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ORIGINAL ARTICLE

Effects of memantine on mania-like phenotypes exhibited by *Drosophila Shaker* **mutants**

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Abstract

Introduction: Increased glutamate levels and electrolytic fluctuations have been observed in acutely manic patients. Despite some efficacy of the non-competitive NMDA receptor antagonist memantine (Mem), such as antidepressant-like and moodstabilizer drugs in clinical studies, its specific mechanisms of action are still uncertain. The present study aims to better characterize the *Drosophila melanogaster* fly *Shaker* mutants (SH), as a translational model of manic episodes within bipolar disorder in humans, and to investigate the potential anti-manic properties of Mem.

Methods and Results: Our findings showed typical behavioral abnormalities in SH, which mirrored with the overexpression of NMDAR-NR1 protein subunit, matched well to glutamate up-regulation. Such molecular features were associated to a significant reduction of SH brain volume in comparison to Wild Type strain flies (WT). Here we report on the ability of Mem treatment to ameliorate behavioral aberrations of SH (similar to that of Lithium), and its ability to reduce NMDAR-NR1 over-expression. **Conclusions:** Our results show the involvement of the glutamatergic system in the SH, given the interaction between the *Shaker* channel and the NMDA receptor, suggesting this model as a promising tool for studying the neurobiology of bipolar disorders. Moreover, our results show Mem as a potential disease-modifying therapy, providing insight on new mechanisms of action.

KEYWORDS

bipolar disorder, *Drosophila*, glutamate, memantine, NMDA receptor, *Shaker channel*

1 | **INTRODUCTION**

Abundant experimental evidence supports the hypothesis that dysfunction of the NMDA glutamate receptors (NMDAR) and the dysregulation of their trafficking, can contribute to different

neuropsychiatric disorders^{1,2} including Bipolar Disorder (BD).³ BD is a severe psychiatric disorder characterized by episodes ranging from depression to euphoria.^{[4](#page-10-2)} The heterogeneity of BD manifestation is expressed by the attempt to identify patient subtypes, based on the assessment of the overall brain morphology, brain region activation,

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[†]This work is dedicated to the memory of our dear friend and colleague Maria Collu.

functional connectivity, and white-matter integrity.^{[5](#page-10-3)} This complexity has propelled pharmacological research toward a highly inclusive drug design, aimed at targeting therapeutical hallmarks.^{[6](#page-10-4)}

Its pathogenesis is still unknown, but consistent literature suggests the presence of an underlying ionic homeostasis unbalance. Specifically, bipolar patients appear to have elevated intracellular sodium (Na⁺) levels, and free intracellular calcium (Ca⁺⁺) concentrations, as well as reduced $Na⁺$ and potassium-activated adenosine triphosphatase (Na⁺/K⁺-ATPase), or Na⁺ pump activity in erythrocytes.[7](#page-10-5) The same phenomenon has been replicated in cortical neu-rons of mutant mice as valuable models of mania.^{[8](#page-10-6)} Moreover, several clinical studies have strongly suggested a crucial role of altered glutamate levels and metabolism in the pathophysiology of BDs, $9-11$ although the specific mechanism by which this neurotransmitter boosts such disorders is still unclear. So far, clinical studies have demonstrated the efficacy of the non-competitive NMDAR antagonist Memantine (Mem), which is extensively used for Alzheimer's disease therapy¹² as an antimanic and as a mood-stabilizing agent in Lithium ($Li⁺$) resistant patients affected by BD. 13

Bipolar disorder features intermittent episodes of mania and depression, and several animal models attempt to recapitulate both components of this disorder.^{[14](#page-10-10)}

Symptoms of human mania include: increased motor activity, irritability, reduced need for sleep or changes in sleep patterns, aggressive behavior, increased sexual drive, distractibility, and risk-taking behavior.^{[15](#page-10-11)} However, since there are very few mammalian models that recapitulate all the human manic symptoms, *Drosophila melanogaster* (*Dm*) is a model organism owing to some specific advantages has also been used to study psychiatric disorders such as autism or schizophrenia^{[16](#page-10-12)} and the mechanism of drug action. Thus, this model could lead to a better understanding of the BD pathogenesis aiming to disclose, and/or deepen, knowledge in the mechanisms of action.

