

1 **Application of pressurized liquid extraction to grape by-products as a circular economy model**  
2 **to provide phenolic compounds enriched ingredient.**

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4 Matteo Perra<sup>1</sup>, Francisco-Javier Leyva-Jiménez<sup>2,3</sup>, Maria Letizia Manca<sup>1</sup>, Maria Manconi<sup>1</sup>, Hiba N.  
5 Rajha<sup>4,5</sup>, Isabel Borrás- Linares<sup>6,7</sup>, Antonio Segura-Carretero<sup>6,7</sup>, Jesús Lozano-Sánchez<sup>6,8\*</sup>

6

7 <sup>1</sup> Dept. of Life and Environmental Sciences, University of Cagliari, Via Ospedale 72, 09124 Cagliari,  
8 Italy

9 <sup>2</sup> Regional Institute for Applied Scientific Research (IRICA), University of Castilla-La Mancha,  
10 Avda. Camilo José Cela 10, 13071 Ciudad Real, Spain

11 <sup>3</sup> Area of Food Science and Technology, Faculty of Chemical Sciences and Technologies, University  
12 of Castilla-La Mancha, Avda. Camilo José Cela 10, 13071 Ciudad Real, Spain

13 <sup>4</sup> Centre d'Analyses et de Recherche, Unité de Recherche Technologies et Valorisations Agro-  
14 Alimentaire, Faculté des Sciences, Université Saint-Joseph de Beyrouth, P.O. Box 17-5208 Riad El  
15 Solh, Beirut 1104 2020, Lebanon

16 <sup>5</sup> Ecole Supérieure d'Ingénieurs de Beyrouth (ESIB), Université Saint-Joseph de Beyrouth, CST  
17 Mkalles Mar Roukos, Riad El Solh, Beirut 1107 2050, Lebanon

18 <sup>6</sup> Functional Food Research and Development Center, Health Science Technological Park, Avenida  
19 del Conocimiento s/n, E-18100 Granada, Spain

20 <sup>7</sup> Dept. of Analytical Chemistry, Faculty of Sciences, University of Granada, Fuentenueva s/n, E-  
21 18071 Granada, Spain

22 <sup>8</sup> Department of Food Science and Nutrition, University of Granada, Campus Universitario s/n,  
23 18071-Granada, Spain

24

25 \* Corresponding author: Jesús Lozano Sánchez

26 Dept. of Food Science and Nutrition

27 Tel.: +34958240781; fax:

28 e-mail address: [jesusls@ugr.es](mailto:jesusls@ugr.es)

29 **Abstract**

30 The aim of this study was to valorise wine-making by-products optimizing the recovery of phenolic  
31 compounds from Cannonau grape pomaces using Pressurized Liquid Extraction (PLE). To achieve  
32 these goals, PLE experiments were performed by a Response Surface Methodology (RSM) based on  
33 a Central Composite Design  $2^3$  model to address the polar compound extraction. The selected  
34 independent variables were: temperature, composition of extractant solvent (% ethanol) and  
35 extraction time. The response variables were extraction yield and recovery of phenolic compounds.  
36 Phytochemical profile of PLE extracts was analysed by high-performance liquid chromatography  
37 coupled to a time-of-flight mass analyser (HPLC-ESI-TOF-MS) in order to address the individual  
38 phenolic extraction effectiveness. Hence, the optimum values to maximize phenolics extraction were  
39 130°C, 55% ethanol and 22 min. Extraction results obtained by using PLE system was compared with  
40 that obtained with conventional solid-liquid extraction. The proposed experimental model has proven  
41 to be a valuable alternative method to optimize extraction of bioactive compounds from wine-making  
42 by-products.

43  
44 **Keywords:** grape pomace; HPLC-ESI-TOF-MS; Pressurized liquid extraction; Solid liquid  
45 extraction; Green Production; Circular economy

## 46 **1. Introduction**

47 Circular economy concept is a win-win and self-sustaining system that promotes sustainability,  
48 recovery and valorisation of wastes with the purpose to better manage and to prevent their production  
49 (Camana et al., 2021; Chebbi et al., 2021; Tacchini et al., 2019). In this sense, the European Union  
50 has made the circular economy one of its cornerstones, approving in 2020 “A new Circular Economy  
51 Action Plan for a cleaner and more competitive Europe” (European Commission, 2020). In recent  
52 years, also according to its principles, market is ever more interested into waste-to-value products.  
53 Waste-to-value products are those value-added products obtained through the valorisation of wastes  
54 or by-products generated in the food-supply chain (Coderoni and Perito, 2020). In this context, grape  
55 pomace represents an agro-industrial by-product that offers a wide range of valorisation and recycle  
56 possibilities. Grape pomace is the principal solid waste generated during wine-making process. It is  
57 mainly composed by seeds, stalks and skins and represent the 20% of the total harvested grapes (Ferri  
58 et al., 2020). The ever-growing interest for this by-product is due to their high content into high value  
59 bioactive compounds, such as fibres, proteins, lipids, minerals and phenolics (Ferri et al., 2020). It  
60 has been estimated that around 70% of phenolic compounds are still present into the pomace (Dwyer  
61 et al., 2014).

62 The high value of these compounds is due to their beneficial effects for human health. It has been  
63 proved that grape pomace derived phenolics are able to exercise a wide range of beneficial effects,  
64 such as antioxidant, antimicrobial, anti-glycation, cytotoxic effect against tumoral cells (Olszewska  
65 et al., 2020; Peixoto et al., 2018; Sri Harsha et al., 2014). For example, Peixoto et Al. evaluated the  
66 antioxidant, cytotoxic and antibacterial activities of grape pomaces (skins, seeds and their mixture)  
67 extracts. They found that seeds have the highest concentrations of phenolic compounds and the  
68 highest antioxidant, cytotoxic and antibacterial activities. So, they pointed out that this by-product is  
69 a valuable source whose use in the extractions of phenolic compounds must be increased to be applied

70 in various fields (Peixoto et al., 2018). In our previous study, we obtain an optimal extract from  
71 Cannonau pomace (Manca et al., 2020).

72 It is well known that the extraction process represents the critical step in the isolation and  
73 identification of phenolics (Castellanos-Gallo et al., 2022). The most common method is solid-liquid  
74 extraction (SLE) coupled with mechanical stirring, which often implies the use of a high quantity  
75 solvents, in some cases of organic nature (Wasilewski et al., 2022). In recent years, new non-  
76 conventional methods, such as supercritical fluid extraction (SFE), PLE, pulsed electric fields, are  
77 arousing an ever-growing interest due to their higher efficiency, lower extraction time and costs,  
78 being also environmentally-friendly (Castellanos-Gallo et al., 2022).

79 Several authors successfully performed PLE from grape by-products obtaining high-value extracts  
80 that may increase their value with potential applications in different industrial sectors like cosmetics  
81 or nutraceuticals (Cejudo-Bastante et al., 2021; Ferri et al., 2020; Otero-Pareja et al., 2015). For  
82 instance, Nieto et al. performed PLE with ethanol:water mixtures as extractant solvent to obtain  
83 phenolic antioxidants from grape stems. The optimal extraction conditions were determined by using  
84 a central composite rotatable design. RSM determined 30% ethanol, 120 °C and 10 min as the optimal  
85 extraction conditions, that lead to obtaining an extract with a high phenolic content and a remarkable  
86 antioxidant activity from Merlot grape stems (Nieto et al., 2020).

