of articular cartilage. *Journal of biomechanics*, 38(10):2008–2018, 2005.
- 413 [24] S. Federico and A. Grillo. Elasticity and permeability of porous fibre-reinforced materials under large deformations.  
414 *Mechanics of Materials*, 44:58–71, 2012.
- 415 [25] N. Engheta and R. W. Ziolkowski. *Metamaterials: physics and engineering explorations*. John Wiley & Sons, 2006.
- 416 [26] S. Zouhdi, A. Sihvola, and A. P. Vinogradov. *Metamaterials and plasmonics: fundamentals, modelling, applications*.  
417 Springer Science & Business Media, 2008.
- 418 [27] D. Del Vescovo and I. Giorgio. Dynamic problems for metamaterials: review of existing models and ideas for further  
419 research. *International Journal of Engineering Science*, 80:153–172, 2014.
- 420 [28] A. Misra and P. Poorsolhjoui. Granular micromechanics based micromorphic model predicts frequency band gaps.  
421 *Continuum Mechanics and Thermodynamics*, 28(1):215–234, 2016.
- 422 [29] J.-L. Auriault and C. Boutin. Long wavelength inner-resonance cut-off frequencies in elastic composite materials.  
423 *International Journal of Solids and Structures*, 49(23):3269–3281, 2012.



- 424 [30] C. Boutin. Acoustics of porous media with inner resonators. *The Journal of the Acoustical Society of America*,  
425 134(6):4717–4729, 2013.
- 426 [31] L. Placidi, I. Giorgio, A. Della Corte, and D. Scerrato. Euromech 563 Cisterna di Latina 17–21 March 2014 Generalized  
427 continua and their applications to the design of composites and metamaterials: A review of presentations and discussions.  
428 *Mathematics and Mechanics of Solids*, doi: 10.1177/1081286515576948, 2015.
- 429 [32] L. Placidi, G. Rosi, I. Giorgio, and A. Madeo. Reflection and transmission of plane waves at surfaces carrying material  
430 properties and embedded in second-gradient materials. *Mathematics and Mechanics of Solids*, 19(5):555–578, 2014.
- 431 [33] G. Rosi, I. Giorgio, and V. A. Eremeyev. Propagation of linear compression waves through plane interfacial layers and  
432 mass adsorption in second gradient fluids. *ZAMM- Zeitschrift für Angewandte Mathematik und Mechanik*, 93(12):914–  
433 927, 2013.
- 434 [34] A. Berezovski, I. Giorgio, and A. Della Corte. Interfaces in micromorphic materials: Wave transmission and reflection  
435 with numerical simulations. *Mathematics and Mechanics of Solids*, 21(1):37–51, 2016.
- 436 [35] A. N. Abd-alla, I. Giorgio, L. Galantucci, A. M. Hamdan, and D. Del Vescovo. Wave reflection at a free interface in  
437 an anisotropic piezoelectric medium with nonclassical thermoelasticity. *Continuum Mechanics and Thermodynamics*,  
438 28(1-2):67–84, 2016.
- 439 [36] A. Carcaterra, F. dell'Isola, R. Esposito, and M. Pulvirenti. Macroscopic description of microscopically strongly  
440 inhomogeneous systems: A mathematical basis for the synthesis of higher gradients metamaterials. *Archive for Rational*  
441 *Mechanics and Analysis*, 218(3):1239–1262, 2015.
- 442 [37] A. Madeo, A. Della Corte, I. Giorgio, and D. Scerrato. Modeling and designing micro- and nano-structured metamaterials:  
443 Towards the application of exotic behaviors. *Mathematics and Mechanics of Solids*, doi: 10.1177/1081286515616036,  
444 2015.
- 445 [38] K. Enakoutsa, A. Della Corte, and I. Giorgio. A model for elastic flexoelectric materials including strain gradient effects.  
446 *Mathematics and Mechanics of Solids*, 21(2):242–254, 2016.
- 447 [39] I. Giorgio, L. Galantucci, A. Della Corte, and D. Del Vescovo. Piezo-electromechanical smart materials with dis-  
448 tributed arrays of piezoelectric transducers: current and upcoming applications. *International Journal of Applied*  
449 *Electromagnetics and Mechanics*, 47(4):1051–1084, 2015.
- 450 [40] M. Cuomo, F. dell'Isola, and L. Greco. Simplified analysis of a generalized bias test for fabrics with two families of  
451 inextensible fibres. *Zeitschrift für angewandte Mathematik und Physik*, 67(3):1–23, 2016.
- 452 [41] D. J. Steigmann and A. C. Pipkin. Equilibrium of elastic nets. *Philosophical Transactions of the Royal Society of*  
453 *London A: Mathematical, Physical and Engineering Sciences*, 335(1639):419–454, 1991.
- 454 [42] A. C. Pipkin. Some developments in the theory of inextensible networks. *Quarterly of Applied Mathematics*, 38(3):343–  
455 355, 1980.
- 456 [43] A. C. Pipkin. Plane traction problems for inextensible networks. *The Quarterly Journal of Mechanics and Applied*  
457 *Mathematics*, 34(4):415–429, 1981.
- 458 [44] F. dell'Isola, A. Della Corte, R. Esposito, and L. Russo. Some cases of unrecognized transmission of scientific  
459 knowledge: From antiquity to gabrio piola's peridynamics and generalized continuum theories. In H. Altenbach and  
460 S. Forest, editors, *Generalized Continua as Models for Classical and Advanced Materials*, pages 77–128. Springer  
461 International Publishing, Cham, 2016.
- 462 [45] F. dell'Isola, U. Andreaus, and L. Placidi. At the origins and in the vanguard of peridynamics, non-local and higher-  
463 gradient continuum mechanics: An underestimated and still topical contribution of gabrio piola. *Mathematics and*  
464 *Mechanics of Solids*, 20(8):887–928, 2015.
- 465 [46] C. Pideri and P. Seppecher. A second gradient material resulting from the homogenization of an heterogeneous linear  
466 elastic medium. *Continuum Mechanics and Thermodynamics*, 9(5):241–257, 1997.
- 467 [47] M. Camar-Eddine and P. Seppecher. Determination of the closure of the set of elasticity functionals. *Archive for rational*  
468 *mechanics and analysis*, 170(3):211–245, 2003.
- 469 [48] F. Dos Reis and J. F. Ganghoffer. Construction of micropolar continua from the asymptotic homogenization of beam  
470 lattices. *Computers & Structures*, 112:354–363, 2012.
- 471 [49] I. Goda, M. Assidi, and J.-F. Ganghoffer. Equivalent mechanical properties of textile monolayers from discrete  
472 asymptotic homogenization. *Journal of the Mechanics and Physics of Solids*, 61(12):2537–2565, 2013.
- 473 [50] A. Cecchi and N. Rizzi. Heterogeneous elastic solids: a mixed homogenization-rigidification technique. *International*  
474 *Journal of Solids and Structures*, 38(1):29–36, 2001.