Previous reports have shown motor hyperactivity and sleep disorders in the Drosophila model of neurodegenerative diseases, due to a possible dysregulation of some potassium channels.¹⁷

Hyper-excitability, motor hyperactivity, and reduced sleep are also present in some *Dm* strains, such as the SH mutants, where such a gene (*SH*), located on the X chromosome, has its vertebrate counterpart in Kv1.1 gene.¹⁸

The resultant channel, named *Shaker*, is voltage-dependent with four subunits forming a pore, allowing the flow of ions, which carry a type-A potassium current.¹⁹ In *Dm* SH, a point mutation is present in the alpha-subunit of this tetrameric voltage-dependent potassium channel, and consequently, responsible for K^+ currents attenuation. Since such current is involved in repolarizing action potentials (APs), SH flies show less repolarization of APs. The mutation in the *SH* gene reduces the K^+ conductance in neurons, causing severe phenotypical aberrations in humans,²⁰ with behavioral alterations expressed by the mini sleep phenotype and their shortened lifespan. $18-21$ Notably, disturbances in sleep/wake rhythms, common comorbidity features in many psychiatric patients, and circadian abnormalities (including mutations in core clock genes), are associated with mood disorders such as depression and BD. 22 However, the real impact of wakefulness and sleep on synaptic plasticity and progressive neuro-degeneration awaits further confirmation.^{[23](#page-10-18)}

Moreover, based on the above specificities, *Dm* SH could also be suggested to model mania in terms of face, construct and predictive validity criteria.^{[24](#page-10-19)} For that purpose, we have better characterized the SH mutants' model and studied the effects of Mem in *Dm* Canton-S (WT) and SH as well as in comparison with $Li⁺$ in several behavioral features. Moreover, we have studied potential mechanisms encompassing both altered glutamate receptors subunits expression and the possible defects of *Shaker* channels.

2 | **MATERIALS AND METHODS**

2.1 | **Animals**

Adult male WT and SH mutants (Bloomington, Indiana), reared on standard cornmeal-yeast medium, in controlled environmental conditions (25°C, 60% RH, light/dark = $12/12$ h), were used. The SH phenotypes selection was conducted by using an ether-induced leg shaking, caused by the gene mutation.

2.2 | **Drugs**

Memantine HCl (Tocris) and Lithium Chloride (Sigma-Aldrich) were dissolved in distilled water and added to the diet.

2.3 | **Survival curves**

Cohorts (*n* = 80) of SH and WT were placed into vials. After their emergence from pupae, they were reared on a standard medium supplemented with Mem at different concentrations, or standard diet for control groups. Their survival rate was monitored daily. Data were collected from eclosion to death.

2.4 | **Sleep and motor activity**

The effects of Mem in SH and WT flies were monitored on day 14 and 21 of treatment, and 24 h of motor activity and sleep were recorded by the Drosophila Activity Monitors System (DAMS; Trikinetics). Flies were given 24 h to adapt to the experimental conditions prior to data collection. Ten - fifteen flies were gathered and placed in each monitor according to genotype (SH and WT) and experimental group (treated and controls). Locomotor activity was defined as the point in which a fly crossed and interrupted the infrared light beam in a single tube. Movement was recorded in periods of 1-min cycles. PySolo software²⁵ and a dedicated customized software package were used to elaborate data in sleep analysis. Sleep was defined as any period of uninterrupted behavioral immobility (0 counts/min), lasting >5 min.^{[25](#page-10-20)}

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2.5 | **Nuclear magnetic resonance spectroscopy (NMR)**

After 7 days of Mem-treatment, flies were anesthetized on ice before brain dissection. Samples of 100 brains were homogenized in Deuterium Oxide and centrifuged, and 80 μL of the supernatant from each sample were analyzed on a Bruker 400 MHz spectrometer.

2.6 | **Brain and body Li⁺ concentrations**

Fifty flies of both strains, untreated, and treated with 10 mM Lithium Chloride in the diet for 7 days, were used. Their heads were dissected, and their brain removed and isolated. Both bodies and brains were separately homogenized in Calf Serum, centrifuged, and the supernatant was used for the Li⁺ Assay Kit quantification (ab235613 Lithium Assay KiT; Biovision, Abcam). The ratio of the optical measurement was used to calculate Li⁺ concentration, and directly compared to its standard curve.

2.7 | **Glutamate content**

Sixty flies of both strains were used. Flies' brains were isolated, homogenized, and centrifuged in an assay buffer. The supernatant was used for the Glutamate assay quantification.

Glutamate content was estimated using Cell Biolabs' Glutamate Assay Kit (STA-674) based on a quantitative fluorometric assay, and therefore, determined by comparing the sample relative fluorescence unit (RFU) with the standard curve RFU (expressed as percentage of SH increase respect to WT).

2.8 | **Western blotting**

Brains (*n* = 30) were isolated and lysed in RIPA buffer (Sigma-Aldrich), and 10 μg of proteins were loaded onto a 4–15% SDS-polyacrylamide gel and transferred to a PVDF membrane (Amersham Hybond P; GE Healthcare). After 30 min in 5% skimmed dry milk in TBST, membranes were incubated with the primary antibody (goat anti-NMDAζ1, 1:500; Santa Cruz Biotechnology, sc1467 or goat anti-actin, 1:100; Santa Cruz Biotechnology sc1616), overnight at 4°C, followed by HRPconjugated donkey anti-goat IgG (1:2500; Santa Cruz Biotechnology, sc-2020) for 1 h. Protein bands were detected with Clarity Western chemiluminescent substrate (Bio-Rad), and signals were visualized by Image QuantTM LAS 4000. Quantitative assessment was performed by Image Studio Lite software in a densitometric analysis fashion.