87 Besides, Otero-Pareja et al. performed both SFE with CO<sub>2</sub> + 20% ethanol and PLE with either  
88 ethanol, water or an ethanol/water (50:50) mixture as the extraction solvents on different varieties of  
89 grape pomaces. The comparison of the two techniques showed that PLE using hydro-alcoholic  
90 mixture as solvent was more efficient than SFE using CO<sub>2</sub> + 20% ethanol in terms of both phenolic  
91 content and antioxidant activity. The global yield and the yield of anthocyanins and phenolic  
92 compounds was higher for PLE than SFE. Finally, they demonstrated that PLE is a successful  
93 extraction method to obtain antioxidant phenolic compounds from winemaking by-products (Otero-  
94 Pareja et al., 2015).

95 The main objective of the present research was to optimize a PLE process for Cannonau grape pomace  
96 to increase the extraction efficiency of polar compounds compared to conventional methods, and the  
97 comprehensive characterization of the obtained extracts with an advanced analytical technique,  
98 concretely HPLC-ESI-TOF-MS. RSM based on Central Composite Design 2<sup>3</sup> model was applied for  
99 the optimization considering %EtOH in aqueous mixtures, extraction time and temperature as  
100 independent variables at two levels. Furthermore, the response variables consist of extraction yield  
101 and detailed composition of the obtained extracts by HPLC-ESI-TOF-MS.

102

## 103 **2. Material and methods**

### 104 *2.1. Materials*

105 All chemicals used in this study were of analytical reagent grade and used as received. For extraction  
106 procedure, purified water was obtained by a Milli-Q system from Millipore (Bedford, MA, USA) and  
107 ethanol purchased from VWR chemicals (Radnor, PA, USA). For the mobile phase preparation used  
108 for analysis, formic acid was ordered from Sigma-Aldrich (Steinheim, Germany) and Acetonitrile of  
109 LC-MS grade was acquired from Fisher chemicals (Waltham, MA, USA). The pure standards used  
110 for the preparation of the calibration curves, were purchased from Sigma–Aldrich (St. Louis, MO,  
111 USA), Arbo Nova (Turku, Finland) and Extrasynthese (Lyon, France).

### 112 *2.2. Sample preparation*

113 Grape pomaces from Cannonau red wine were provided by Cantine Argiolas (Sardinia, Italy).  
114 Samples were dried at 42°C for about 48 h, to reduce the moisture content from 60.7± 0.7 % up to  
115 7.4± 1.1 %, and ground using an ultra-centrifugal mill ZM200 (Retsch GmbH, Haan, Germany) at  
116 room temperature. Then, they were stored under vacuum, in darkness, at room temperature, until  
117 extraction experiments.

### 118 *2.3. Extraction method*

119 Phytocomplex was obtained by conventional solid-liquid extraction and PLE. To select the best  
120 solvent to extract the polar fraction, grape pomace (3.5 g) was dispersed in five different blends  
121 (50 mL each) of ethanol:water with 0, 30, 50, 70, and 100 % EtOH for SLE 1, SLE 2, SLE 3, SLE 4  
122 and SLE 5, respectively. The mixtures were shaken for 60 min, at room temperature to allow the  
123 extraction. The samples were then centrifuged at 13000 rpm for 10 min using with Sorvall ST 16 R,  
124 Thermo Scientific instrument (Leicestershire, UK), and the supernatant was collected and filtered  
125 through a 0.45 µm filter. The solvent was evaporated under vacuum in a Savant™ SpeedVac  
126 Concentrator SC250 EXP (Thermo Scientific, Sunnyvale, CA, USA) and kept at -20 °C until HPLC-  
127 MS analysis.

128 PLE was performed in a ASE™ 350 system (Dionex, Sunnyvale, CA, USA) equipped with a solvent  
129 controller. The experimental design consist of a total of 15 experiments, including center and star  
130 point, using different solvent composition (ethanol and water), temperatures and static cycle  
131 extraction times. The pre-set default condition was the extraction pressure, fixed at 11 MPa. The  
132 solvents were previously degassed for 15 min to remove the dissolved oxygen for avoiding any  
133 possible degradation of the target compounds by oxidation reactions. Pomace (3.5 g) was mixed with  
134 sea sand (10 g) to improve the extraction process increasing the contact surface between sample and  
135 solvent. The mixture was loaded onto stainless-steel extraction cells (33 mL) putting in the up and  
136 bottom of the cell cellulose filters and a portion of sand (5 g). This disposition was optimized to avoid  
137 the clogging of the metal frits and the interior conducts. The obtained extracts were dried under  
138 vacuum in a Savant™ SpeedVac Concentrator SC250 EXP (Thermo Scientific, Sunnyvale, CA,  
139 USA) at room temperature and stored at -20 °C.

#### 140 *2.4. Experimental design*

141 RSM was applied to enhance the recovery of polar phytochemicals from grape pomace using a central  
142 composite design 2<sup>3</sup> model with axial points. Percentage of ethanol (15, 50, 85 %) in aqueous  
143 mixtures, static extraction time (5, 12.5, 20 min) and temperature (40, 110, 180 °C), were chosen as

144 independent variables and their effect was evaluated in 15 experiments conducted in a randomized  
 145 order (Table 1). The response variables were extraction yield and chemical composition of the  
 146 extracts determined by HPLC-ESI-TOF-MS. The extraction yield was calculated following the  
 147 equation Eq. 1:

148 Eq. 1 
$$Yield (\%) = \frac{Weight\ of\ dried\ extract\ (g)}{Weight\ of\ dried\ grape\ pomaces\ extracted\ (g)} \times 100$$

149 **Table 1.** Central composite design  $2^3$  model and values of selected independent variables.

Experiment	Ethanol (%)	Extraction time (min)	Temperature (C°)	Dielectric Constant
PLE 1	15	20	40	66.11
PLE 2	85	5	40	32.26
PLE 3	5	12.5	110	53.19
PLE 4	50	22	110	36.98
PLE 5	15	5	40	66.11
PLE 6	50	12.5	20	51.83
PLE 7	50	3	110	36.98
PLE 8	50	12.5	110	36.98
PLE 9	15	5	180	33.93
PLE 10	50	12.5	110	36.98
PLE 11	85	20	40	32.26
PLE 12	85	5	180	21.63
PLE 13	85	20	180	21.63
PLE 14	95	12.5	110	20.78
PLE 15	50	12.5	200	25.14

150 In order to explain the response behaviour of variables, the experimental data were fitted to a  
 151 quadratic polynomial model following the general equation 2:

152 Eq. 2 
$$Y = \alpha_0 + \sum_{i=1}^k \alpha_i x_i + \sum_{i=1}^k \alpha_{ii} x_i^2 + \sum_{i=1}^k \sum_{j=i+1}^k \alpha_{ij} x_i x_j$$



153 where Y represents the predicted response;  $\alpha_0$  is a constant coefficient that fixed the response at the  
154 central point of the experiments, k is the number of variables and  $\alpha_i$ ,  $\alpha_{ii}$  and  $\alpha_{ij}$  are the regression  
155 coefficients of the linear, quadratic and interaction terms, respectively;  $x_i$  and  $x_j$  represent the value  
156 of independent variables. The parameters of the models, determination of the optimum conditions  
157 and plot of response surface were estimated by using Statgraphics Centurion software XVI provided  
158 by Statpoint Technologies (Warrenton, VA, USA). The adequacy of the model obtained for PLE,  
159 were checked by the quadratic coefficient of determination ( $R^2$ ), the lack of fit value and the  
160 coefficient of variation. Values were considered significantly different when  $p$  was  $< 0.05$ . The  
161 relationship between independent variables and responses were analysed by 3D response surface plots  
162 reporting the dependent variables as a function of the two most influent independent variables.  
163 Optimum conditions were calculated considering the maximization of individual response variables.  
164 Therefore, independent variables were kept in ranges while response was optimized.

