BACLOFEN FOR ALCOHOL USE DISORDER: CAGLIARI CONSENSUS STATEMENT

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Supplementary Appendix

Methods – Additional Information

A modified Delphi Process was used.¹ Six members (RA, RdB, PdLS, PSH, MH, PJ) drafted an initial document that was circulated by e-mail to all members before the initial meeting on May 25th, 2018. This was held in Cagliari, Italy, at the GABA_B Receptor Conference, in a post-conference closed session.

Participants to the group were experts in the use of baclofen for AUD in clinical research and/or clinical practice. Eighteen members (RA, RdB, LL, JMAS, GA, HJA, EMB, NF, JCG, PSH, PJ, ARLH, LO, AP, LMP, FP, BR, AS) joined the expert meeting. Another eight members (FC, JDC, PdLS, MH, KCM, CAM, AT, WvdB) were unable to participate but provided written comments before the meeting, and/or significantly contributed to the iterations after the meeting. The Chair (RA) led each phase of the process to ensure consistency across the stages of the consensus.

During the meeting, an initial discussion took place on the scope of the consensus statement and differences in experience and opinion. Then, each sentence of the initial document was removed, approved, or approved after modification, based on the discussion and a vote (for/against).

The modified and approved items were then drafted by another group (RA, EMB, PJ, AS). This first draft of the Consensus Statement was sent to all 26 members (Round 1) with a request to rate each item on a 1-5 scale (1 = strongly disagree, 2 = disagree, 3 = neutral, 4 = agree, 5 = strongly agree). All members were also asked to comment on any aspects of the wording that may require modification. Statements were then further modified, and any statement that one or more members rated < 3 was revised to address the areas of non-consensus. These revised statements were drafted and finalized, together with a draft of the full-text manuscript, by the coordinating workgroup (RA, LL, JMAS). The second draft was then sent to all members (Round 2) for a further iteration of rating, as described for Round 1. Statements were again revised by the coordinating workgroup and then sent to all members (Round 3). The final statements were approved by all members of the *Cagliari* Expert Consensus Group. This study adhered to the tenets of the Declaration of Helsinki² and was evaluated by, and considered exempt from, ethical committee oversight at the University of Cagliari, Italy.

References

- 1. Jones J, Hunter D. Consensus methods for medical and health services research. *BMJ* 1995; **311**:376-80.
- 2. World Medical Association. World Medical Association Declaration of Helsinki: ethical principles for medical research involving human subjects. *JAMA* 2013; **310**:2191-4.