



Facing COVID-19 challenges. What's so special in family businesses?

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Facing COVID-19 challenges. What's so special in family businesses?

Abstract

Purpose – This study aims to explore the main drivers that family businesses possess to strength their resilience during the COVID-19 crisis.

Design/methodology/approach – This study followed a quantitative method analysis through a multiple regression analysis based on a sample of 570 Italian family firms.

Findings – The results showed that job quality and innovation significantly stimulate family firms' resilience during the COVID-19 crisis.

Research limitations/implications – The study has several academic implications. First, the study contributes to family firm research by extending the studies on factors that significantly influence the concept of resilience; second, the work contributes to crisis management, offering suggestions to help other firms exceed COVID-19 crisis.

Practical implications – The findings of this study provide important implications for business owners and managers because family businesses can be a good model to follow by taking advantage of short-term opportunities and adapting new business models.

Originality/value – The present study clarifies the role of family firms' resilience, and it reveals how job quality and innovation play a meaningful role during the COVID-19 crisis.

Keywords Family business, Quantitative methods, Innovation, Job quality, Resilience, COVID-19

Paper type Research paper

1. Introduction

The COVID-19 pandemic has led us to an emergency that has revolutionised our lives, our way of working and living daily life. There is no shortage of people and firms that offer, in this climate of uncertainty, time, skills, and experience to develop new solutions and meet unique needs.

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9 Today more than ever we have understood how the surprise and the
10 unexpected are just around the corner and how we live in an unpredictable
11 world, where technology, innovation, social and political events,
12 environmental and market changes produce continuous and unexpected
13 challenges in the global scenario. In such an unstable reality, people and
14 organisations have to change their behaviours by improving their ability to
15 adapt continually and generate effective strategies to answer the upcoming
16 situations, and firms must deal with unknown contingencies that delineate new
17 paths affecting their survival.

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19 Resilience, here defined as the ability to adapt to change (Salisu *et al.*, 2020),
20 becomes the key to overcoming crises for individuals, organisations and society
21 (Liu *et al.*, 2020). Resilient businesses demonstrate a high degree of tolerance
22 to ambiguity, adapt quickly to changes, take advantage of those situations and
23 learn from their mistakes (Ayala and Manzano, 2014).

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25 Recent studies have claimed that family-run businesses, here defined as
26 firms owned and managed by members of the founding family, pervaded by
27 family beliefs and values and with a clear intention to pass on the business to
28 their offspring (Aronoff and Ward, 2001), are resilient in their nature because
29 more focused on resilience than on performance, renouncing to take full
30 advantage of the returns available in favourable economic times to increase
31 their chances of survival in less good times (Conz *et al.*, 2020). Moreover, with
32 their long-term vision, the attention toward reputation, and the interest in
33 preserving the affective endowments of family owners, family firms tend to
34 focus more on business continuity and not on mere profit, allowing a future not
35 only for the incumbents but also for successors (Gomez-Mejia *et al.*, 2011).
36 Besides, family firms' resilience emerges also concerning financial concerns.
37 Scholars have underlined that family firms experience higher growth than non-
38 family businesses, with a lower degree of debts than their counterparts,
39 demonstrating a higher ability in resisting market shocks (Corbetta *et al.*, 2014).
40 These assumptions underline the extraordinarily family firms' ability to deal
41 with a crisis and deserve to be deeply analysed to understand how and why
42 family firms behave in this sense, showing resilience, flexibility and
43 adaptability in uncertain conditions.

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45 However, agreeing with Duchek (2018), despite the importance resilience
46 has for firms' success and ability to respond quickly to change, there is a lack
47 of studies on which factors can strengthen resilience on family businesses that,
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9 playing a relevant role worldwide and dominating the economic landscape
10 (Chrisman *et al.*, 2007), not only from the point of view of the number but also
11 in terms of wealth produced and of the employed workforce (Astrachan and
12 Shanker, 2003), deserve to be deeply studied as wealth creators and innovators
13 (Kraus *et al.*, 2016).