#### 165 *2.5. HPLC-ESI-TOF-MS analysis of grape pomace extracts*

166 The obtained extracts were dissolved in DMSO (10 mg/ml) and analysed by HPLS-ESI-TOF-MS.  
167 The HPLC instrument was a RRLC 1200 series (Agilent Technologies, Palo Alto, CA, USA),  
168 equipped with a vacuum degasser, autosampler, a binary pump, and a DAD detector. The stationary  
169 phase for reverse mode was composed of C18, concretely a Zorbax Eclipse Plus C18 (Agilent  
170 Technologies, Palo Alto, CA, USA) whose dimensions were a 150 mm x 4.6 mm, 1.8  $\mu\text{m}$  of particle  
171 size. The mobile phases composition were composed of 0.1 % aqueous formic acid (mobile phase A)  
172 and acetonitrile (mobile phase B). The gradient elution followed a multistep linear profile: 5 % B as  
173 initial condition; increasing until 95 % B at 55 min; and decreasing until initial condition in 5 min  
174 and maintain them another 5 min to equilibrate the system before the next injection. The flow rate  
175 was set at 0.5 mL/min, injection volume was 10  $\mu\text{L}$  at room temperature.

176 The detection of the compounds was also monitorized by a TOF mass spectrometer (Bruker Daltonik,  
177 Bremen, Germany) by an electrospray interface (model G1607 from Agilent Technologies, Palo Alto,

178 CA, USA). The detection was performed in negative and in positive ionization mode with a mass  
179 range of 50-1000 m/z. The flux from the HPLC column was reduced at 125  $\mu\text{l min}^{-1}$  using a “T” type  
180 splitter before being introduced into the mass spectrometer (split ratio 1:3).

181 The optimum ionization and transfer parameters were for negative mode: capillary voltage of +3.5  
182 kV; drying gas temperature, 210 °C; drying gas flow, 9 L  $\text{min}^{-1}$ ; nebulizing gas pressure, 2.3 bar;  
183 capillary exit, -120 V; skimmer 1, -40 V; hexapole 1, -23 V; RF hexapole, 80 Vpp; and skimmer 2, -  
184 22.5 V. In contrast, for positive ionization mode the optimum values were: capillary voltage of +4  
185 kV; drying gas temperature, 190 °C; drying gas flow, 9 L  $\text{min}^{-1}$ ; and nebulizing gas pressure, 2.0 bar;  
186 whereas the values of transfer parameters were: capillary exit, +120 V; skimmer 1, +40 V; hexapole  
187 1, +23 V; RF hexapole, 100 Vpp; and skimmer 2, +22.5 V.

188 The instrument and the acquired chromatograms were calibrated externally with a 74900-00-05 Cole  
189 Palmer syringe pump (Vernon Hills, IL, USA) using as standard a 10 mM sodium formate cluster  
190 solution. The mixture was injected at the beginning of each run and all the spectra were calibrated  
191 prior to compound identification. Data were processed through the software Data Analysis 4.0  
192 (Bruker Daltonics). For each chromatogram a list of possible elemental formulas by Generate-  
193 Molecular Formula Editor from each peak was obtained thank to the CHNO algorithm and its  
194 standard functionalities, mainly minimum and maximum elemental range, electron configuration and  
195 ring-plus double bonds equivalents. This combination provides a sigma value resulting from the  
196 comparison of the theoretical and measured isotope pattern, which help to increase the confidence in  
197 the proposed molecular formula. For quantitation purposes, gallic acid, catechin, epigallocatechin  
198 gallate and quercetin were used as standards to quantify phenolics in samples. Calibration curves  
199 were obtained with nine calibration levels at different concentrations (from 0.5 to 100  $\mu\text{g/mL}$ ). The  
200 linearity of all calibration curves was demonstrated with regression coefficients higher than 0.98. The  
201 total phenolic content in Cannonau grape pomaces extracts were calculated as the sum of the  
202 individual compound concentrations obtained by HPLC-MS.

203 **3. Results and discussion**

204 *3.1. Identification of phytochemical compounds*

205 The components of grape pomace extracts obtained by solid or pressurized liquid extraction were  
206 identified by HPLC–ESI–TOF–MS from the analysis of chromatograms (Figure 1A, B C and D).

207 The analysis allowed the detection of forty-five compounds, thirty-five of them were presented in  
208 both extracts and only ten in that obtained by solid liquid extraction. Among these, thirty-nine  
209 compounds were identified while six of them could not be identified with the analytical platform used  
210 (Table 2).

211 **Table 2.** Chemicals found in the extracts obtained from grape pomace by solid liquid extraction (SLE)  
212 or pressurised liquid extraction (PLE), retention time, molecular formula, experimental and theoretic  
213 m/z, error, mSigma, and bibliographic references that supported their identification.

Peak	RT (min)	Formula	m/z exp.	m/z theoric	Error (ppm)	mSigma	Name	Extraction	Reference
<i>[M-H]<sup>-</sup></i>									
<i>Organic acids</i>									
1	3.1	C <sub>6</sub> H <sub>12</sub> O <sub>7</sub>	195.0508	195.0510	1.2	16.0	Gluconic acid	SLE, PLE	(Gika et al., 2012; Perra et al., 2021)
2	3.4	C <sub>4</sub> H <sub>6</sub> O <sub>6</sub>	149.0100	149.0092	5.5	50.4	Tartaric acid	SLE, PLE	(Perra et al., 2021)
3	3.9	C <sub>4</sub> H <sub>6</sub> O <sub>5</sub>	133.0157	133.0142	10.7	13.7	Malic acid	SLE, PLE	(Perra et al., 2021)
4	4.0	C <sub>6</sub> H <sub>8</sub> O <sub>7</sub>	191.0201	191.0197	2.0	20.0	Citric acid	SLE, PLE	(Perra et al., 2021)

<b>10</b>	17.9	C <sub>7</sub> H <sub>12</sub> O <sub>5</sub>	175.0612	175.0612	0.2	27.3	2- Isopropylma licacid	SLE, PLE	(Perra et al., 2021)
<i>Amino acids</i>									
<b>7</b>	16.3	C <sub>13</sub> H <sub>16</sub> O <sub>10</sub>	203.0835	203.0826	-4.5	6.6	Tryptophan	SLE	(Sica et al., 2018)
<i>Phenols</i>									
<b>5</b>	10.5	C <sub>7</sub> H <sub>6</sub> O <sub>5</sub>	169.0153	169.0142	3.7	5.8	Gallic acid	PLE	(Gika et al., 2012)
<i>Tannins</i>									
<b>6</b>	13.3	C <sub>13</sub> H <sub>16</sub> O <sub>10</sub>	331.0657	331.0671	4.2	24.1	Galloyl- glucoside	SLE, PLE	(Romani et al., 2012; Yan et al., 2016)
<i>Flavonoids</i>									
<b>11</b>	18.7	C <sub>15</sub> H <sub>14</sub> O <sub>6</sub>	289.0716	289.0718	0.7	7.0	Catechin	SLE, PLE	(Hashim et al., 2020; Jiménez-Sánchez et al., 2016; Nastić et al., 2019)
<b>13</b>	20.4	C <sub>15</sub> H <sub>14</sub> O <sub>6</sub>	289.0716	289.0718	0.5	5.5	Catechin isomer	SLE, PLE	(Hashim et al., 2020; Jiménez-Sánchez et al., 2016; Nastić et al., 2019)