- [51] A. Misra and P. Poorsolhjouy. Granular micromechanics model of anisotropic elasticity derived from Gibbs potential. *Acta Mechanica*, 227(5):1393–1413, 2016.
- [52] A. Misra and P. Poorsolhjouy. Identification of higher-order elastic constants for grain assemblies based upon granular micromechanics. *Mathematics and Mechanics of Complex Systems*, 3(3):285–308, 2015.
- [53] A. Misra, R. Parthasarathy, V. Singh, and P. Spencer. Micro-poromechanics model of fluid-saturated chemically active fibrous media. *ZAMM - Zeitschrift für Angewandte Mathematik und Mechanik*, 95(2):215–234, 2015.
- [54] F. dell’Isola and L. Placidi. *Variational principles are a powerful tool also for formulating field theories*, volume 535 of *Variational Models and Methods in Solid and Fluid Mechanics CISM Courses and Lectures*. Springer, 2012.
- [55] S. Federico, A. Grillo, S. Imatani, G. Giaquinta, and W. Herzog. An energetic approach to the analysis of anisotropic hyperelastic materials. *International Journal of Engineering Science*, 46:164–181, 2008.
- [56] B. Nadler and D. J. Steigmann. A model for frictional slip in woven fabrics. *Comptes Rendus Mecanique*, 331(12):797–804, 2003.
- [57] D. Scerrato, I. Giorgio, A. Madeo, A. Liman, and F. Darve. A simple non-linear model for internal friction in modified concrete. *International Journal of Engineering Science*, 80:136–152, 2014.
- [58] D. Scerrato, I. Giorgio, A. Della Corte, A. Madeo, and A. Limam. A micro-structural model for dissipation phenomena in the concrete. *International Journal for Numerical and Analytical Methods in Geomechanics*, 39(18):2037–2052, 2015.
- [59] P. Germain. The method of virtual power in continuum mechanics. Part 2: Microstructure. *SIAM Journal on Applied Mathematics*, 25(3):556–575, 1973.
- [60] R. D. Mindlin. Second gradient of strain and surface-tension in linear elasticity. *International Journal of Solids and Structures*, 1(4):417–438, 1965.
- [61] F. dell’Isola, P. Seppecher, and A. Madeo. How contact interactions may depend on the shape of cauchy cuts in n-th gradient continua: approach á la D’Alembert. *Zeitschrift für Angewandte Mathematik und Physik (ZAMP)*, 63(6):1119–1141, 2012.
- [62] A. Carcaterra, F. dell’Isola, R. Esposito, and M. Pulvirenti. Macroscopic description of microscopically strongly inhomogenous systems: A mathematical basis for the synthesis of higher gradients metamaterials. *Archive for Rational Mechanics and Analysis*, (doi:10.1007/s00205-015-0879-5), 2015.
- [63] J. Altenbach, H. Altenbach, and V. A. Eremeyev. On generalized Cosserat-type theories of plates and shells: a short review and bibliography. *Archive of Applied Mechanics*, 80(1):73–92, 2010.
- [64] H. Altenbach and V. A. Eremeyev. On the linear theory of micropolar plates. *ZAMM-Zeitschrift für Angewandte Mathematik und Mechanik*, 89(4):242–256, 2009.
- [65] S. Gabriele, N. Rizzi, and V. Varano. A 1D higher gradient model derived from Koiter’s shell theory. *Mathematics and Mechanics of Solids*, 6, 2014.
- [66] F. dell’Isola, G. Maier, U. Perego, U. Andreaus, R. Esposito, and S. Forest. The complete works of Gabrio Piola: Volume I - Commented english translation. *Advanced Structured Materials* (doi:10.1007/978-3-319-00263-7), 2014.
- [67] L. Navier. *Mémoire sur les lois de l’équilibre et du mouvement des corps solides élastiques*. Mem. Inst. Nat., 1827.
- [68] C. Cercignani. *Ludwig Boltzmann: the man who trusted atoms*. OUP Oxford, 2006.
- [69] C. Truesdell and W. Noll. *The non-linear field theories of mechanics*. Springer, 2004.
- [70] Thomas S Kuhn. *The structure of scientific revolutions*. University of Chicago press, 2012.
- [71] Lucio Russo. *The forgotten revolution: how science was born in 300 BC and why it had to be reborn*. Springer Science & Business Media, 2013.
- [72] D. de Solla Price. Gears from the Greeks. the Antikythera mechanism: a calendar computer from ca. 80 BC. *Transactions of the American Philosophical Society*, pages 1–70, 1974.
- [73] A. Bilotta, G. Formica, and E. Turco. Performance of a high–continuity finite element in three–dimensional elasticity. *International Journal for Numerical Methods in Biomedical Engineering (Communications in Numerical Methods in Engineering)*, 26:1155–1175, 2010.
- [74] A. Cazzani, F. Stochino, and E. Turco. An analytical assessment of finite elements and isogeometric analysis of the whole spectrum of Timoshenko beams. *ZAMM - Zeitschrift für Angewandte Mathematik und Mechanik*, doi: 10.1002/zamm.201500280:1–25, 2016.
- [75] A. Cazzani, M. Malagù, and E. Turco. Isogeometric analysis: a powerful numerical tool for the elastic analysis of historical masonry arches. *Continuum Mechanics and Thermodynamics*, 28(1):139–156, 2016.

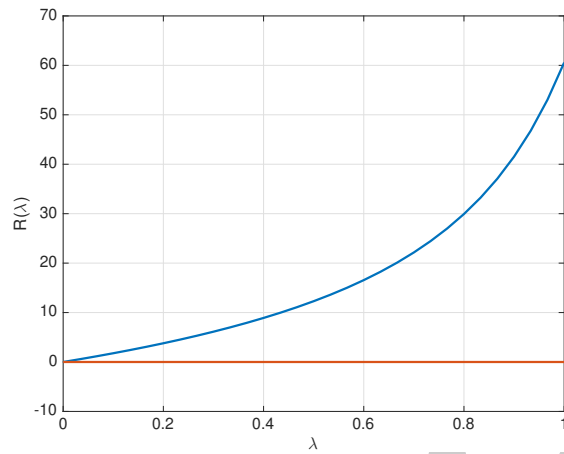
- [76] A. Cazzani, M. Malagù, E. Turco, and F. Stochino. Constitutive models for strongly curved beams in the frame of isogeometric analysis. *Mathematics and Mechanics of Solids*, 21(2):182–209, 2016. First published online March 31, 2015, Doi: 10.1177/1081286515577043.
- [77] L. Greco and M. Cuomo. An implicit  $G^1$  multi patch B-spline interpolation for Kirchhoff-Love space rod. *Computer Methods in Applied Mechanics and Engineering*, 269:173–197, 2014.
- [78] M. Cuomo, L. Contraffatto, and L. Greco. A variational model based on isogeometric interpolation for the analysis of cracked bodies. *International Journal of Engineering Science*, 80:173–188, 2014.
- [79] L. Greco and M. Cuomo. Consistent tangent operator for an exact Kirchhoff rod model. *Continuum Mechanics and Thermodynamics*, 27(4):861–877, 2015.
- [80] L. Greco and M. Cuomo. An isogeometric implicit  $G^1$  mixed finite element for Kirchhoff space rods. *Computer Methods in Applied Mechanics and Engineering*, 298:325–349, 2016.
- [81] J.-J. Alibert and A. Della Corte. Second-gradient continua as homogenized limit of pantographic microstructured plates: a rigorous proof. *Zeitschrift für Angewandte Mathematik und Physik (ZAMP)*, 2015.
- [82] U. Andreaus and P. Casini. Friction oscillator excited by moving base and colliding with a rigid or deformable obstacle. *International Journal of Non-Linear Mechanics*, 37(1):117–133, 2002.
- [83] U. Andreaus, P. Baragatti, and L. Placidi. Experimental and numerical investigations of the responses of a cantilever beam possibly contacting a deformable and dissipative obstacle under harmonic excitation. *International Journal of Non-Linear Mechanics*, 80:96–106, 2016.
- [84] M. Cuomo and G. Ventura. Complementary energy approach to contact problems based on consistent augmented Lagrangian formulation. *Mathematical and Computer Modelling*, 28(4):185–204, 1998.
- [85] F. D'Annibale, G. Rosi, and A. Luongo. On the failure of the 'similar piezoelectric control' in preventing loss of stability by nonconservative positional forces. *Zeitschrift für angewandte Mathematik und Physik*, 66(4):1949–1968, 2015.
- [86] F. D'Annibale, G. Rosi, and A. Luongo. Linear stability of piezoelectric-controlled discrete mechanical systems under nonconservative positional forces. *Meccanica*, 50(3):825–839, 2015.
- [87] G. Piccardo, L. C. Pagnini, and F. Tubino. Some research perspectives in galloping phenomena: critical conditions and post-critical behavior. *Continuum Mechanics and Thermodynamics*, 27(1-2):261–285, 2015.
- [88] A. Luongo, A. Paolone, and G. Piccardo. Postcritical behavior of cables undergoing two simultaneous galloping modes. *Meccanica*, 33(3):229–242, 1998.
- [89] N. Rizzi, V. Varano, and S. Gabriele. Initial postbuckling behavior of thin-walled frames under mode interaction. *Thin-Walled Structures*, 68:124–134, 2013.
- [90] H. AminPour and N. Rizzi. A one-dimensional continuum with microstructure for single-wall carbon nanotubes bifurcation analysis. *Mathematics and Mechanics of Solids*, 4, 2015.
- [91] V. A. Eremeyev and W. Pietraszkiewicz. Material symmetry group and constitutive equations of micropolar anisotropic elastic solids. *Mathematics and Mechanics of Solids*, (doi: 10.1177/1081286515582862), 2015.
- [92] V. A. Eremeyev and W. Pietraszkiewicz. Material symmetry group of the non-linear polar-elastic continuum. *International Journal of Solids and Structures*, 49(14):1993–2005, 2012.