2.9 | **Brain volume estimation**

SH and WT naive flies ($n = 10$) were anesthetized on ice and then immersed overnight in fixative (4% paraformaldehyde). Then, the flies were embedded in PBS-35% gelatin and their heads were sliced into

40 μm thick sections with a vibratome (Leica), mounted on slides, and processed for Nissl staining. A dedicated software (Stereologer; System Planning and Analysis, Inc.), linked to a motorized stage on the BX-60 Olympus light microscope, was used to analyze the total brain volume using the Cavalieri method.^{[26](#page-10-21)} The coefficient of error (CE) for each estimation and animal ranged from 0.05 to 0.1.

2.10 | **Body size analysis**

Ten naive flies of each strain, randomly chosen, were mounted-on slides. Images of the entire flies were captured using a Moticam 2300 (3.0 MPixel, USB 2.0) color digital camera, coupled with a stereomicroscope (Zeiss, Stemi 2000-C), and analyzed with Motic Images Plus 2.0 ML software. The body length, from the head to the end tip of the scutellum, was measured.

2.11 | **Statistical analysis**

Data are presented as means \pm SEM. Two group comparisons have been analyzed by means of *t* test, while multiple comparisons have been analyzed by factorial two-way ANOVA with the Strain and Treatment as between group factors. Before performing the abovementioned analyses, datasets have been inspected for normal distribution by using the Shapiro–Wilks test and for homogeneity of variances between the experimental groups with the Bartlett's test. When normal distribution of data and/or homogeneity of variances was not satisfied, statistical analyses were conducted as follows: in the case of two group comparisons, a Mann–Whitney *U* test was performed instead of a parametric *t* test; in the case of factorial analyses, datasets were at first transformed (i.e., *Y* = squared *Y*) and then inspected again for normality and homoscedasticity. This procedure allowed to obtain a normal distribution of data and homogeneous variances across the experimental groups; thus, the factorial ANOVA was applied. When two-way ANOVA revealed statistically significant interactions, sources of significance were ascertained by pairwise post-hoc analyses by using the HSD Tukey's test; in all the other cases pair-wise comparisons were performed by using two-tailed *t* tests with Bonferroni's corrected alpha values. For mortality analysis, Kaplan– Meier survival and statistical comparisons Gehan-Breslow-Wilcoxon test were used. Statistical analyses were all carried out with PRISM, GraphPad 8 Software, with the significance level set at *p*< 0.05.

3 | **RESULTS**

3.1 | **Characterization of the SH mutant**

3.1.1 | Motor activity and sleep

SH and WT flies were tested for their basal activity and sleep pattern at time zero (T_0) , corresponding to 1-2 days from enclosure. According to previous studies¹⁸ in Figure [1A,](#page-3-0) a statistically significant

FIGURE 1 Graphs illustrate the activity (A), total sleep (B), sleep episodes (C) and ratio (D) at time zero in naïve SH and WT flies and represent the mean ± SEM (24 h recording). Ratio was calculated as total time spent asleep and number of sleep episodes. *****p*< 0.0001 and ****p*< 0.001 in SH versus WT (Student's *t* test). (E) NMDA-NR1 expression in SH and WT naïve flies by Western blot analysis, semiquantitative protein expression was calculated as a ratio to β-actin. The values are the mean ± SEM of four experiments. ***p*< 0.01 (Mann–Whitney test). (F) Detection of glutamate in SH and WT brains by RFU standard curve and percentage of increase with respect to WT. ****p*< 0.001 (unpaired *t*-test). Morphometric analysis of brain and body flies. (G, H) micrographs (20×) showing WT and SH brain sections stained with Nissl. Volume and body size of SH and WT brains (I, J). ****p*< 0.001 (Student's *t*-test).

(*p*< 0.001) motor activity increase was detected in mutants versus WT flies. Similarly, statistically significant differences for total sleep (Figure [1B](#page-3-0)) and sleep episode number (Figure [1C](#page-3-0)), were observed (p < 0.0001). With the aim to better evaluate the sleep quality throughout a 24 h period, the ratio between total time spent asleep and number of sleep episodes, was calculated (Figure [1D\)](#page-3-0), resulting in robust differences between SH and WT groups (*p*< 0.0001).

3.1.2 | NMDAR-NR1 expression

In Figure [1E](#page-3-0) at T_0 , the comparison of densitometric data on Western Blots from WT and SH brains showed a relevant increase (*p*< 0.01) of NMDAR-NR1 subunit protein expression in SH compared to WT. Similar findings were obtained in another mutant, the Hk1, carrying an alteration in the potassium SH channel beta subunit, 27 by comparison with those of WT for NR1 expression (Figure [S2](#page-11-0)).