<b>17</b>	30.2	C <sub>15</sub> H <sub>10</sub> O <sub>7</sub>	301.0353	301.0354	0.4	21.3	Quercetin	SLE, PLE	(Hashim et al., 2020)
<b>20</b>	33.0	C <sub>15</sub> H <sub>10</sub> O <sub>6</sub>	285.0395	285.0405	3.4	7.1	Fisetin	SLE, PLE	(de Araújo Rodrigues et al., 2019)
<b>21</b>	33.3	C <sub>16</sub> H <sub>12</sub> O <sub>7</sub>	315.0502	315.0510	2.6	13.7	Quercetin-methyl ether	SLE, PLE	(Ji et al., 2015)

#### *Proanthocyanidins*

<b>9</b>	17.0	C <sub>30</sub> H <sub>26</sub> O <sub>12</sub>	577.1336	577.1351	2.7	17.3	Proanthocyanidin isomer B2	SLE, PLE	(Jia et al., 2019; Nastic et al., 2019)
<b>12</b>	19.5	C <sub>30</sub> H <sub>26</sub> O <sub>12</sub>	577.1329	577.1351	4.0	24.1	Proanthocyanidin isomer B2	SLE, PLE	(Jia et al., 2019; Nastic et al., 2019)

#### *Iridoids*

<b>8</b>	16.6	C <sub>21</sub> H <sub>32</sub> O <sub>10</sub>	443.1927	443.1923	0.9	68.0	Penstemide or <i>epi</i> -DPA-G	SLE	(Cretin et al., 2019; Fayad et al., 2020; Noui et al., 2018)
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#### *Fatty acids*

<b>18</b>	31.0	C <sub>18</sub> H <sub>32</sub> O <sub>5</sub>	327.2173	327.2177	1.3	51.3	prostaglandin F <sub>1</sub> alpha isomer	SLE	(Fu et al., 2010; García-
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									Villalba et al., 2008)
<b>19</b>	32.4	C <sub>18</sub> H <sub>34</sub> O <sub>5</sub>	329.2324	329.2333	3.0	27.6	trihydroxy- octadecenoic acid	SLE, PLE	(Tao et al., 2016)
<b>24</b>	40.9	C <sub>18</sub> H <sub>32</sub> O <sub>4</sub>	311.2227	311.2228	0.4	71.8	13- hydroperoxy - octadecadien oic acid	SLE	(Jiménez- Sánchez et al., 2016)
<b>26</b>	41.7	C <sub>18</sub> H <sub>32</sub> O <sub>4</sub>	311.2220	311.2228	2.4	14.2	13- hydroperoxy - octadecadien oic acid	SLE	(Jiménez- Sánchez et al., 2016)
<b>27</b>	43.7	C <sub>18</sub> H <sub>30</sub> O <sub>3</sub>	293.2121	293.2122	0.4	15.3	Hydroxy- octadecatrie noic acid isomer	SLE, PLE	(Jiménez- Sánchez et al., 2016; Nastić et al., 2019)
<b>28</b>	46.0	C <sub>18</sub> H <sub>32</sub> O <sub>3</sub>	295.2273	295.2279	2.1	6.6	Hydroxy- octadecatrie noic acid	SLE, PLE	(Jiménez- Sánchez et al., 2016; Nastić et al., 2019)
<b>29</b>	47.6	C <sub>18</sub> H <sub>30</sub> O <sub>3</sub>	293.2125	293.2122	0.9	28.7	Hydroxy- octadecatrie noic acid isomer	SLE	(Jiménez- Sánchez et al., 2016;

									Nastić et al., 2019)
<b>30</b>	55.2	C <sub>18</sub> H <sub>30</sub> O <sub>2</sub>	277.2163	277.2173	3.6	45.9	Linolenic acid	SLE	(Crews et al., 2006; Della Corte et al., 2015; Jiménez-Sánchez et al., 2016)

***Unknown compounds***

<b>14</b>	23.1	C <sub>18</sub> H <sub>12</sub> N <sub>6</sub> O <sub>8</sub>	441.0804	441.0800	-0.8	22.4	UK1	SLE	
<b>15</b>	24.9	C <sub>32</sub> H <sub>30</sub> O <sub>14</sub>	637.1560	637.1563	0.4	35.5	UK2	SLE, PLE	
<b>16</b>	25.6	C <sub>32</sub> H <sub>32</sub> O <sub>15</sub>	655.1662	655.1668	1.0	21.3	UK3	SLE, PLE	
<b>22</b>	38.4	C <sub>24</sub> H <sub>48</sub> O <sub>6</sub>	431.3370	431.3378	2.0	30.3	UK4	SLE, PLE	
<b>23</b>	39.5	C <sub>7</sub> H <sub>4</sub> N <sub>8</sub> O <sub>3</sub>	247.0326	247.0334	3.3	16.7	UK5	SLE	
<b>25</b>	41.3	C <sub>10</sub> H <sub>13</sub> NO <sub>3</sub>	194.0825	194.0823	-1.2	23.3	UK6	SLE, PLE	

***[M-H]<sup>+</sup>***

***Phenols***

a	12.1	C <sub>7</sub> H <sub>6</sub> O <sub>5</sub>	171.0282	171.0288	3.7	5.8	Gallic acid	SLE, PLE	(Gika et al., 2012)
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***Flavonoids***

d	17.0	C <sub>15</sub> H <sub>14</sub> O <sub>6</sub>	291.0857	291.0863	2.0	5.1	Catechin	SLE, PLE	(Hashim et al., 2020; Nastić et al., 2019)
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g	18.8	C <sub>15</sub> H <sub>14</sub> O <sub>6</sub>	291.0859	291.0863	1.4	2.7	Catechin isomer	SLE, PLE	(Hashim et al., 2020; Nastic et al., 2019)
h	21.5	C <sub>30</sub> H <sub>26</sub> O <sub>14</sub>	611.1377	611.1395	3.0	12.9	Delphinidin glucoside	SLE, PLE	(De Villiers et al., 2011)
i	22.0	C <sub>32</sub> H <sub>30</sub> O <sub>15</sub>	655.1639	655.1657	2.8	8.5	Malvidin caffeoyl-glucoside	SLE, PLE	(Pérez-Navarro et al., 2019)
j	22.5	C <sub>31</sub> H <sub>28</sub> O <sub>14</sub>	625.1548	625.1552	0.6	9.3	Isorhamnetin glucoside	SLE, PLE	(Panighel et al., 2015)
k	25.4	C <sub>15</sub> H <sub>10</sub> O <sub>8</sub>	319.0430	319.0448	5.9	13.0	Myricetin	SLE, PLE	(Bevilacqua et al., 2004)
l	28.8	C <sub>15</sub> H <sub>10</sub> O <sub>7</sub>	303.0484	303.0499	4.9	8.7	Quercetin	SLE, PLE	(Hashim et al., 2020)
n	31.7	C <sub>15</sub> H <sub>10</sub> O <sub>6</sub>	287.0538	287.0550	4.3	7.4	Fisetin	SLE, PLE	(de Araújo Rodrigues et al., 2019)
o	32.0	C <sub>16</sub> H <sub>12</sub> O <sub>7</sub>	317.0647	317.0656	2.7	9.0	Quercetin-methyl ether	SLE, PLE	(Ji et al., 2015)

