



UNICA

UNIVERSITÀ
DEGLI STUDI
DI CAGLIARI



Università di Cagliari

UNICA IRIS Institutional Research Information System

This is the Author's post print manuscript version of the following contribution:

Carletti, A., Pirastu, M., Deroma, M., Sessini, A., Ghiglieri, G., Roggero, P.P. (2022). Forested Infiltration Area (FIA) Design in the Arborea Nitrate Vulnerable Zone (Sardinia, Italy). In: Naddeo, V., Choo, KH., Ksibi, M. (eds) Water-Energy-Nexus in the Ecological Transition. Advances in Science, Technology & Innovation. Springer, Cham.

The publisher's version is available at:

http://dx.doi.org/10.1007/978-3-031-00808-5_76

When citing, please refer to the published version.

1 **Forested Infiltration Area (FIA) design in the Arborea**
2 **Nitrate Vulnerable Zone (Sardinia, Italy)**

3 Alberto Carletti^{1,2}, Mario Pirastru², Mario Deroma², Antonio Sessini³, Giorgio Ghi-
4 glieri^{1,3}, Pier Paolo Roggero^{1,2}

5 ¹ Desertification Research Centre, University of Sassari, Viale Italia, 07100 Sassari, Italy

6 ² Department of Agricultural Sciences, University of Sassari, Viale Italia, 07100 Sassari, Italy

7 ³ Department of Chemical and Geological Sciences, University of Cagliari, Cittadella Universi-
8 taria di Monserrato – Blocco A – S.P. Monserrato-Sestu, km 0.700, Italy
9 acarletti@uniss.it

10 **Abstract.** This research aims to test a Managed Aquifer Recharge (MAR) tech-
11 nique based on Forested Infiltration Areas (FIA) to reduce the groundwater ni-
12 trate contamination of a sandy phreatic aquifer in the Arborea NVZ (Sardinia,
13 Italy). The FIA system in Arborea will be supplied with drainage water having
14 an average NO₃ concentration of 70 mg L⁻¹, pumped from a dewatering pump-
15 ing station. The water will be treated before infiltration through an innovative
16 Passive Treatment System, consisting of a mixture of inert and organic materi-
17 als, to attenuate organic and inorganic contamination and to prevent clogging
18 processes at the infiltrating surface. The experiment will be conducted for a du-
19 ration of two years. A monthly monitoring will define, *ante operam*, the quality
20 baseline of drainage water and groundwater and will assess, *post operam*, the
21 efficiency of the FIA system. An estimation of the infiltration rate in the sandy
22 soils based on preliminary surveys showed a potential recharge rate of around
23 0.7 hm³ year⁻¹ per 0.4 ha of FIA system.

24 **Keywords:** Groundwater nitrate contamination, Managed Aquifer Recharge,
25 Forested Infiltration Area, Non-conventional water reuse, Mediterranean re-
26 gion.

27 **1 Introduction**

28 Among nonpoint sources, synthetic and organic fertilizer application represents the
29 most important input of nitrate in groundwater. After almost three decades, despite
30 the measures implemented since 1991 to minimize agricultural nitrate pollution (Di-
31 rective 91/676/CEE), there is no significant reduction in groundwater nitrate contami-
32 nation which still frequently exceed the threshold value of 50 mg L⁻¹ [1].

33 Managed Aquifer Recharge (MAR), which is the intentional recharge of water to
34 aquifers for subsequent recovery or environmental benefits, represents an effective
35 solution to improve water quality in aquifers [2]. In many aquifers, dilution has been
36 one of the major processes that have diminished nitrate concentration [3]. Several FIA
37 systems have been implemented in Veneto (Northern Italy) which consist of the dis-

38 tribution of surface water in areas equipped with a network of trenches and forested
39 with various trees and/or shrubs species. The forest maximizes the infiltration rate and
40 the denitrifying bacteria, living in symbiosis with the tree roots, have a very effective
41 action to promote NO₃ attenuation (up to 80-90%) [4].