3.1.3 | Glutamate brain content

In order to prove that brain glutamate can contribute to the different behavior in SH, we proceeded in analyzing WT and SH brains for glutamate detection at T_0 . In SH brains we found a statistically higher presence of glutamate, expressed as a percentage of increase, over the WT strain (Figure [1F](#page-3-0), *p*< 0.001).

3.1.4 | Brain and body morphometric analysis

A morphometric analysis of SH versus WT flies at T_0 was carried out to understand whether the observed changes in NMDAR-NR1 subunit protein expression and glutamate levels in mutants, can correlate with an alteration in brain size. Using the Cavalieri's method, a smaller brain size, in terms of the average brain volumes, was estimated $(p < 0.001)$ in mutant SH compared to the wild type flies **1754 [|]** MOCCI et al.

(Figure [1G–I](#page-3-0)). In contrast, the whole-body size did not differ be-tween strains (Figure [1J](#page-3-0)).

3.2 | **Drug treatment**

3.2.1 | Effect of Mem-treatment on SH and WT lifespan

SH mutants displayed a shorter life span compared to WT (*p*< 0.0001, Figure [2A](#page-4-0)).

Mutant flies at 34 days after enclosure displayed a dramatic decay in their survival rate (about 50%), while about 6% were living longer, until 50 days.

For assessing Mem's ability to affect lifespan, both strains were supplied with Mem at various concentrations (0.05, 0.1, and 0.25 mg/g-diet) and compared with non-treated flies (Figure [2B\)](#page-4-0).

No statistically significant differences between Mem-treated and untreated mutants were noticed at the lower dose of 0.025 mg/ g-diet (data not shown).

Instead, a statistically significant difference (*p*< 0.01) between treated (0.05 mg/g-diet) and control mutants was found, (56 days survival vs. control). Such difference was enhanced at the higher dose of 0.1 mg/g-diet, resulting in a more statistically significant (*p*< 0.0001) survival rate (approximately 62 days vs. non-treated ones).

Nevertheless, Mem treatment failed to affect the lifespan of WT (Figure [S1](#page-11-1)). Conversely, at the highest concentration

(0.25 mg/g diet), Mem was proved to be toxic in both strains (Figure [2B;](#page-4-0) Figure [S1\)](#page-11-1).

The evidence that all behavioral effects result from Mem treatment is shown in Figure [2C,](#page-4-0) where the blue abdomen was due to ingestion of a color-marked Mem-enriched medium.

The NMR analysis detected the presence of Mem in treated SH brain flies, but not in untreated ones (Figure [2D\)](#page-4-0).

3.2.2 | Effect of Mem-treatment on motor activity and sleep

In agreement with the results obtained on life span, experiments on motor activity and sleep parameters were performed at the effective Mem concentrations of 0.05 and 0.1 mg/g-diet in both strains.

Following 14 days of Mem administration, a significant decrease of motor activity was evident for strain (*p*< 0.0001), and treatment (p <0.0001) factors, as well as for strain x treatment interaction (*p*< 0.0001) (Figure [3A,](#page-5-0) Table [1\)](#page-5-1). SH flies were subjected to a significant reduction of Mem induced activity at 0.05 and 0.1 mg/g-diet. On the contrary, no statistically significant difference was measured in the motor activity of Mem-treated WT when compared to untreated ones ($p = 0.9663$) (Figure [3A](#page-5-0)).

Motor activity was also downregulated in SH on day 21 of Mem treatment (Figure [3C](#page-5-0), Table [1\)](#page-5-1), with a statistically significant strain (*p*< 0.0001) and treatment-dependent effect (*p*< 0.0001). No

FIGURE 2 Lifespan in untreated WT and SH flies (A) and upon Mem administration at three different concentrations (B). Survival curves data are expressed as mean±SEM. *****p*<0.0001 between SH and WT flies and between SH treated with Mem 0.1 mg/g-diet and SH controls, ****p*< 0.01 between SH treated with Mem 0.1 mg/g-diet and SH controls ***p*< 0.01 between SH treated with Mem 0.05 mg/g-diet and SH controls (Kaplan–Meier survival curves; Gehan-Breslow-Wilcoxon test). Blue abdomen (arrow) of Dm reared on Mem medium/blue food dye (C). (D) Overlay of 1-H-NMR spectra of Mem hydrochloride (0.1 mg/g-diet) from drug standard (A) Mem-treated (B) and untreated SH brains (C).

FIGURE 3 Effect of Mem treatment on activity. Graphs represent values expressed as mean ± SEM in 24 h activity recording after 14 days (A) and 21 days (C) of treatment. Graphs B-B1 and D-D1 illustrate the 24 h time–course activity in WT and SH flies after 14 and 21 days of Mem treatment, respectively. # *p*< 0.001 in SH control versus WT control group and *****p*< 0.0001 between SH treated versus SH control group; ***p*< 0.01 in WT Mem treated versus WT control and **p*< 0.05 in SH treated versus SH control (Tukey's multiple comparisons).