***Stilbenes***

m	30.3	C <sub>28</sub> H <sub>22</sub> O <sub>6</sub>	455.1470	455.1489	4.1	11.3	ε-viniferin	SLE, PLE	(Flamini et al., 2015; Pugajeva et al., 2018)
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<i>Anthocyanins</i>									
e	17.6	C <sub>23</sub> H <sub>24</sub> O <sub>12</sub>	493.1330	493.1341	2.1	5.4	Malvidin glucoside	SLE, PLE	(Pérez- Navarro et al., 2019)
<i>Proanthocyanidins</i>									
b	15.3	C <sub>30</sub> H <sub>26</sub> O <sub>12</sub>	579.1464	579.1497	5.7	6.7	Proanthocya nidin isomer	SLE, B2 PLE	(Jia et al., 2019; Nastić et al., 2019)
c	16.3	C <sub>30</sub> H <sub>26</sub> O <sub>12</sub>	579.1464	579.1497	5.7	6.3	Proanthocya nidin isomer	SLE, B2 PLE	(Jia et al., 2019; Nastić et al., 2019)
f	17.8	C <sub>30</sub> H <sub>26</sub> O <sub>12</sub>	579.1464	579.1497	4.9	41.1	Proanthocya nidin isomer	SLE, B2 PLE	(Jia et al., 2019; Nastić et al., 2019)

214 Most of the compounds identified were previously found in grape or in its by-products (Flamini et  
215 al., 2015; Perra et al., 2021) and belonged to different chemical classes including organic acids, amino  
216 acids, phenols (tannins, flavonoids, stilbenes, anthocyanins, proanthocyanidins), iridoids and fatty  
217 acids.

### 218 3.1.1. Phenolic compounds

219 Twenty-four different phenols with different chemical structure were identified by the used analyses,  
220 in particular, one tannin, eight flavonoids, two stilbenes, one anthocyanin, five proanthocyanidins  
221 and two simple phenols were found.

#### 222 3.1.1.1. Tannins

223 Retention time and mass spectra allowed to recognize that peak 6 corresponded to galloyl-glucoside,  
224 which was detected for the first time in this study in grape or its by-products and only using the  
225 negative ionization mode (Romani et al., 2012; Yan et al., 2016).

#### 226 3.1.1.2. *Flavonoids*

227 Mass spectra and elution profile of extracts disclosed the presence of fourteen different flavonoids,  
228 including four aglycons and four derivatives. All the found flavonoids, except delphinidin, malvidin  
229 and isorhamnetin, were detected using positive and negative ionization mode and all of them have  
230 been previously described in grape or its by-products (de Araújo Rodrigues et al., 2019; De Villiers  
231 et al., 2011; Flamini et al., 2015; Hashim et al., 2020; Ji et al., 2015; Panighel et al., 2015; Pérez-  
232 Navarro et al., 2019; Perra et al., 2021). Aglycons and derivatives were detected in the extracts  
233 obtained by solid liquid extraction and those obtained by pressurized liquid extraction and they were  
234 catechin and catechin isomers (peaks 11,13, d and g); myricetin (peak k); quercetin (peaks 17 and l);  
235 fisetin (peaks 20 and n); quercetin-methyl ether (peaks 21 and o); delphinidin glucoside (peak h);  
236 malvidin caffeoyl-glucoside (peak i); isorhamnetin glucoside (peak j).

#### 237 3.1.1.3. *Stilbenes*

238 The only stilbene detected was  $\epsilon$ -viniferin, which was found in all the extracts only using the positive  
239 ionization mode. It was previously described in grape by Flamini et al. (Flamini et al., 2015).

#### 240 3.1.1.4. *Anthocyanin and proanthocyanidin*

241 Malvidin glucoside (peak e) and proanthocyanidin B2 isomers (peaks 9,12, b, e and f), were the only  
242 anthocyanin and proanthocyanidin respectively, detected in all the extracts, irrespective to the  
243 extraction method used. Proanthocyanidin B2 isomers were detected by using both ionization modes,  
244 while malvidin glucoside was detected only using the positive mode. These compounds have been  
245 largely described in bibliography in grape or its by-products (Jia et al., 2019; Pérez-Navarro et al.,  
246 2019; Perra et al., 2021).

#### 247 3.1.1.5. *Phenols*

248 Gallic acid (peaks 5 and a) was the only simple phenol detected by using both positive and negative  
249 ionization mode in the extracts obtained by solid liquid extraction and in those obtained by  
250 pressurized liquid extraction. This compound has been widely described in grape or its by-products  
251 (Gika et al., 2012).

### 252 3.1.2. Other polar compounds

253 According to mass spectroscopy data and the HPLC elution profile, six compounds were identified  
254 to be organic acids. According to this result, gluconic, tartaric, malic, citric acid and 2-isopropimalic  
255 acid (peaks 1,2,3,4 and 10) have been commonly found in grape or its by-products (Gika et al., 2012;  
256 Perra et al., 2021). The elution time at 16.3 and  $m/z$  203.0835 allowed to identify peak 7 as  
257 tryptophan, which was the unique amino acid detected solely in the extract obtained by pressurized  
258 liquid extraction. The elution time at 16.6 and  $m/z$  443.1927 allowed to recognise peak 8 as that of  
259 penstemide (or *epi*-DPA-G). Gallic acid has been detected using the two ionization modes, the other  
260 were detected only using the negative mode.

### 261 3.1.3. Fatty Acids

262 According to mass spectra and elution profile, eight fatty acids were found, among these, 3  
263 trihydroxy-octadecenoic acid (peak 19), hydroxy-octadecatrienoic isomer (peaks 27 and 29) and  
264 hydroxy-octadecatrienoic acid (peak 28), were detected in extracts obtained by solid liquid extraction  
265 and in those obtained by pressurized liquid extraction. Prostaglandin F1alpha isomer (peak 18), 13-  
266 hydroperoxy-octadecadienoic acid (peaks 24 and 26) and linolenic acid (peak 30) were recognised  
267 only in the extracts obtained by solid liquid extraction. Among these compounds, only linolenic acid  
268 has been previously described in grape (Della Corte et al., 2015).

### 269 3.2 Quantification of polar compounds by HPLC-ESI-TOF-MS

270 In order to quantify the number of polar compounds present in grape pomaces, four commercial  
271 standard molecules (gallic acid, catechin, epigallocatechin gallate and quercetin) were used to obtain  
272 calibration curves using the positive and negative ionization mode (Supporting information Table 1).

273 The other molecules were quantified by using the curve of gallic acid to quantify galloyl-glucoside,  
 274 that of catechin for catechin isomers, that of epigallocatechin gallate for proanthocyanidin b2 isomer,  
 275 malvidin-glucoside, delphinidin glucoside and  $\epsilon$ -viniferin, that of quercetin for malvidin caffeoyl-  
 276 glucoside, isorhamnetin glucoside, myricetin, fisetin and quercetin-methyl ether. The analysis of  
 277 malvidin-glucoside, delphinidin glucoside,  $\epsilon$ -viniferin, malvidin caffeoyl-glucoside, isorhamnetin  
 278 glucoside, myricetin, fisetin and quercetin-methyl ether were carried out by using the positive  
 279 ionization mode.