Emilio Turco  
DADU, Università degli Studi di Sassari  
e-mail, corresponding author: emilio.turco@uniss.it

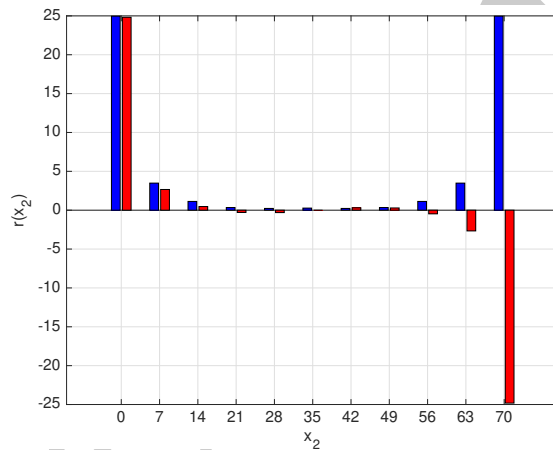
Francesco dell'Isola  
DISG, Università di Roma "La Sapienza"  
e-mail: francesco.dellisola@uniroma1.it

Antonio Cazzani  
DICAAR, Università di Cagliari  
e-mail: antonio.cazzani@unica.it

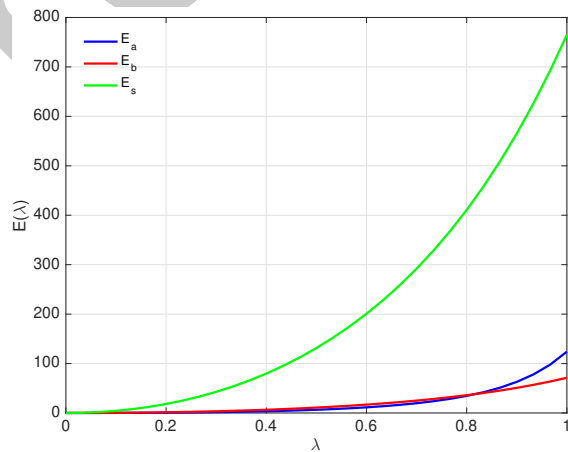
Nicola Luigi Rizzi  
Dipartimento di Architettura, Università di Roma Tre  
e-mail: nicolaluigi.rizzi@uniroma3.it



(a)  $x_1$ -component in blue and  $x_2$ -component in red.



(b)  $x_1$ -component in blue and  $x_2$ -component in red.



(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda$ .

FIGURE 6. Bias test for  $n_f = 10$ : global reaction of constraints  $R(\lambda)$  (a), its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies (c).

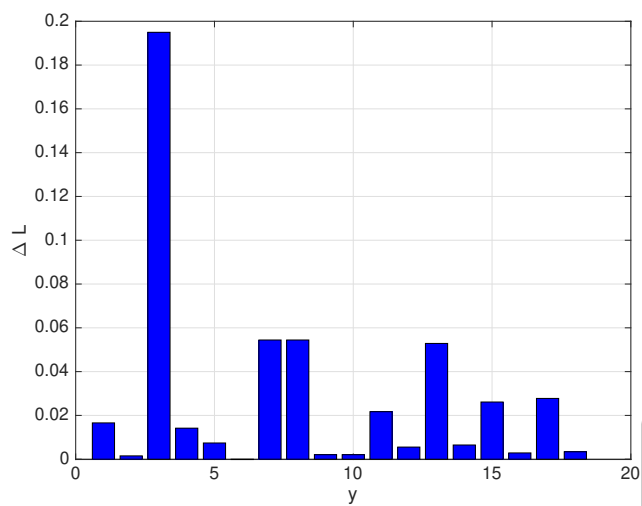


FIGURE 7. Bias test for  $n_f = 10$ : spring elongation along  $x_2 = \sqrt{2}\varepsilon + x_1$ .