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15 Some scholars (Muñoz de Bustillo *et al.*, 2016) argued that innovation and
16 job quality are connected by different mechanisms, such as productivity
17 increase, changes in the type of tasks performed with direct implication on job
18 quality and innovation driven structural change, but few studies explore the link
19 of these factors with the concept of resilience on family businesses.

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21 This work intends to contribute to filling this gap, problematising the topic
22 (Alvesson and Sandberg, 2011), and examining whether and how two specific
23 factors – job quality and innovation - can lead towards the resilience in family
24 firms during the COVID-19 crisis, by answering the following research
25 question:

26 *Do job quality and innovation strengthen family firms' resilience during the*
27 *COVID-19 crisis?*
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29 This study adopts a quantitative approach, gathering data from a random
30 sample of 570 Italian family firms. Findings show that job quality and
31 innovation play a relevant role in family businesses' resilience, allowing them
32 to quickly manage and adapt their business models during the COVID-19
33 pandemic. The scholar contributions are twofold, shedding new lights on both
34 family business and crisis management literature, while, for practitioners,
35 findings suggest practical ways to face contingent difficulties and adapt
36 business models during crisis periods.
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39 **2. The COVID-19 crisis: a global phenomenon**

40 The beginning of 2020 was marked by the COVID-19 pandemic which, starting
41 from China, invaded the whole world, hitting and putting numerous states in
42 health and economic difficulties.
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44 Coronavirus was first identified by health authorities in Wuhan (Hubei
45 province in China) on December 31, 2019, in a seafood market, which was
46 closed by local authorities on January 1, 2020 (Huang *et al.*, 2020; Zhu *et al.*,
47 2020), immediately after their epidemiological alert statement. By that time, 41
48 people had already been infected (Huang *et al.*, 2020). Early investigations
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9 concluded that the diseases were caused by a new virus transmitted from person
10 to person (Chan *et al.*, 2020).

11 In the following months, the virus spread worldwide, first hitting Europe,
12 then the United States and finally Latin America and exponentially increasing
13 the number of infected people. As of March 11, 2020, 118,319 cases had been
14 confirmed worldwide, and the WHO Director-General declared COVID-19 a
15 "pandemic" (World Health Organization, 2020), which is a worldwide
16 epidemic affecting large numbers of people across borders (Last *et al.*, 2001).

17 This utterly unexpected pandemic has surprised all the world states which,
18 finding themselves unprepared, have had to make critical and complicated
19 decisions in a short time. European business activity collapsed more than at the
20 end of the Second World War (Badkar and Greeley, 2020). In Italy, around 2.2
21 million firms have due lockdown their activities, leading to an unprecedented
22 fall in consumption and income for 7.4 million employees (Rapaccini *et al.*,
23 2020); and industrial production decreased by 28.4% (29.3% when compared
24 with March 2019), which was the worst data in any EU country (Eurostat,
25 2020). Moreover, in the first quarter of 2020, Italy's stock exchange
26 experienced a high-low decline of 42% (Ding *et al.*, 2020).

27 This crisis has a powerful impact on many sectors, from catering to tourism,
28 transport, and manufacturing (Chinn *et al.*, 2020). Other sectors, on the other
29 hand, have benefited from this pandemic and have increased their turnover, one
30 of these is undoubtedly the one linked to hygiene and cleaning, due to the
31 stringent regulations passed by the WHO, for the cleaning of all public spaces
32 and shops and restaurants (Chinn *et al.*, 2020).

33 However, even in this devastating crisis, the family business continues to
34 present itself stronger than all others with different corporate structures. The
35 yield data for the first six months of the year confirm that family businesses
36 tend to have above-average defensive characteristics that allow for a good
37 holding, especially in times of market stress, considering the year-to-date
38 figure, which expresses an outperformance of around 300 basis points
39 compared to non-family businesses (Global ESG Research Product di Credit
40 Suisse, 2020).