280 Considering that the regression curve of the used standards could differ from that of the compounds  
 281 actual present in the grape pomace extracts, their quantification/amount should be considered only an  
 282 estimation of their real concentration. Using these values, the extraction yield and the total content of  
 283 all polar compounds, as the sum of the concentrations of all the components, were calculated (Table  
 284 3).

285 **Table 3.** Predicted, experimental yield and concentration of total polar compounds (TPC), and  
 286 relative coefficient of variation (CV) calculated for the extracts obtained by pressurized liquid  
 287 extraction (PLE) or solid liquid extraction (SLE) at different experimental conditions (reported in  
 288 Table 1). Results were expressed in  $\mu\text{g}$  of analyte/g of grape pomace. Values  $\pm$  standard deviations  
 289 were reported.

	Yield (%)			TPC ( $\mu\text{g/g}$ of grape pomace)		
	Predicted	Experimental	CV	Predicted	Experimental	CV (%)
<b>PLE 1</b>	7.88	7.27	5.7	601.772	460 $\pm$ 13	18.8
<b>PLE 2</b>	5.86	6.02	1.8	582.447	612 $\pm$ 16	3.5
<b>PLE 3</b>	14.75	11.82	15.6	833.079	1059 $\pm$ 10	16.9
<b>PLE 4</b>	13.45	14.86	7.0	2841.61	2809 $\pm$ 30	0.8
<b>PLE 5</b>	7.88	8.15	2.4	404.746	330 $\pm$ 3	14.4
<b>PLE 6</b>	5.77	5.41	4.5	525.173	610 $\pm$ 14	10.5
<b>PLE 7</b>	13.45	12.62	4.5	2166	2125 $\pm$ 8	14.5
<b>PLE 8</b>	13.45	15.11	8.2	2214.54	2076 $\pm$ 41	14.3

<b>PLE 9</b>	25.26	27.05	4.8	587.551	526 ± 20	7.8
<b>PLE 10</b>	13.45	14.71	6.3	2214.54	2451 ± 39	7.2
<b>PLE 11</b>	5.86	6.48	7.0	932.447	1023 ± 16	6.6
<b>PLE 12</b>	23.25	20.67	8.3	1078.58	1249 ± 16	10.4
<b>PLE 13</b>	23.25	23.33	0.3	1948.3	2052 ± 39	9.8
<b>PLE 14</b>	12.16	11.70	2.7	1361.31	1064 ± 27	17.3
<b>PLE 15</b>	28.12	28.65	1.3	1295.74	1140 ± 14	9.0
<b>SLE 1</b>		11.35			235 ± 60	
<b>SLE 2</b>		4.79			67 ± 1	
<b>SLE 3</b>		7.12			929 ± 73	
<b>SLE 4</b>		6.40			1080 ± 58	
<b>SLE 5</b>		7.06			645 ± 2	

290

291 The total phenols for each family and individual compound concentrations in the two extracts were  
292 also calculated (Supporting Information Table 2 and 3). Results disclosed that the extracts obtained  
293 by pressurized liquid extractions contained a higher amount (330-2809 µg of analyte/g of grape  
294 pomace) and type of polar compounds ensuring a higher extraction yield than the extract obtained by  
295 conventional solid liquid extractions. This increase may be related to higher temperature and pressure  
296 used in this method, that facilitated the cell breakdown and consequently the release of  
297 phytochemicals from the grape tissues. The highest concentrations of compounds were obtained  
298 pleasing the conditions PLE 4, PLE 7, PLE 8, PLE 10 and PLE 13 (see Table 1 and Table 3), which  
299 permit to obtain 2809, 2125, 2076, 2452 and 2052 µg analyte/g grape pomace, respectively. In these  
300 experimental conditions temperatures above 110 °C and ethanol concentrations higher than 50 %  
301 were used (Table 1 and Table 3). When the solid liquid extraction was used, the highest recovery of  
302 polar compounds (1080 µg analyte/g of grape pomace) was reached using the extraction condition  
303 SLE 4 (blend of water 30 % and ethanol 70 %), while the lowest yield (4.79 %) and amount of polar  
304 compounds (67.18 µg of analyte/g of grape pomace) were achieved by using the condition SLE 2  
305 (blend of water 70 % and ethanol 30 %) (Table 3).

306 Considering the different phytochemicals groups, in general, pressurised liquid extraction achieved  
307 better results in terms of phytochemicals concentration. For flavonoids, the most abundant group,  
308 PLE 4, with ~ 1470 µg flavonoids/g grape pomace, represented the best experimental condition to  
309 obtain high quantities of flavonoids. Regarding solid-liquid extraction the best condition for  
310 flavonoids extraction was SLE 4, with ~ 300 µg analyte/g grape pomace. When SLE was performed  
311 these phytochemicals were extracted efficiently, but always in lower concentration that achieved by  
312 PLE. Despite being thermosensitive compounds, flavonoids required an increment of temperature for  
313 improving their extraction (around 110°C), for this reason lower and higher extraction temperatures  
314 achieved a lesser concentration of flavonoids. These results may indicate that temperature and  
315 pressure are needed to enhance the release of phytochemical from plant cell, and consequently, the  
316 extraction condition provided by PLE are suitable for flavonoid extraction.

317 Regarding anthocyanins recovery, PLE extracts were ranged from 0 to 933 µg anthocyanins/g grape  
318 pomace being PLE 7, the best extraction condition to recover these phytochemicals, whereas SLE 3  
319 and SLE 4, which were the best SLE conditions for these phytochemicals, revealed lower  
320 anthocyanins recovery, ~ 440 and ~ 540 µg anthocyanins/g grape pomace respectively. As with the  
321 extraction of flavonoids, anthocyanins are temperature-sensitive compounds, but looking at the  
322 results obtained, it can be seen, at the same ethanol concentration (50%) an increase in temperature  
323 (110 °C) is necessary to promote the extraction of these phytochemicals. For this reason, comparing  
324 SLE 3 (50% ethanol) and PLE 7 (110°C, 50% ethanol and 3minutes) it can be observed that more  
325 than twice as much anthocyanin is extracted when PLE is applied.

326 In addition, proanthocyanidins were another group detected in the extracts at high concentrations  
327 (Figure 2). These phytochemicals were found in higher concentrations in PLE extracts which were  
328 ranged from 0 to 1014 µg proanthocyanidins/g grape pomace, being PLE 13 the best condition to  
329 recover these phytochemicals. On the other hand, the concentration of proanthocyanidins achieved  
330 after performing SLE extraction were ranged from 0 to 90 proanthocyanidins/g grape pomace. This

331 large difference in concentration may be due to the need to apply high temperatures (around 180) to  
332 cause the separation of these compounds from the matrix (Cádiz-Gurrea et al., 2019), for this reason,  
333 SLE was not able to recover large amounts of these compounds as it was carried out at room  
334 temperature.

335 Regarding the minority groups in the extracts, PLE 12 ensured the highest tannins extraction (163µg  
336 of tannins/g of pomace), while the lowest results were obtained when PLE 9 were performed  
337 (Supporting information Table 2 and 3). Figure 2 shows how solid-liquid extraction is not a good  
338 technique for tannins recovery since their recovery is very low compared to PLE extracts (ranged  
339 from 0 to 77µg of tannins/ g of pomace). This may be due to the structure of these phytochemicals  
340 and their strong binding to the matrix, requiring the application of energy in the form of heat or  
341 pressure to achieve their separation from the matrix.