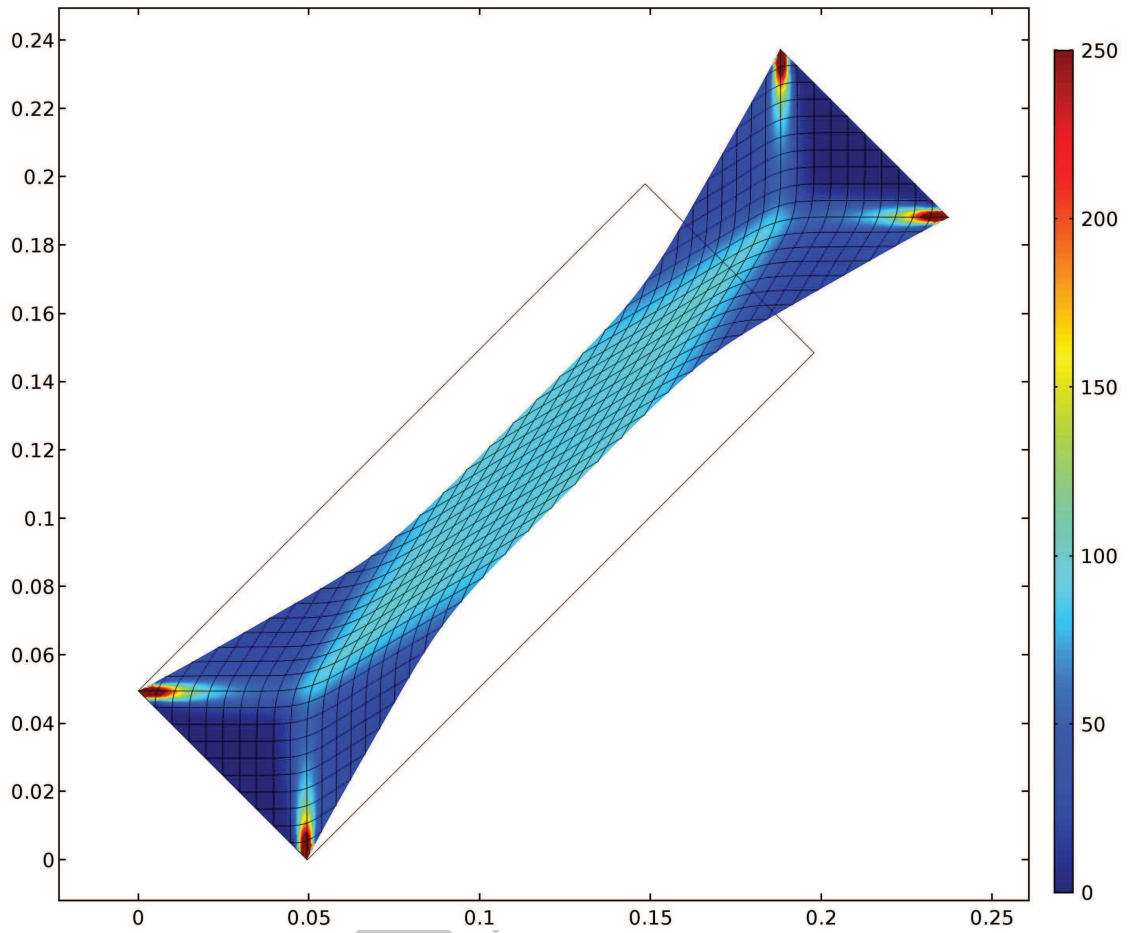


FIGURE 8. Bias test performed by using a second gradient model: reference configuration (grey), deformation and color-bar of the strain energy.

Pre

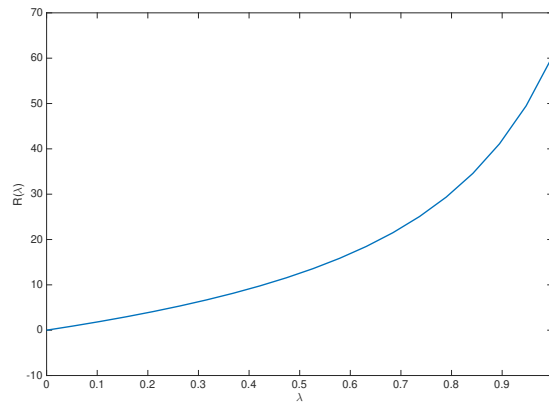
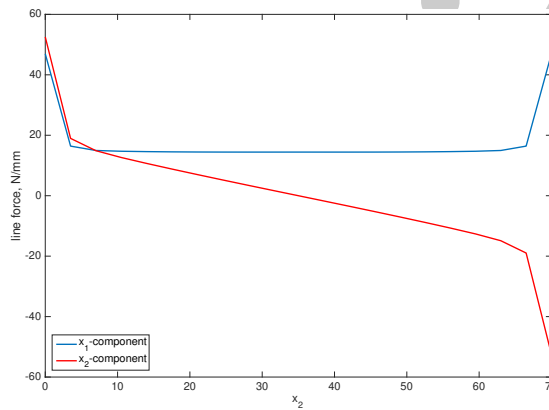
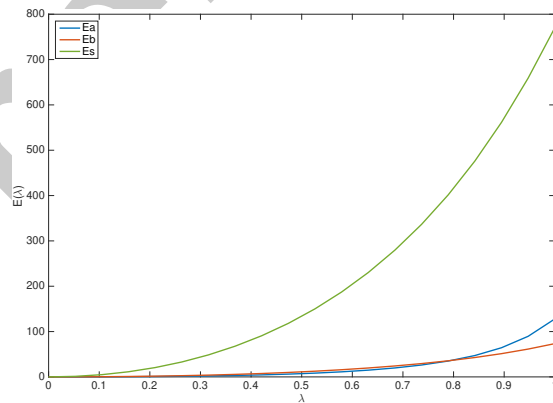
(a)  $x_1$ -component in blue.(b)  $x_1$ -component in blue and  $x_2$ -component in red.(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda$ .

FIGURE 9. Bias test performed by using a second gradient model: global reaction of constraints  $R(\lambda)$  (a), its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies (c).

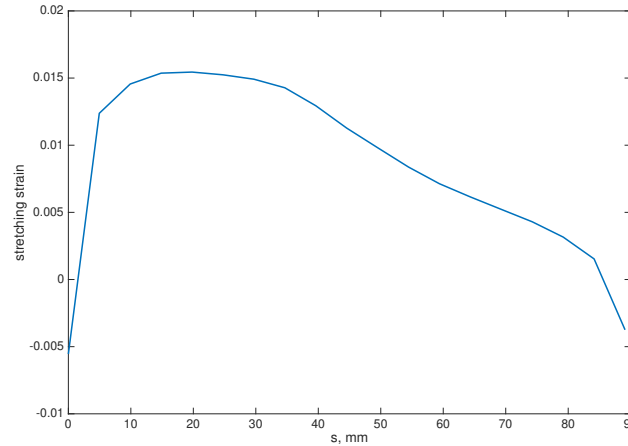


FIGURE 10. Bias test performed by using a second gradient model: spring elongation along  $x_2 = \sqrt{2}\varepsilon + x_1$ .