42 The paper presents the preliminary results of the FIA system implementation to
43 contribute to mitigate groundwater contamination in the Nitrate Vulnerable Zone
44 (NVZ) of Arborea, within the MENAWARA project, funded by EU under the 2014-
45 2020 ENI CBC MED Programme.

46 **2 Settings, materials and methods**

47 **2.1 Study area**

48 The study area is located in the farming district of Arborea (about 60 km²), central-
49 western Sardinia (Italy) (Figure 1a). The climate is typically Mediterranean. The Ar-
50 borea plain was a swamp which was reclaimed in the 1920–1930ies. Nowadays it
51 represents one of the most productive agricultural sites in Italy where more than 200
52 farms, associated in a strong farmers' cooperative, manage some 30,000 dairy cattle
53 on a 6,000 ha [5]. This intensive dairy cattle system caused nitrate groundwater pollu-
54 tion originated from the intensive input of effluents. Consequently, the Arborea area
55 was identified as NVZ in 2005 [6].

56 In the plain two Hydrogeological Units (HU) have been identified [6]: the Sandy
57 Hydrogeological Unit (SHU) and the Alluvial Hydrogeological Unit (AHU). SHU is
58 represented by a phreatic aquifer hosted in the Holocene littoral sands. It is separated
59 by a clay layer from the underlying multi-layer aquifer hosted in the Pleistocene con-
60 tinental deposits (AHU). In the southern part of the plain, the clay layer is missing and
61 the two aquifers are in hydraulic communication with each other [6]. Previous studies
62 carried out in the Arborea plain [6, 7, 8] showed nitrate concentrations in both aqui-
63 fers exceeding the 50 mg L⁻¹ threshold value, up to exceed 250 mg L⁻¹, especially in
64 the southern part of the plain. The nitrate isotopic composition ($\delta^{15}\text{N-NO}_3$, $\delta^{18}\text{O-NO}_3$)
65 confirmed the occurrence of denitrification processes whereas the integration of $\delta^{11}\text{B}$
66 data with $\delta^{15}\text{N}$ values showed that organic fertilizers were the main source of nitrates
67 in groundwater.

68 **2.2 Materials and methods**

70 The FIA system has been designed according to the following steps: i) the identifica-
71 tion of the most suitable area on the basis of the 3D hydrogeological model, the pre-
72 vious hydrogeochemical study, in particular concerning the nitrate groundwater con-
73 tamination [6, 7, 8], the drainage water availability; ii) the set-up of a monthly *ante*
74 *operam* and *post operam* monitoring plan, iii) the design of the FIA system and the
75 Passive Treatment System (PTS).

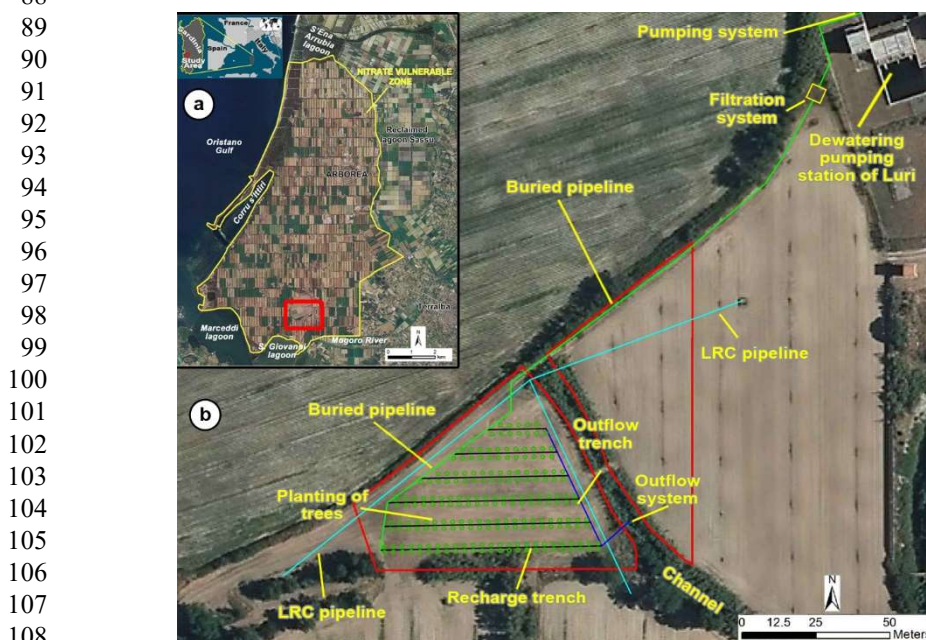
76 Anaerobic batch and flow-through experiments will be carried out in the coming
77 months to (i) evaluate the intrinsic potential and effectiveness to promote NO₃ attenu-