	A (2 weeks)				B (3 weeks)			
	F values				F values			
Parameter	Strain	Treatment	Interaction	DF. n	Strain	Treatment	Interaction	DF, n
Activity (24h)	$17.93***$	$14.54***$	$12.48***$	1.2.2.263	$19.27***$	$27.15***$	0.118	1, 2, 2, 247
Total sleep (24h)	46.25****	65.70****	$30.22***$	1, 2, 2, 263	49.58****	56.48****	2.643	1, 2, 2, 239
N. sleep episode (24 h)	2.036	$8.003***$	2.296	1, 2, 2, 257	$9.399**$	$6.211**$	1.037	1, 2, 2, 239

TABLE 1 Effect of Mem treatment on activity and sleep in SH and WT.

Note: *F* values and significance levels from two-way ANOVAs for measures performed on data reported in Figures [3A,](#page-5-0) [4A,B](#page-6-0) (A) and [3C,](#page-5-0) [4D,E](#page-6-0) (B). *****p*< 0.0001; ****p*< 0.001; ***p*< 0.01; **p*< 0.05.

strain x treatment interaction effect was noticed, but a lower-order one-way ANOVA revealed a significant effect of 0.05 and 0.1 Mem mg/g-diet in the SH mutants. Similarly, a treatment effect induced by Mem at both doses was also present in WT flies (*p*< 0.01) when compared to WT control.

The analysis of time-course activity measured for 24 h on day 14 and 21 is illustrated in Figure [3B-B1 and D-D1,](#page-5-0) respectively. Interestingly, there was a common feature during the monitored period represented by a peak in motor activity from the 10 to 15-h interval in both strains, with specific significant values always expressed at 12 h between SH treated and SH control (*p*< 0.05).

Concerning the 24-h total sleep period, Figure [4A](#page-6-0) and Table [1](#page-5-1) depicts significant effects, from strain (*p*< 0.0001), treatment $(p < 0.0001)$, and strain \times treatment interaction $(p < 0.0001)$. Mem (upon 14 days of intake, both 0.05 and 0.1 mg/g-diet), was able to increase the total sleep in SH flies compared to WT, whereas after 21 days of treatment ANOVA disclosed significant strain (*p*< 0.0001) and treatment effects (*p*< 0.0001), but not strain x treatment interaction (Figure [4D](#page-6-0), Table [1](#page-5-1)). Mem elicited a significant increase of the total sleep time, both in WT (*p*< 0.0001) and in SH (p < 0.0001), with no statistically significant differences between the groups. A similar significant effect (*p*< 0.05) was

FIGURE 4 Effect of Mem treatment on total sleep and No. of sleep episodes. Graph values for total sleep (A–D) and No. of sleep episodes (B–E) are expressed as mean ± SEM in 24 h recording at 14 and 21 days of Mem-treatment. Graphs C (14 days) and F (21 days) illustrate the daily time course (intervals of 30-min) of the amount of sleep in treated and untreated WT and SH. # *p*< 0.001 in SH control versus WT control group; **** p <0.0001 between SH and WT treated versus respective controls; $^{\$}p$ <0.05 SH treated versus control, *p <0.05 SH and WT treated versus respective controls (Tukey's multiple comparisons test).

evident when monitoring the overall time course for the amount of sleep (Figure [4C–F](#page-6-0)).

Regarding sleep episodes, after 14 days of Mem (Figure [4B](#page-6-0)) both no strain and no strain x treatment-interaction was observed (Table [1](#page-5-1)). The one-way ANOVA highlighted the specific effect of Mem when administered to SH (p < 0.05), whereas the drug had no statistic value in WT ($p = 0.1909$). A significant effect of strain ($p < 0.01$) and treatment (p < 0.01) was evident also at 21 days, while no strain x treatment interaction was detected (Table [1](#page-5-1)). More specifically, one-way ANOVA indicated a significant effect of Mem treatment in the SH mutants (Figure [4E\)](#page-6-0) (*p*< 0.05), but not in WT (*p*< 0.1595).

3.2.3 | Effect of Li⁺-treatment on motor activity and sleep

To assess the presence of possible behavioral differences or analogies in comparison with Mem, adult flies from both strains were treated for a period of 14 days with Li^+ 10 mM.^{[28](#page-10-23)}

Similar to Mem, the Li⁺-treatment significantly reduced motor activity in mutants SH (Figure [5A,](#page-7-0) Table [2\)](#page-7-1) (*p*< 0.001), but no effect was found on WT.

The ANOVA test for the 24h total sleep (Figure [5C](#page-7-0)) on Li⁺ treatment showed statistically significant effects on all factors and their combination (p <0.0001). Total sleep increased in Li^+ -treated SH flies, but no significant effect was detected in WT ($p = 0.574$) Table [2\)](#page-7-1). As shown in Figure [5B,D](#page-7-0), the time course of the activity and the amount of sleep measured for 24 h, revealed a significant recovery (*p*< 0.05) of the SH treated group, with respect to untreated SH and WT.