41 In general, COVID-19 pandemic has caused a crisis that promises to become
42 one of the most important in history since it has affected the world economy
43 and has caused many victims worldwide.
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3. Theoretical background

3.1 Resilience in family firms

Resilience refers to the entrepreneur's ability to adapt to change (Salisu *et al.*, 2020), and help individuals, organisations and society to face challenges and new economic and social effects (Liu *et al.*, 2020). In addition, resilience represents the ability to overcome a difficult situation, finding a new equilibrium (Folke *et al.*, 2002; Plummer and Armitage, 2007; Walker *et al.*, 2004), and depends on the context, the situations, and the entrepreneur and his experiences (Conz *et al.*, 2020). According to this perspective, firms have to develop and strengthen their adaptation to survive. The resources and capabilities that firms exploit to build responses and their inherent characteristics, lead to better performance when the balance changes (Ates *et al.*, 2011; Pal *et al.*, 2014).

Several scholars show that family firms are in a privileged position to strengthen their resilience because they mobilise their resources to keep their businesses more prone to adapt to change (Amann and Jaussaud, 2012) and tend to outperform non-family businesses financially (Van Essen *et al.*, 2015; Minichilli *et al.*, 2016).

Periods of crises are accompanied by unexpected challenges that generally require rapid and decisive strategic decision-making (Ritchie, 2004), and family businesses have always been particularly good at reacting quickly, decisively and creatively (Ward, 1997) to acute situations. Arising from the centralised decision making of family businesses and their owners' simultaneous ownership stock (O'Brien *et al.*, 2018), family and business information, procedures and processes are less complicated, and decision-makers can react quickly focusing on both the company and family interests (Tagiuri and Davis, 1996; Leenders and Waarts, 2003). Moreover, owning families influences and controls key decision-making processes (Carney, 2005; De Massis *et al.*, 2013), leading to increased strategic flexibility through fewer formalisations and procedures (Carney, 2005).

In this sense, family firms appear to be suitable to deepen the analysis of factors that stimulate resilience. Specifically, we focus on whether and how job quality and innovation influence family firms' resilience.

3.2 Job quality

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Over the past two decades, the factors affecting job quality in firms have been the object of growing attention in academic studies (Burchell *et al.*, 2014; Eurofound, 2012).

According to Burchell *et al.* (2014), the origin of this important area of research can be traced back to the notion labelled “quality of working life”, and later studies addressed productivity by skill level, the degree of job control, participation at work and job security.

This evolution was driven by the multidimensional nature of job quality analysis (Burchell *et al.*, 2014; Eurofound, 2012). “Quality of working life” is defined as individuals' subjective perception of their jobs. Its subsequent corollaries, “job quality” and “quality of work” assess objective job content and the work environment.

In family businesses the job quality can be considered a means to sustain the firm in the long term and sustain the family over generations (Nordqvist and Melin, 2010), ensuring the preservation of family socioemotional wealth (Gomez-Mejia *et al.*, 2011). This factor is crucial (Cruz and Nordqvist, 2012) because it influences governance, processes, resources, and decision-making, limiting conflicts (Lumpkin and Brigham, 2011).

In general, several authors assert that job quality improves the satisfaction of employees (Muse *et al.*, 2008) because they positively influence and modify work autonomy, social support (Morgeson and Humphrey, 2006), and work-family as well as work-life interfaces (Casper and Buffardi, 2004).

Thus, we posit that job quality is a fundamental element to sustain the desired competitive advantage to address the crisis (Slater and Olson, 2000; Ireland *et al.*, 2001) and improve resilience (Sulphery, 2020; Salvato *et al.*, 2020).

3.3 Innovation

Innovation implies change or novelty (Tidd and Bessant, 2018). According to Schumpeter (1939), economic development directly depends on innovation, understood as new products, new processes or production methods, new markets or even new supply sources. Today, the concept of innovation has been extensively examined and improved (Boons and Lüdeke-Freund, 2013; Schneider and Spieth, 2013); however, the central concept of novelty as a determinant of economic change and progress has been preserved. West and Anderson (1996) define innovation as introducing and applying processes, products or procedures that are new to the firm and intended to benefit the

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9 company and its stakeholders, including society at large. This definition
10 emphasises that innovation refers to intentional attempts to seek benefits from
11 change by promoting innovation's practical utility.