78 ation of two different organic materials (rice straw and eucalyptus wood chips), to be
 79 used in the PTS and (ii) assess the generation of undesirable compounds.

80 3 Results

81 3.1 Pilot site identification

82 The FIA system designed for the pilot site of Arborea will be located in the southern
 83 part of the plain, in an area of around 0.4 ha close to the dewatering pumping station
 84 of Luri, which ensures the supply of an adequate volume of drainage water (Figure
 85 1b). Drainage water will be pumped from the station, treated and reused to supply the
 86 FIA system and recharge the SHU aquifer to contribute to mitigate nitrate contamina-
 87 tion in groundwater, especially through dilution processes.



109 Fig. 1. (a) Pilot site location; (b) FIA system

110 3.2 Monitoring plan

112 The experiment will be conducted for a duration of two years. A monthly monitoring
 113 plan is developed, both *ante operam* and *post operam*. The former (October 2020 -
 114 October 2021) aims to define the quality baseline both for drainage water and
 115 groundwater in an area of around 9 km² surrounding the pilot site. The second (March
 116 2022 - February 2024) will aim to assess the efficiency of the implemented FIA sys-
 117 tem. The *ante operam* monitoring foresees monthly samplings from 12 wells and
 118 from the pool of the Luri station for chemical analyses. Only for drainage water sam-

119 ples, ethyl and methyl Clorpyrifos and Linuron, the most used phytosanitary and bio-
120 cide products by the farmers in Arborea, will be also detected. During the *post*
121 *operam* monitoring phase, on a subset of groundwater and soil solution samples, iso-
122 topic analyses ($\delta^{15}\text{N}\text{-NO}_3$ and $\delta^{18}\text{O}\text{-NO}_3$, $\delta^{15}\text{N}\text{-NH}_4$) will be performed to assess the
123 occurrence of natural nitrate attenuation process (e.g. denitrification) in the recharge
124 water and groundwater.
125

126 **3.3 Passive Treatment System design**

127 A technical innovation in the FIA implementation is represented by the PTS to be
128 installed within each recharge trench to improve the recharge water quality and re-
129 duce the clogging processes at the infiltrating surface. The PTS design, which is based
130 on previous experiences in Tunisia and Algeria [9], foresees 2 main components: a
131 Reactive Layer (RL) and a layer of inert materials (gravel and sand). The RL is a
132 mixture which includes (a) inert materials (gravel and sand, 50% in volume) to pro-
133 vide structural integrity and ensure hydraulic conductivity; (b) vegetable autochtho-
134 nous compost (49% in volume) which provides a source of DOC, easily degradable,
135 to improve the degradation capacity of microbial communities, to generate different
136 redox environments, triggering processes as denitrification and degrading organic
137 micropollutants (e.g. pesticides); (c) minor clays ($\leq 1\%$ in volume) and (d) iron ox-
138 ides ($\leq 0.1\%$ in volume) for sorption of cationic and anionic organic contaminants.
139 The RL is then covered by a layer of gravel and sand to ensure the mechanical filter-
140 ing of suspended particulate matter and to prevent the subjacent material from ero-
141 sion. Preliminary results of batch and flow-through experiments conducted in labora-
142 tory by using drainage water showed that the RL is effective in promote a complete
143 denitrification in 24 hours, in line with other researches (Grau-Martinez 2017). Dur-
144 ing the *post operam* monitoring, the effectiveness of the PTS in field condition will be
145 evaluated.
146

147 **3.4 FIA system design**

148 The design of the FIA system consists of different components: a pumping system, a
149 filtration system, buried pipelines, recharge trenches, an outflow trench and an out-
150 flow system (Figure 1b).