In order to prove that Li⁺ induces the described behavioral effects by reaching flies' brains, we proceeded in analyzing WT and SH brains for Li⁺ detection and measurement. The analysis showed that drug concentration in treated brains SH and WT, was statistically higher compared to control groups (*p*< 0.05) (Figure [5F](#page-7-0)). Furthermore, the Li^{+} bodies concentration was significantly increased in Li⁺ treated SH (p < 0.01) and WT (p < 0.05) versus controls (Figure [5G](#page-7-0)).

FIGURE 5 Graphs (A) and (C) illustrate the activity recording and the total sleep expressed as mean \pm SEM (24h) after 14 days of Li⁺treatment; (B) and (D) the daily time course in the amount of activity and sleep (30-min interval) in 14 days Li⁺-treated and untreated WT and SH. *****p*< 0.0001 versus SH control; ****p*< 0.001 versus SH control, # *p*< 0.001 versus WT group; **p*< 0.05 between SH treated and respective control (Tukey's multiple comparisons test). Graph (E) represents the standard curve (ratio of the optical measurement), (F, G) depict Li+ concentration in brain and body respectively after Li+ (10 mMol) 14 days treatment. ***p*< 0.01 and **p*< 0.05 WT and SH treated versus respective control (Tukey's multiple comparisons test).

TABLE 2 Effect of LiCl on activity and total sleep in SH and WT.

Note: *F* values and significance levels from two-way ANOVAs for measures performed on data reported in Figure [5A,C](#page-7-0).

 $***^*p < 0.0001$; $***^*p = 0.001$; $*p < 0.05$.

3.2.4 | Effect of Mem on NMDAR-NR1 expression

Western blot analysis of whole brains of Mem-treated and untreated SH and WT was carried out to check the effect of Mem on the NMDAR-NR1 protein expression.

Two-way ANOVA on NMDAR-NR1 receptor subunit protein expression data from flies, fed for 14 (Figure [6A,B](#page-8-0)) and 21 days (Figure [6C,D](#page-8-0)) with Mem (0.1 mg/g-diet), revealed significant effects of strain (*p*< 0.0345 and *p*< 0.01) and treatment (*p*< 0.024

and p <0.002), but not a significant strain \times treatment interaction $(p<$ 0.2558 and $p = 0.0618$) respectively.

A lower-order analysis, performed by using one-way ANOVA, indicated a significant effect on both SH (*p*< 0.01 and *p*< 0.01) and WT (*p*< 0.05 and *p*< 0.05) treatment at 14 and 21 days respectively, determining a decrease in NMDAR-NR1 protein expression.

Original uncropped blots of replicates used for quantitative Western blot were provided in Figure [S3](#page-11-0).

FIGURE 6 Western blotting of NMDA-NR1 in Mem-treated and untreated SH and WT brain flies. Representative Western blots from WT and SH flies after 14 (A) and 21 (C) days of 0.1 mg/g-diet Mem treatment and controls. The dashed line in (A) indicates that unrelated lanes have been removed between samples. The graphs represent the expression of NMDA-NR1 at 14 (B) and 21 (D) days of treatment and control group. The values are expressed as mean ± SEM of four experiments. **p*< 0.05, ***p*< 0.01 memtreated versus controls flies. § *p*< 0.05, §§*p*< 0.01 SH versus WT both untreated (Mann–Whitney-test).

4 | **DISCUSSION**

Despite a shorter lifespan, behavioral disturbances of SH mutant flies encompassing reduced sleep time and motor hyperactivity, wellreplicated the same traits in most mood disorders $18-22$ and might be considered endophenotypes for the manic phase of BD. Therefore, in the present paper modeling genetically engineered Dm was exploited to examine Mem's benefits on behavioral activity and sleep patterns studying the neurobiology of mood disorders. Besides the overall impact of Mem on reducing the altered behavioral performances in SH mutants, the most interesting result was explicated by the extension of Mem mediated lifespan, and in association with an increase of brain glutamate (the main excitotoxic neurotransmitter), resulting in a concomitant reduction in the overexpression of the NMDAR-NR1 subunit. Furthermore, it was observed for the first time that SH mutants brain volume is smaller when compared to WT.