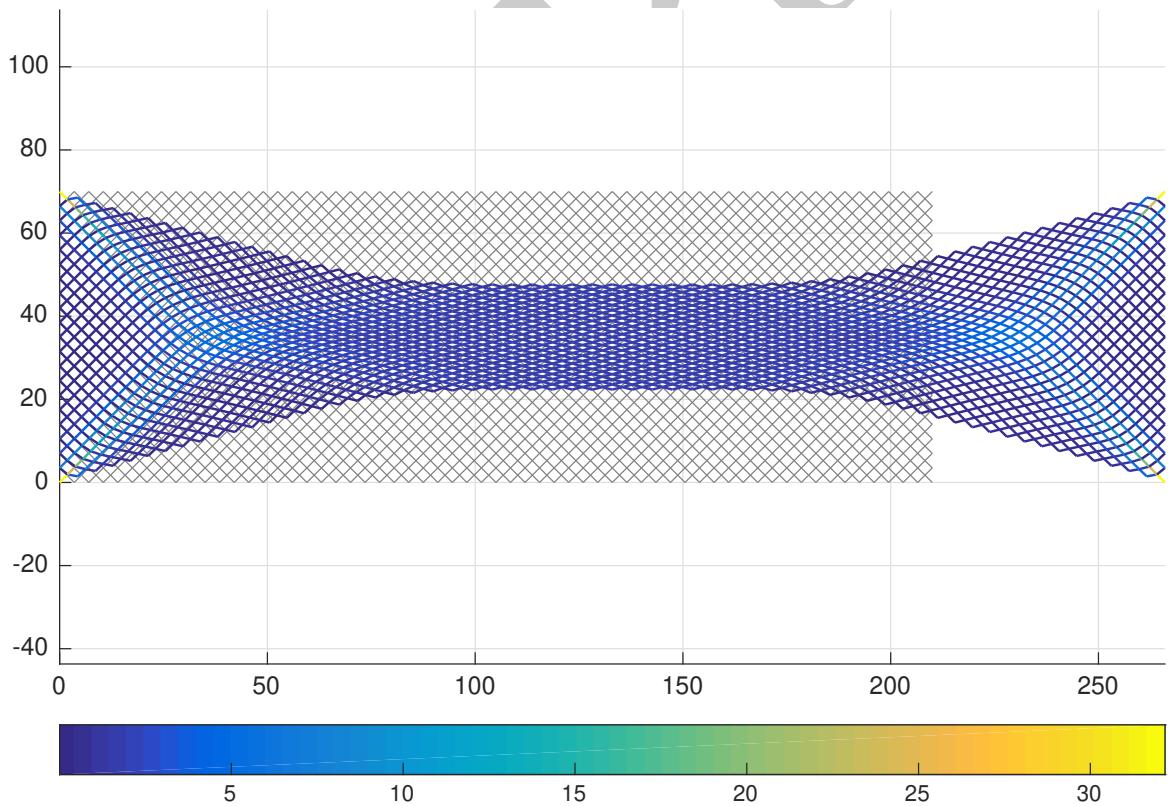
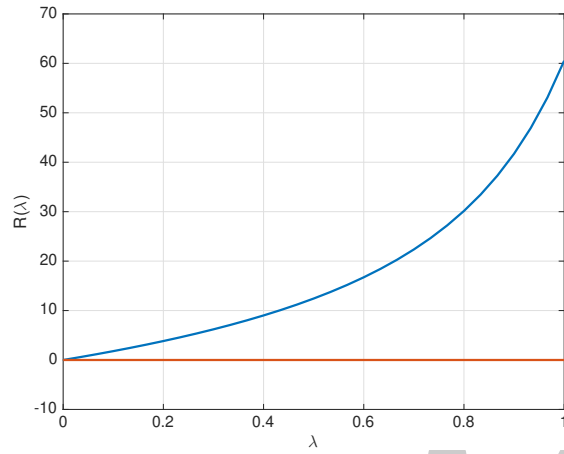
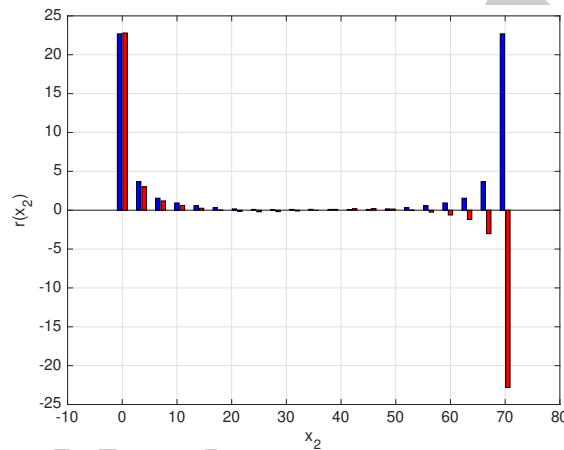
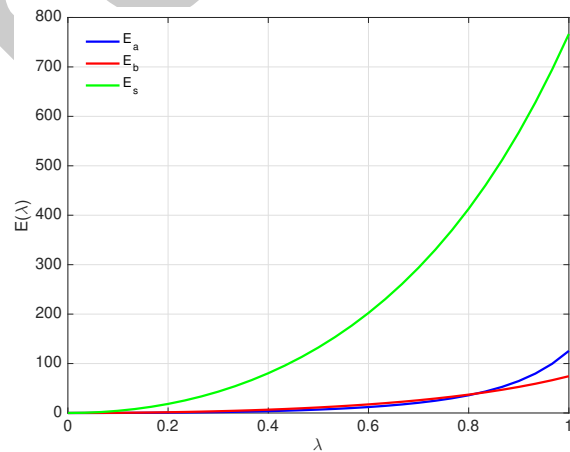


FIGURE 11. Bias test for  $n_f = 20$ : reference configuration (grey), deformation and color-bar of the internal forces on extensional springs.

(a)  $x_1$ -component in blue and  $x_2$ -component in red.(b)  $x_1$ -component in blue and  $x_2$ -component in red.(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda = \bar{u}/\bar{u}_{\max}$ .FIGURE 12. Bias test for  $n_f = 20$ : global reaction of constraints  $R(\lambda)$  (a), its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies (c).

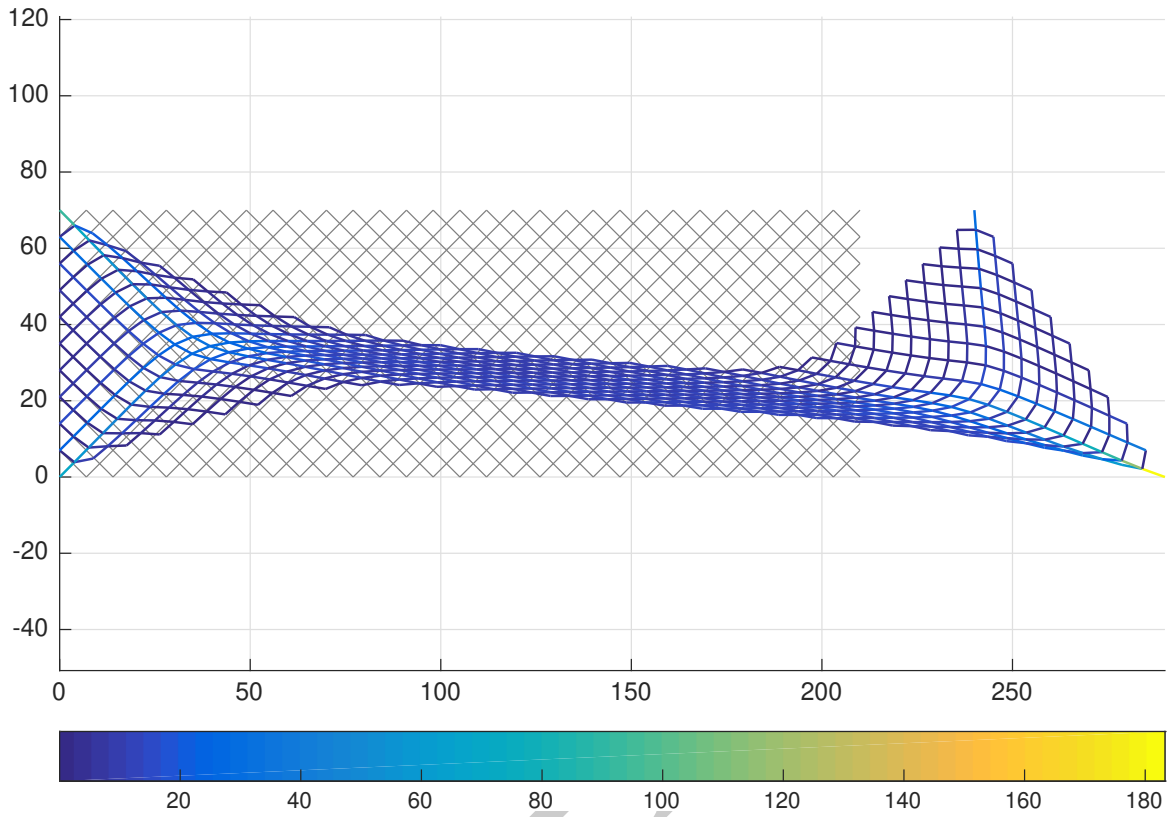


FIGURE 13. Bending-extension test for  $n_f = 10$ : reference configuration (grey), deformation and color-bar of the internal forces on extensional springs.