151 The *pumping system*, with a power of around 8 kW, will be installed in the pool of
152 the dewatering pumping station. The *filtration system* will consist of calibrated sands
153 and/or disc filters to reduce the Total Suspended Solids (TSS) content in the drainage
154 water and prevent clogging processes in the recharge trenches. High-density polyeth-
155 ylene PN10 *buried pipelines* (diameter of 180 mm) will connect the pumping system
156 to the filtration system and after to the head of each recharge trench. Each pipeline
157 will be placed in a trench with a depth of 0.50 m. Six *recharge trenches* will be ar-
158 ranged parallel, with a total length of 240 m. They will have a trapezoidal reversed
159 section with a depth of 1.00 m. Each recharge trench will be filled with the PTS. The
160 section of the trees species for the planting is still ongoing. A preliminary infiltration
161 test on the field showed an infiltration rate at pseudo-stationary conditions of
162 $1.394 \cdot 10^{-4} \text{ m}^3 \text{ s}^{-1}$ per meter of trench. Based on this preliminary result, we estimated

163 that the FIA system will have to be supplied with around $120 \text{ m}^3 \text{ h}^{-1}$ of recharge wa-
164 ter. The *outflow trench* will collect the excess water flowing out from the recharge
165 trenches and will be filled with the PTS. At the end, it will merge into an *outflow*
166 *system* consisting of a triangular weir to measure the discharge flow.

167 **4 Discussion and conclusion**

168 The MENAWARA pilot action in the Arborea plain presents some innovative as-
169 pects. Non-conventional water such as drainage water will be used to supply the de-
170 signed FIA system, according to the typical approach of the Integrated Water Re-
171 sources Management. These waters that usually flow to wetlands, causing a high in-
172 put of nutrients (in particular N and P), will be treated through the innovative PTS,
173 installed at each recharge trench, and reused to recharge the sandy phreatic aquifer
174 (SHU). PTS will ensure the improvement of the drainage water quality before the
175 recharge, especially in the first phase of functioning of the FIA system, when the
176 planting of trees will be in the initial phase of growth and will contribute minimally to
177 the depurative action. The batch and flow-through experiments will allow to identify
178 the organic material characterized by the highest denitrification rate to be used in the
179 RL. Preliminary surveys to estimate the infiltration rate in the sandy soils showed a
180 potential recharge rate of $0.7 \text{ hm}^3 \text{ year}^{-1}$ per 0.4 ha of FIA system. However, the ex-
181 pected impact of this pilot system on the SHU aquifer will be very localized and it
182 will obviously not solve the issue of the groundwater nitrate contamination for this
183 aquifer. On the basis of the results that will be achieved by the pilot action, it will
184 possible to estimate the number of ha of FIA systems to be implemented and identify
185 the most suitable sites in the whole Arborea plain to improve significantly the
186 groundwater quality of the SHU aquifer.

187 As the aim is to test the FIA technique as best practice, since the beginning rele-
188 vant stakeholders (e.g. Farmers' Cooperative and the Land Reclamation Consortium)
189 have been involved to create the prerequisites for the sustainability and replicability
190 of the action in the Arborea NVZ. Even if this intervention is conceived as a pilot
191 project on a small surface which will have a limited impact on the aquifer, the Land
192 reclamation consortium has already showed its interest for a large scale FIA system
193 implementation over the Arborea plain. This up-scaling could produce relevant posi-
194 tive impacts on the quality of the whole sandy aquifer. FIA systems could be integrat-
195 ed into the Sardinia Basin Management Plan as possible tool to mitigate the quantita-
196 tive-qualitative degradation of groundwater not only in the Arborea plain but also in
197 similar hydrogeological context, and through the international network of the
198 MENAWARA project this MAR technique could be disseminated in all Mediterrane-
199 an region.