In particular, there was a statistically significant elongation of the survival rate in the SH mutants, already evident upon 0.05 mg Mem, but culminating with a double dose, not observed in WT flies. In this regard, similar results with Mem have been obtained in spinocerebellar ataxia type 1 (SCA1) knock-in (KI) mice, which mimic a progressive neurodegenerative disease caused by an extension of a CAG repeat in the Sca1 gene where Mem intake extended (about 10%) the short lifespan by possible inhibition of extra-synaptic NMDA receptors (NMDARs).[29](#page-10-24)

Our results clearly indicate that Mem treated flies are liable to lower their basal motor hyperactivity. This became apparent by the end of the second week, reaching a peak after 3 weeks, where the cumulative effect was also detected in the WT group. All these results agreed with the Mem mechanism of action, as an

uncompetitive voltage-dependent NMDAR antagonist which mainly inhibits a pathological state of the NMDARs when recruited extrasynaptically and activated for neuronal commitment to cell death, pointing to a determinant link with glutamate dyshomeostasis.^{[30](#page-10-25)} On the other hand, it has been ascertained that Mem antagonizes the motor hyperactivity induced by ouabain administration in rats, which represents a validated model of mania or maniac phase of bipolar disorder thus far. 31 As a matter of fact, ouabain, a potent Na/K-ATPase inhibitor, could increase the intracellular Na⁺ and Ca²⁺ levels, glutamate presynaptic release and postsynaptic opening of NMDAR ion channels, $32,33$ with consequent enhanced function of the NMDA system considering that membrane perturbations are likely present in the mutants given the Kv1.1 channel altered mechanism. Moreover, the same interpretation can be drawn assuming that Kv1.1 blockade, which is already in hippocampal slice cultures, is able to provoke an increase in glutamate release. 34 One reasonable explanation for the exclusive neurodegenerative role of extrasynaptic NMDARs, but not synaptic NMDARs, finds a link to myotoxicity because of the documented close contact with mitochondria. Whereas postsynaptic scaffolds are typically quite distant from mitochon-drial domains and, furthermore, spines usually lack mitochondria.^{[35](#page-11-3)} Therefore, Mem positive contribution could result from different quantitative competition toward NMDARs differentially located in neuronal cells. Indeed, our results are coherent with the glutamate involvement in toto brain measurement of glutamate, where content accounted for about 2.5-fold in SH when compared to WT.

Notably, in such flies, there is a high level of oxidative stress due to alterations in the metabolism of glutamate.³⁶ In turn, the oxidative stress is known to activate the glutamatergic neurotransmission, 37 which involves Mem as a putative candidate for such motor hyperactivity, considering the increased level of phosphorylated NMDA-NR1 (GluN1S896) in sleep-deprived mice.^{[38](#page-11-6)} Another important aspect of the present study entailed both total sleep and the number of sleep episodes in SH flies, which were significantly reduced compared to the WT flies, regardless of their age. On this matter, Mem effects on different sleep patterns found in SH flies replicated those observed for motor activity with clear signs of amelioration after drug administration. In particular, Mem elicited the determinant increase of the total sleep at both day 14 and day 21 of treatment, and conversely, ameliorated the sleep quality because of the reduction in the number of sleep episodes. Such results fit well with the observations obtained in humans, although the therapeu-tical target was represented by Alzheimer's disease patients.^{[39](#page-11-7)} The NMDAR protein expression was then examined in flies which had chronically undergone a Mem added diet. Surprisingly, the western blotting experiments showed overexpression of NMDAR1 (NR1) protein in untreated SH mutant flies compared to WT ones. In providing the simplest interpretation related to the used technique, the increased expression of the NMDA-NR1 subunit could be attributed to the overall detection, both at synaptic and extra-synaptic level, coming from the total protein content in the homogenate tissues.

On the other hand, this unexpected result might arise from the structural features of NMDARs, and the complexity in controlling their activity and trafficking. $2,40$ As a matter of fact, NMDARs, the primary subtype of glutamate-gated ion channels at the excitatory synapses mediating Na^+ and Ca^{++} flow into and K^+ ions out of the cell,¹ is a hetero-tetrameric plasma membrane channel made of two essential GluN1 and two modulatory GluN2 (A-D) subunits,^{[41,42](#page-11-8)} with some exceptions, for example, GluN3 instead of GluN2 subunits.^{[43](#page-11-9)} It is noteworthy that NMDARs are anchored to the plasma membrane by binding to more than 70 adhesion proteins,¹ and that, among them (at the PSD95 domain), there is an interaction between the intracellular C-terminal tails of NMDARs and the Shaker-type K^+ channels.^{44,45} In Dm, the PSD-95 family proteins is represented by a single homolog called Discs large (Dlg), expressed in both the nervous system and the epithelial tissues of the fly, and likewise PSD-95, which is concentrated in synapses and tightly associated with both presynaptic and postsynaptic membrane.⁴⁵ Dlg also binds to Dm Shaker K^+ channels in vitro and clusters of these channels in heterologous cells.^{[23,46,47](#page-10-18)} These previous studies have demonstrated that in sleep-deprived Canton-S males, both Bruchpilot protein expression – an essential constituent of the active zone of all synapses – and Dlg, were higher than in the control group, contributing to regulate not only glutamate release and postsynaptic structure, 48 but also con-trolling the postsynaptic clustering of glutamatergic receptors.^{[49](#page-11-13)} Thus, it is likely to assume that the SH mutants, through the alteration of the K^+ channel function, could be related to a glutamatergic system alteration.