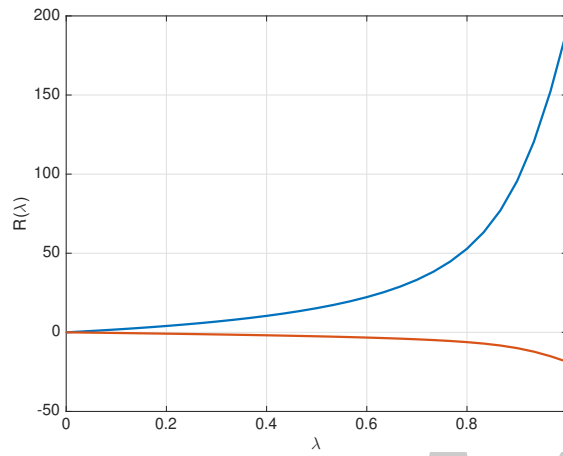
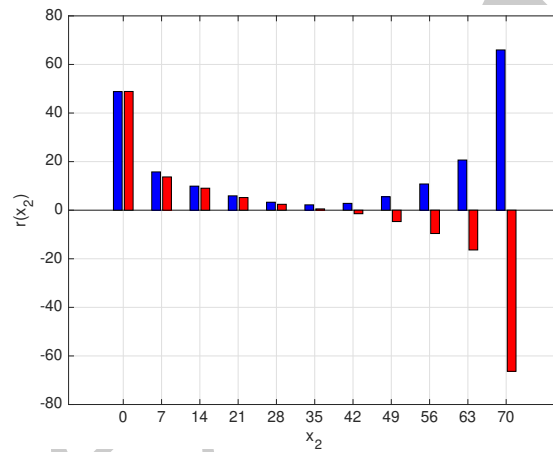
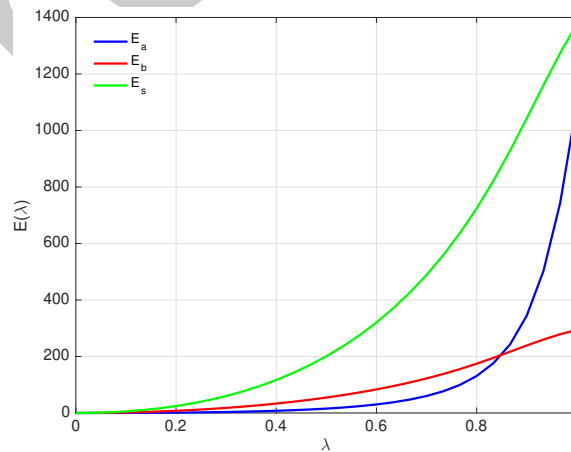
(a)  $x_1$ -component in blue and  $x_2$ -component in red.(b)  $x_1$ -component in blue and  $x_2$ -component in red.(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda = \bar{u}/\bar{u}_{\max}$ .

FIGURE 14. Bending-extension test for  $n_f = 10$ : global reaction of constraints  $R(\lambda)$  vs.  $\lambda = \bar{u}/\bar{u}_{\max}$  (a) and its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies (c).

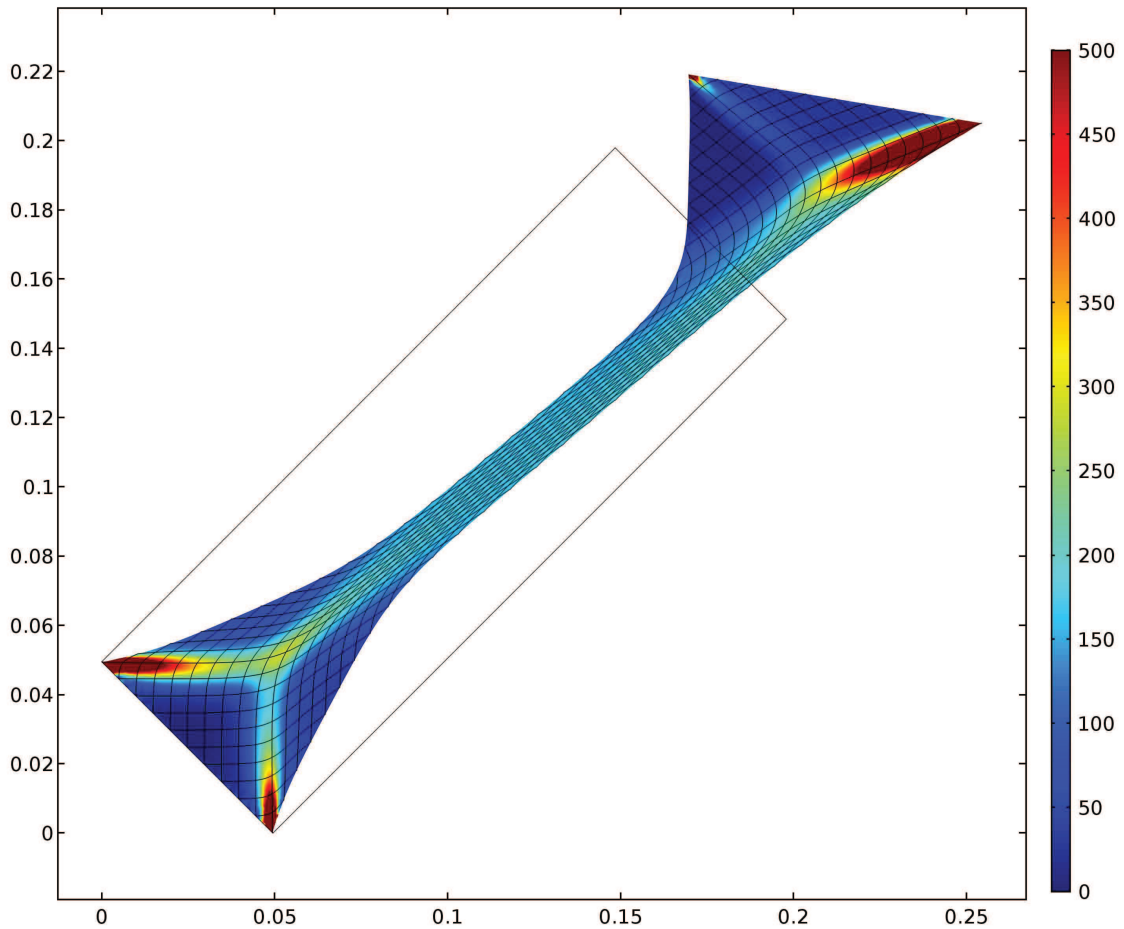
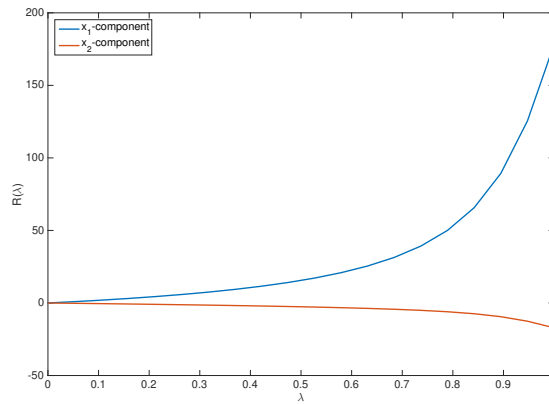
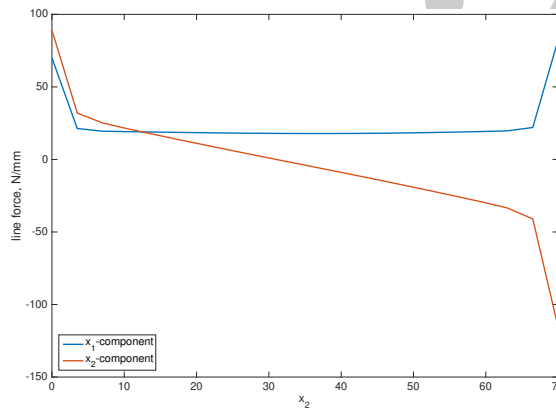
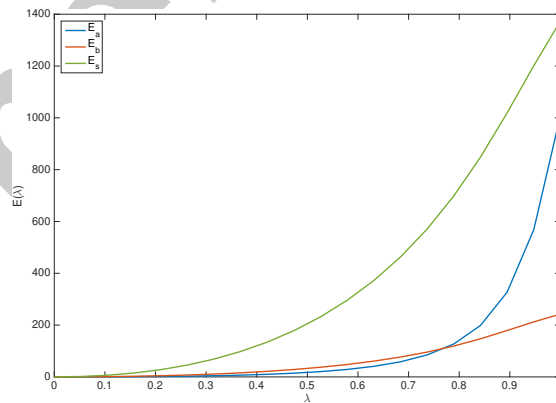