200 **Acknowledgements**

201 The research is being carried out within the MENAWARA project (2019-2022),
 202 funded by EU under the 2014-2020 ENI CBC MED Programme and with the support
 203 of the University funds for research 2020.

204 **References**

- 205 1. Carrey, R., Ballesté, E., Blanch, A.R., Lucena, F., Pons, P., López, J.M., Rull, M., Solà, J.,
 206 Micola, N., Fraile, J., Garrido, T., Munné, A., Soler, A., Otero, N.: Combining multi-
 207 isotopic and molecular source tracking methods to identify nitrate pollution sources in sur-
 208 face and groundwater. *Water Research* (2020).
- 209 2. Dillon, P., Stuyfzand, P., Grischek, T., Lluria, M., Pyne, R.D.G., Jain, R.C., Bear, J.,
 210 Schwarz, J., Wang, W., Fernandez, E., Stefan, C., Pettenati, M., van der Gun, J., Sprenger,
 211 C., Massmann, G., Scanlon, B.R., Xanke, J., Jokela, P., Zheng, Y., Rossetto, R.,
 212 Shamrukh, M., Pavelic, P., Murray, E., Ross A., Bonilla Valverde, J.P., Palma Nava, A.,
 213 Ansems, N., Posavec, K., Ha, K., Martin, R., Sapiano, M.: Sixty years of global progress
 214 in managed aquifer recharge. *Hydrogeology Journal* 27, 1–30 (2019).
- 215 3. Mas-Pla, J., Menció, A.: Groundwater nitrate pollution and climate change: learnings from
 216 a water balance-based analysis of several aquifers in a western Mediterranean region (Cat-
 217 alonia). *Environmental Science and Pollution Research* 26, 2184–2202 (2019).
- 218 4. Mezzalana, G., Niceforo, U., Gusmaroli, G.: Aree forestali di infiltrazione (AFI): principi,
 219 esperienze, prospettive [Forested infiltration areas (FIA): principles, experiences, perspec-
 220 tives]. *Acque Sotterranee - Italian Journal of Groundwater* (2014).
- 221 5. Demurtas, C. E., Seddaiu, G., Ledda, L., Cappai, C., Doro, L., Carletti, A., Roggero, P. P.:
 222 Replacing organic with mineral N fertilization does not reduce nitrate leaching in double
 223 crop forage systems under Mediterranean conditions. *Agriculture, Ecosystems & Envi-
 224 ronment*, 219, 83-92 (2016).
- 225 6. Ghiglieri, G., Carletti, A., Da Pelo, S., Cocco, F., Funedda, A., Loi, A., Manta, F., Pittalis,
 226 D.: Three-dimensional hydrogeological reconstruction based on geological depositional
 227 model: A case study from the coastal plain of Arborea (Sardinia, Italy). *Engineering Geol-
 228 ogy* 207, 103-114 (2016).
- 229 7. Pittalis, D., Carrey, R., Da Pelo, S., Carletti, A., Biddau, R., Cidu, R., Celico, F., Soler, A.,
 230 Ghiglieri, G.: Hydrogeological and multi-isotopic approach to define nitrate pollution and
 231 denitrification processes in a coastal aquifer (Sardinia, Italy). *Hydrogeology Journal* 26
 232 (6), 2021-2040 (2018).
- 233 8. Biddau, R., Cidu, R., Da Pelo, S., Carletti, A., Ghiglieri, G., Pittalis, D.: Source and fate of
 234 nitrate in contaminated groundwater systems: Assessing spatial and temporal variations by
 235 hydrogeochemistry and multiple stable isotope tools. *Science of The Total Environment*
 236 647, 1121-1136 (2019).
- 237 9. Carletti, A.: Trial of protocols and techniques for integrated groundwater management in
 238 arid and semi-arid regions to combat drought and desertification. Thesis (PhD), Cagliari
 239 University (2017).