Interestingly, it has also been reported that Mem and low doses of ketamine were able to inhibit GSK3β, which regulates NMDARs trafficking and function, with strong implications in both BD and Li⁺ effects. $50,51$ Indeed, a long-lasting reduction of ionic and synaptic

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current in cortical pyramidal neurons by NMDAR intervention, [52](#page-11-15) has been observed. Thus, the decreased expression of NR1 subunit observed in the present study, after chronic treatment with Mem, could be explained by a minimally increased glutamatergic transmission, as demonstrated by He and Bausch, 53 or it could be evoked by the serine-phosphorylation upregulation of GSK3 that is known to inhibit its activity, $50-54$ either directly or through the mediation of AMPA receptors.^{[55](#page-11-17)}

In support of the aggravation of oxidative stress in the SH mutants, the observation that brains from such flies displayed a smaller volume compared to the WT ones, although the whole-body measures tended to overlap. In favor of this, the lowered glutamate buffering capacity has been shown neurotoxic in Dm since it elicits oxidative stress and neuropil degeneration in the fly brain.^{[56](#page-11-18)}

Moreover, histological abnormalities, related to smaller cellular size of cerebral cortex pyramidal neurons, may be linked to the overall reduction of the brain architecture, leading to shrinkage of the gray matter involved in neurodegenerative processes elicited by glutamatergic insults.^{57,58} As a matter of fact, previous data have highlighted to what extent the rate of brain atrophy is increased in [neurodegenerative pathologies](https://www.sciencedirect.com/topics/medicine-and-dentistry/degenerative-disease) such as Alzheimer's disease, with neuronal loss spreading from [medial temporal lobes](https://www.sciencedirect.com/topics/medicine-and-dentistry/medial-temporal-lobe) to other regions of the brain detected by [imaging](https://www.sciencedirect.com/topics/medicine-and-dentistry/brain-imaging). Such results provide further confirmation of the glutamate role as a possible cause of the volume reduction.^{[59](#page-11-20)}

Moreover, the particular phenotype in *SH* mutants (i.e., decreased sleep and increased activity), associated to the reduction of superoxide dismutase activity after sleep deprivation, 60 could produce abnormal neurodevelopment, 61 dictated by the glutamatergic perturbations strictly depending on the mutated Shaker channels. On insufficient sleep, there is a similar trend in healthy human brains that are severely affected in the morphometric parameters with enhanced deterioration of neuronal plasticity, $62,63$ and even though abnormal cortical volumes have been found in bipolar patients, 64 a general consensus has yet to emerge.

In conclusion, in terms of translational medicine and psychiatry, so far, few pharmacological agents can target the glutamatergic system and have indication for the treatment of BD. Only S-ketamine has been recently approved (2019) in the United States by FDA and developed as a nasal spray formulation, despite its specific use against treatment-resistant depression. For the glutamatergic system, lamotrigine and Mem seem to ameliorate the BD symptoms, although only the first has official indication.^{[65](#page-11-25)} Because of that, the reported results may offer a promising start-up for the therapeutic use of Mem owing to its uncommon ability to improve motor activity and sleep parameters based on this simple model and providing some quantitative indications for the new mechanism of action. These indications are also validated by the comparative experiments with Li⁺, widely used as an antimanic and mood-stabilizing agent in BD.

Furthermore, this data, could validate Dm mutants as an alternative model to resolve some key issues concerning mood disorder, and at the same time, afford new mechanisms for better developing therapeutic agents. Finally, it must be pointed out, sleep **1760 [|]** MOCCI et al.

disturbances are important early pathognomonic "markers" for sev-eral neuropsychiatric diseases, including BD.^{[66](#page-11-26)} The opportunity to study alterations of sleep patterns in simple organisms such as the Dm, could represent a robust aid to predict and diagnose human dysfunctions at the beginning of their appearance.

AUTHOR CONTRIBUTIONS

M. Collu, M.D. Setzu conceived and designed the study. F. Cadeddu, M. Fanti, M. Collu, M.D. Setzu, V. Sogos, M.A. Casu, I. Mocci performed the experiments. M. Collu, M.D. Setzu, A. Liscia, M.A. Casu, I. Mocci, V. Sogos analyzed and discussed the data. M. Collu, M.D. Setzu, A. Diana, M.A. Casu, I. Mocci, V. Sogos wrote the paper. P. Muroni, G. Talani revised the manuscript. All authors reviewed and approved the submitted version.

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CONFLICT OF INTEREST STATEMENT

There are no conflicts among the authors.

DATA AVAILABILITY STATEMENT

Data are available to researchers on request for purposes of reproducing the results or replicating the procedure by directly contacting the corresponding author.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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