FIGURE 15. Bending-extension test by using a second gradient model: reference configuration (grey), deformation and color-bar of the strain energy.

(a)  $x_1$ -component in blue and  $x_2$ -component in red.(b)  $x_1$ -component in blue and  $x_2$ -component in red.(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda = \bar{u}/\bar{u}_{\max}$ .FIGURE 16. Bending-extension test by using a second gradient model: global reaction of constraints  $R(\lambda)$  (a), its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies (c).

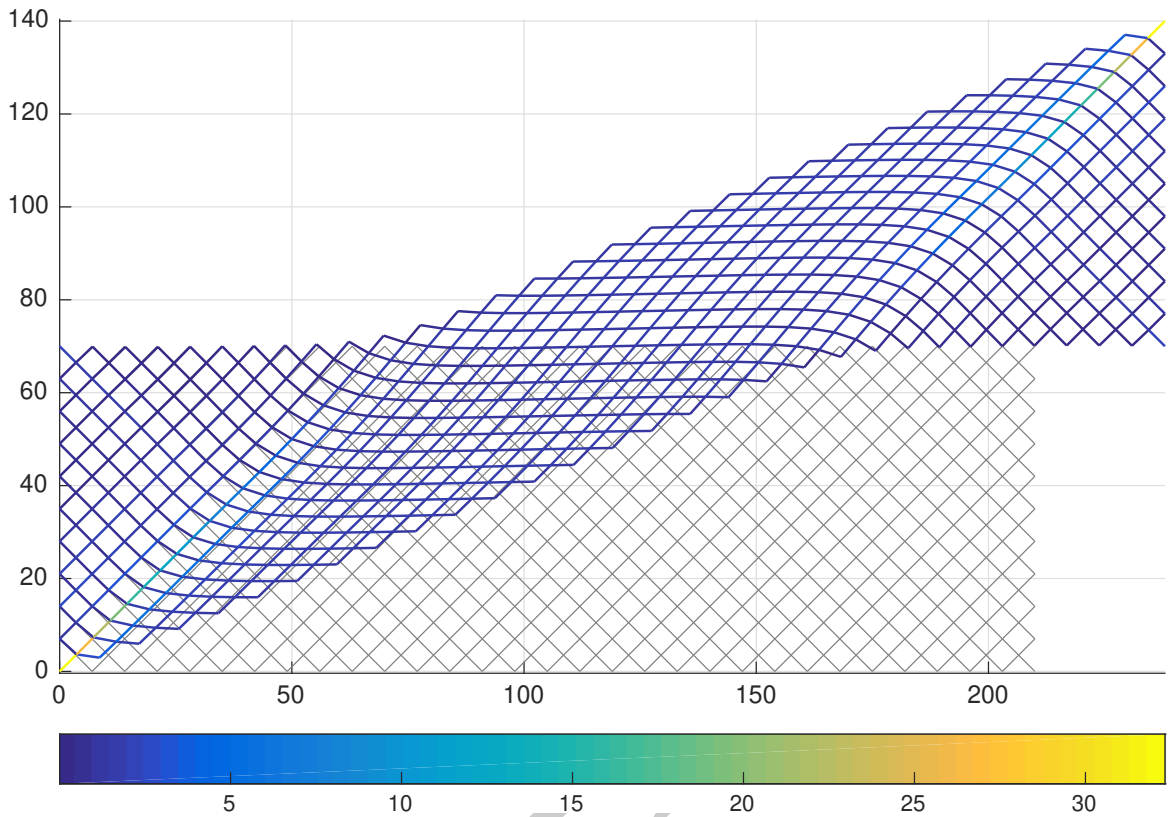
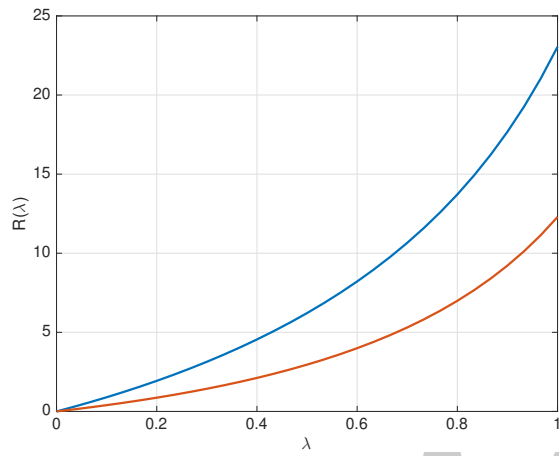
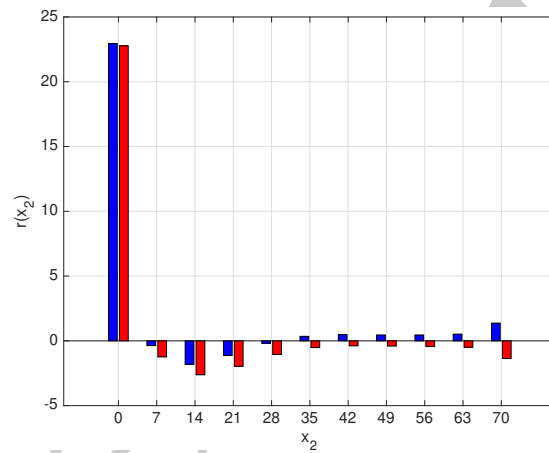
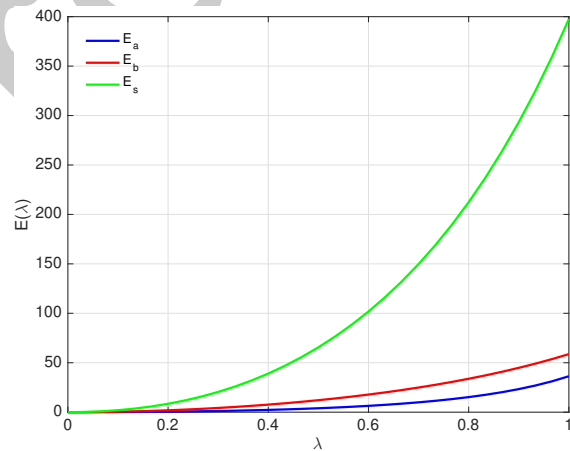


FIGURE 17. Shear-extension test: reference configuration (grey), deformation and color-bar of the internal forces on extensional springs for  $n_f = 10$ .