342 In addition, phenolic acids were found in range from 0 to 110 µg of phenolic acids/ g of pomace when  
343 PLE was applied being PLE 13 the best condition and 0 to 60 when SLE extraction were performed,  
344 being SLE 4 the best of them. As can be seen in Figure 2, the extraction of these phytochemicals was  
345 similar independently of extraction methodology applied.

346 Finally, stilbenes group was the least recovered phytochemicals. They were ranged from 0 to 32 µg  
347 of stilbenes/ g of pomace when PLE extraction were performed and from 0 to 13µg of stilbenes/ g of  
348 pomace during SLE extractions.

349 Considering these results, PLE reached higher extraction yield and higher TPC content, and  
350 consequently higher quality extracts, consuming less solvents and expending less time for extractions  
351 when it is compared with SLE. In this sense, PLE revealed to be a better technique to obtain extracts  
352 enriched with several phytochemicals from Cannonau grape pomace allowing for extraction  
353 processes that facilitate the achievement of a circular economy.

### 354 *3.3 RSM analysis of pressurized liquid extraction*

#### 355 *3.3.1 Model fitting*

356 As previously mentioned, the proposed experimental design was applied to maximize the individual  
357 response variables. An individual analysis of variance (ANOVA) for each response was performed  
358 to fit and optimize the statistical model (Table 4). The obtained fitting results followed a quadratic  
359 polynomial model (Eq. 1) and regression coefficients were the result of the method of least squares  
360 (Supporting information Table 4).



361 **Table 4.** Yield and total polar compounds found in the extracts obtained by PLE and quantified by the regression models as a function of A  
 362 (temperature), B (ethanol), C (time). Sum of squares (SS), degrees of freedom (Df), mean square (MS), F-ratio, p value, quadratic coefficient of  
 363 determination ( $R^2$ ) and percentage of coefficient of variation (CV) were reported.

Source	YIELD					TOTAL POLAR COMPOUNDS				
	SS	Df	MS	F-Ratio	P value	SS	Df	MS	F-Ratio	P value
<b>A</b>	637.167	1	637.167	8010.16	0.0071*	749188	1	749188	10.61	0.1897
<b>B</b>	9.25312	1	9.25312	116.22	0.0322*	352067	1	352067	4.98	0.2681
<b>C</b>	0.95474	1	0.95474	12.00	0.1789	586932	1	586932	8.31	0.2126
<b>AA</b>	23.6417	1	23.6417	297.21	0.0369*	3211290	1	3211290	45.47	0.0937
<b>AB</b>	2.89587	1	2.89587	36.41	0.1046	32681.3	1	32681.3	0.46	0.6197
<b>AC</b>	0.277577	1	0.277577	3.49	0.3129	89921.4	1	89921.4	1.27	0.4617
<b>BB</b>	5.63789	1	5.63789	70.88	0.0753	2357440	1	2357440	33.38	0.1091
<b>BC</b>	2.30368	1	2.30368	28.96	0.1170	7790.13	1	7790.13	0.11	0.7959
<b>CC</b>	0.141294	1	0.141294	1.78	0.4098	161688	1	161688	2.29	0.3718
<b>Lack-of-fit</b>	11.3353	4	2.83383	35.63	0.1232	257296	4	64323.9	0.91	0.6462
<b>Pure error</b>	0.0795448	1	0.0795448			70631.6	1	70631.6		
<b>Total (corr.)</b>	803.457	14				8864700	14			
<b>R<sup>2</sup></b>	0.986					0.963				
<b>CV</b>	≤ 3.37					≤ 7.02				

365 The first parameter to be considered for the study of the data variability was the coefficient of  
366 determination ( $R^2$ ). This indicator can be explained by the proposed mathematical model and  
367 consequently, it possesses the ability to predict the behaviour of the response variables. The obtained  
368  $R^2$  for total polar compounds was 0.963, indicating a good correlation, as well as those of flavonoids  
369 and anthocyanins, both very similar  $\sim 0.950$ , while that of tannins was the lowest (0.694), indicating  
370 a lower correlation (Supporting information Table 4).

371 Moreover, to verify the fitting quality of the used model the lack-of-fit test was also calculated. In  
372 this sense, most of the results of this test were non-significant ( $p > 0.05$ ), pointing out a good fit out  
373 of the proposed mathematical model (Table 4 and Supporting information Table 4). Moreover, the  
374 coefficient of variation, which explain the reproducibility of the experimental data compared to the  
375 ones predicted by the model, was always lower than 16, suggesting a small variability of the data and  
376 a great reproducibility (Table 4 and Supporting information Table 4) (Liyana-Pathirana and Shahidi,  
377 2005).

378 Additionally, 3D response surface plots were depicted to evaluate graphically the relationship  
379 between experimental parameters and response variables (Figure 3).

### 380 *3.3.2 Extraction yield*

381 The coefficient of determination of extraction yield was very high (0.986) due to the considerable  
382 part of the variance within data. In addition, the lack of fit value was not significant, and the  
383 coefficient of variation indicated a good reproducibility of the data ( $\leq 3.37\%$ ). All these statistical  
384 values permitted to confirm a great fit toward the proposed model which could be used to predict and  
385 optimize the extraction yield of grape pomace. The results from ANOVA underlined that temperature  
386 and ethanol concentration significantly affected the extraction yield ( $p < 0.05$ ), being temperature the  
387 most influent factor. In particular, individual and quadratic effects of temperature and individual  
388 effect of ethanol were the most relevant variables, which permit to optimize the extraction yield.

389 Considering the importance of these parameters, a model equation (Eq. 3) was obtained fitting  
390 experimental data and keeping only the significant parameters in the quadratic model:

391 Eq. 3 
$$Yield = 6.4467 + 0.0293 A - 0.0288 B + 0.0004 A^2$$

392 The extraction yields obtained by the Eq. 3 were ranged from 5.4 to 28.6 %. According to the results  
393 reported in Table 4, the highest yields were reached when temperature increased regardless the  
394 ethanol concentration used, these is also in accordance with results calculated by the Eq. 3, where the  
395 positive effect of temperature (linear and quadratic) allowed an increase of yield extraction, including  
396 using the extreme temperatures around 200 °C. The high extraction yield can be related to the better  
397 ability of high temperatures to facilitate the breakdown of cells, enhancing the release of  
398 phytochemicals toward the solvent. Moreover, in order to evaluate the prediction ability of the  
399 proposed experimental model, the values of yield obtained by the Eq. 3 and the experimental yield  
400 values (Table 3) were compared. The results revealed a slight variance (coefficient of variation  $\leq 3.37$   
401 %) confirming that the proposed equation permits to predict valuable values comparable to  
402 experimental ones. The most promising optimized conditions foresee an extraction at 200 °C, using  
403 18 % ethanol for 22 minutes, the theoretical yield that should be achieved is 30 %.

#### 404 3.3.3 Total polar compounds

405 The coefficient of determination of total polar compounds was very high, 0.963, indicating a huge  
406 variety of the results provided by the method. In addition, the lack of fit value was not significant,  
407 and the coefficient of variation results revealed a good reproducibility of the data ( $\leq 7.02$  %). The  
408 results revealed a great adjust of the proposed model which could be used to predict and optimize the  
409 extraction of polar compounds from grape pomace. After evaluating the ANOVA results, any factor  
410 had a significant effect on this response variable ( $p > 0.05$ ).