(a)  $x_1$ -component in blue and  $x_2$ -component in red.(b)  $x_1$ -component in blue and  $x_2$ -component in red.(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda = \bar{u}/\bar{u}_{\max}$ .FIGURE 18. Shear-extension: global reaction of constraints  $R(\lambda)$  vs.  $\lambda = \bar{u}/\bar{u}_{\max}$  (a), its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies for  $n_f = 10$  (c).



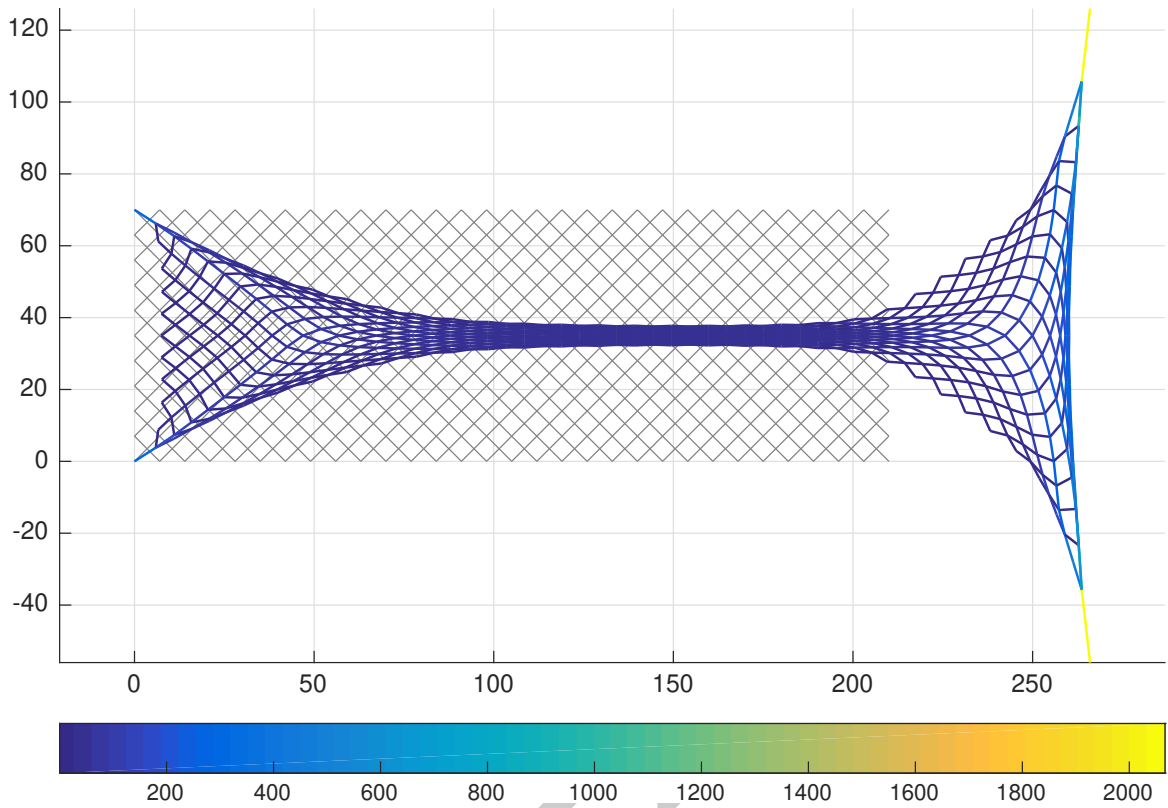


FIGURE 19. Extraction test for  $n_f = 10$ : reference configuration (grey), deformation and color-bar of the internal forces on extensional springs.

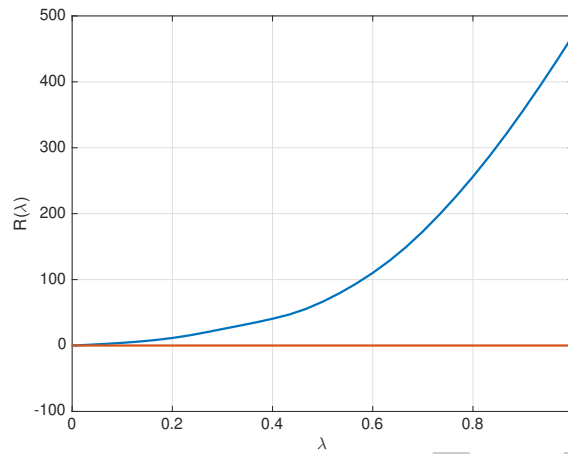
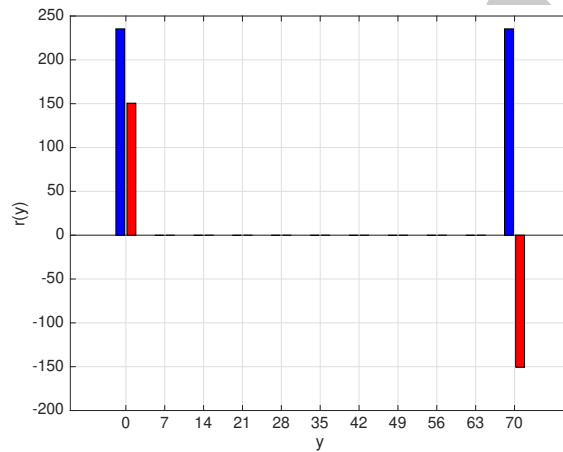
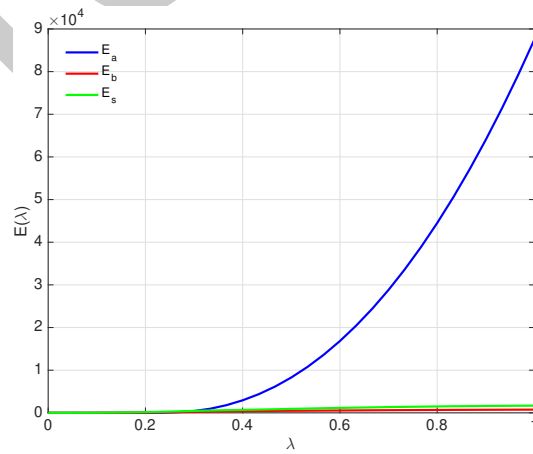
(a)  $x_1$ -component in blue and  $x_2$ -component in red.(b)  $x_1$ -component in blue and  $x_2$ -component in red.(c) axial,  $E_a$  (blue), bending,  $E_b$  (red), and shear,  $E_s$  (green), strain energy vs.  $\lambda = \bar{u}/\bar{u}_{\max}$ .

FIGURE 20. Extraction test for  $n_f = 10$ : global reaction of constraints  $R(\lambda)$  vs.  $\lambda = \bar{u}/\bar{u}_{\max}$  (a), its density  $r(x_2)$  when  $\lambda = 1$  (b) and strain energies (c).