411 The amount of total polar compounds ranged from 330 to 2809  $\mu\text{g/g}$  of grape pomace. Higher  
412 recovery of phytochemicals were achieved when middle proportions of ethanol and temperature were  
413 used during large extraction cycles (Figure 2). This behaviour may be due to the simultaneous effect

414 of the dielectric constant of the blend of ethanol and water and the temperature applied, which  
415 synergically enabled the recovery of a high variety of phytochemicals. In spite of the ANOVA results  
416 for factor effects, the experimental results displayed that middle temperature and ethanol  
417 concentrations (at 110 °C and 50 % of ethanol respectively), regardless of the extraction time,  
418 achieved the highest contents of total polar compounds. Similarly, the prediction ability of the  
419 proposed experimental model was confirmed by the low variance (coefficient of variation  $\leq 7.02\%$ )  
420 and the selected optimized conditions were 129 °C, 55 % of ethanol and 22 minutes, which theoretical  
421 permits to extract 2731  $\mu\text{g}$  of total polar compounds in each g of grape pomace.

422 With the purpose of understand the behaviour of TPC response and the non-significant effect of the  
423 factors, since it was considered as a joint variable of different families of compounds, it was  
424 performed an individual statistical analysis of each chemical group detected in the evaluated extracts.  
425 In this sense, tannins, flavonoids, and stilbenes, which represent an important part of phenolic content,  
426 were not affected significantly by any factor (Supporting information Table 4). As mentioned  
427 above, despite revealing a good fitting (lack of fit  $>0.05$ ), the  $R^2$  presented a low value (0.694), and  
428 hence, the model cannot be used to predict its behaviour reliably. Although, flavonoids response  
429 variable was not affected significantly by any factor, the high  $R^2$  (0.929) and the results of lack of  
430 fit test ( $p>0.05$ ) revealed a good fitting of this response, allowing a reliable optimal conditions at  
431 139°C, 54% ethanol and 22 minutes, which were similar to optimal condition for TPC (129°C, 55%  
432 and 22 minutes). This result may be associated to the important contribution of this phenolic  
433 compound to the total phenolic content (Figure 2). Finally, stilbenes revealed an acceptable fitting to  
434 the model since  $R^2$  was 0.830 and lack of fit test was non-significant, pointing out that the optimal  
435 conditions proposed by the model (116°C, 95% and 6 minutes) would allow a predicted value of 33 $\mu\text{g}$   
436 od stilbenes/ g of pomace.

437 On the other hand, anthocyanins, proanthocyanins and phenolic acids presented a good fitting of the  
438 model, being anthocyanins the chemical group with similar optimal conditions that TPC (105°C, 54%

439 and 12 minutes). In the same way that flavonoids, its relevant contribution (2<sup>nd</sup> chemical group most  
440 abundant in the extracts) promoted these results. Moreover, it was negatively influenced by  
441 temperature, since at higher temperature, the recovery of anthocyanins was lower. For these reasons  
442 the optimum conditions for reaching the highest anthocyanins concentration should be performed at  
443 105°C, 54% and 3 minutes. However, proanthocyanins and phenolic acids revealed optimal  
444 conditions that are far from those at TPC (temperatures above 180 and more than 89% EtOH).  
445 Additionally, the factors presented different effect on these responses. For instance,  
446 proanthocyanidins were affected by temperature and time whereas phenolic acids were affected by  
447 temperature and ethanol. These results may be due to two reasons. Proanthocyanins are tightly bound  
448 to cellular structures and therefore require high temperatures to enhance their recovery (Cádiz-Gurrea  
449 et al., 2019). On the other hand, phenolic acids, which may be the result of thermal degradation of  
450 certain more complex phenolic compounds, such as tannins and flavonoids (Chaaban et al., 2017;  
451 Sebestyén et al., 2019). For these reasons, the optimum recovery temperature for these compounds  
452 may be so high (Supporting information Table 4).

453

#### 454 **4. Conclusions**

455 Circular economy promotes the shift of nowadays linear path production and consumption to circular  
456 ones, where wastes are no longer a problem but a resource, reducing the use of raw materials (Camana  
457 et al., 2021). According to the “new Circular Economy Action Plan” of European Commission “for  
458 citizens, the circular economy will provide high-quality, functional and safe products, which  
459 are efficient and affordable, last longer and are designed for reuse, repair, and high-quality  
460 recycling” (European Commission, 2020). The high efficiency of pressurized liquid extraction has  
461 been well established (Álvarez-Casas et al., 2014; Castellanos-Gallo et al., 2022; Ju and Howard,  
462 2003; Pereira et al., 2019). Compared to conventional solid-liquid extraction, pressurised liquid  
463 extraction allows to reduce solvent volume, ethanol concentration and extraction time (Nieto et al.,

464 2020). In this study, phytocomplexes from Cannonau grape pomace were obtained by solid liquid  
465 extraction and pressurized liquid extraction, and the methods were optimized by central composite  
466 design 2<sup>3</sup>. The proposed model allowed an accurate prediction of the two response variables since  
467 slight differences were found between predicted and experimental data. Temperature has proven to  
468 be the most relevant parameter in increasing the extraction yield, probably due to the cell break down,  
469 which enhance the phytochemicals releasing and the extraction yield. The content of total polar  
470 compounds was influenced by both, temperature and percentage of ethanol, as higher results were  
471 obtained with high temperature ( $\geq 110$  °C) and high concentration of ethanol ( $\geq 50$  %). Any  
472 significant difference in the composition of the extracts was detected as a function of the used  
473 extraction technique, however, as expected, pressurized liquid extraction has proven to be a more  
474 efficient process than solid liquid extraction and it can be successfully applied to wine-making by-  
475 products to obtain a phytocomplex enriched in phenolic compounds that can be successfully  
476 implemented in different health promoting sectors, such as cosmeceutics or nutraceuticals, closing the  
477 loop of the winemaking chain.

#### 478 **CRediT authorship contribution statement**

479 **Matteo Perra:** Investigation, Formal analysis, Data curation, Writing- Original draft preparation.

480 **Francisco-Javier Leyva-Jimenez:** Investigation, formal analysis, writing. **Maria Letizia Manca:**

481 Investigation, Data curation, Writing- Original draft preparation. **Maria Manconi:** Supervision,

482 Project administration, Writing - Review & Editing. **Hiba N. Rajha:** Review & Editing. **Isabel**

483 **Borrás-Linares:** Methodology, Investigation, Writing. **Antonio Segura-Carretero:** Methodology,

484 Investigation. **Jesús Lozano-Sánchez:** Methodology, Validation, Writing - Review & Editing.

#### 485 **Declaration of Competing Interest**

486 The authors declare that they have no known competing financial interests or personal relationships  
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663

664

665 **Figure 1.** Representative base peak chromatograms and extracted ions chromatograms of grape  
666 extracts obtained by solid liquid extraction (A and B) and pressurized liquid extraction (C and D)  
667 and analysed by HPLC-ESI-TOF-MS in negative ionization (A and C) or positive ionization mode  
668 (B and D).

669

670 **Figure 2.** Quantity of compounds ( $\mu\text{g}$  analyte/g of Cannonau grape pomace) found in the extracts  
671 obtained by pressurized liquid extraction (PLE) and solid-liquid extraction (SLE) using different  
672 experimental conditions. Mean values  $\pm$  standard deviations are reported in Supporting information  
673 Table 2 and 3.

674

675 **Figure 3.** Effect of pressurized liquid extraction factors on yield (A), total polar compounds (B),  
676 tannins (C), flavonoids (D), stilbenes (E), anthocyanins (F), proanthocyanidins (G) and phenols (H).