12 This study focuses on the concept of innovation as strategic business
13 renewal. Research shows that business model innovation is triggered by
14 external developments such as changes in the competitive environment or new
15 technologies (Pateli and Giaglis, 2005). Wenzel et al. (2020) summarise that
16 innovating is a coping strategy that has sustainable effects and can make the
17 firm stronger for the future, especially for situations where new ways to
18 generate revenue are needed.

19 Due to their ability to absorb external shocks, family firms appear incredibly
20 innovative because of their proclivity to identify new solutions and new
21 activities and redesign management practices (Mzid *et al.*, 2019).

22 Under these assumptions, a crisis requires firms to think openly about new
23 things (Roy *et al.*, 2018) to overcome organisational inertia, by provoking
24 innovative actions and stimulating individuals to engage in creativity and
25 original agility (Akgün and Keskin, 2014).

26 Innovation, in this view, affects resilience (Sabahi and Parast, 2020; Todt
27 *et al.*, 2018; Senbeto and Hon, 2020).

31 32 **4. Hypotheses development**

33 Several studies link the concept of resilience to job quality, considering the
34 intrinsic qualities (Eurofound, 2012) such as job satisfaction, motivation, social
35 environment, physical and emotional health as an essential economic growth
36 engine, competitiveness and well-being of the firm (Judge *et al.*, 2001; Swider
37 *et al.*, 2011).

38 They find that job quality serves as the foundation of economic resilience to
39 promote faster recovery from crises (Hudgins, 2016; Larson and Luthans, 2006;
40 Matos *et al.*, 2010).

41 Employees who are satisfied with their job and feel good about it are
42 supposed to be able to act more effectively and to achieve higher performance
43 than those who are not satisfied with their job and who invest energy in coping
44 with negative situations (Tugade and Fredrickson, 2004).

45 Family business scholars underline that how fundamental family firms
46 characteristics (goals, intentions for intrafamily succession, governance, risk
47 propensity, and others associated with job quality) are managed can affect the
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9 ability of family firms to be resilient (Patel and Fiet, 2011; Sharma and Salvato, 2011). Recent studies have found that contingencies and events can disrupt
10 entrepreneurial resources, implying a renewal of strategic and corporate
11 entrepreneurship of family businesses, that, under their long-lasting
12 perspective, appear able to turn adversities into opportunities better than their
13 counterparts if they are in a supportive and motivating work environment
14 (Roux-Dufort, 2007; Williams and Shepherd, 2018).

15 Thus, the first hypothesis would be:

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19 *H1.* There is a significant association between job quality and resilience in
20 family firms during the COVID-19 crisis.
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23 On the other hand, many authors sustain that the firms' proclivity to innovate
24 and reorganise the business model involves adaptation and transformation
25 (Dahles and Susilowati, 2015; Larsson *et al.*, 2016), and, consequently,
26 influence resilience as the ability to adapt and survive in turbulent times (Biggs,
27 2011; Duarte Alonso and Bressan, 2015). As pointed out by some authors
28 (Abdullah *et al.*, 2018), an innovative approach to a crisis involves
29 entrepreneurs using their initiative to apply innovative ideas.
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31 Miller *et al.* (2015), deepening innovation in family firms, argue that family-
32 run businesses are known for their patient financial capital, which may be
33 necessary to innovate and survive across time, improving the ability to resist
34 and adapt behaviours to face challenges.
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36 Moreover, family firms' ability to renew requires innovation, and family
37 firms' specificities provide advantages that are difficult to be imitated (Patel
38 and Fiet, 2011; Mzid *et al.*, 2019) because family relationships allow family
39 members to evaluate ideas and try to solve problems and to seize opportunities
40 (Chirico and Salvato, 2016) especially during crises. Amann and Jausaud
41 (2012) note that during the crisis, investment in innovation (in a broad sense)
42 ensures family firms as effective means to resist. The authors introduce the
43 concept of 'ritualised ingenuity', underlying that family businesses move from
44 a crisis into a recovery phase by better mobilising their resources to their non-
45 family counterparts. Thus, the second hypothesis would be:
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48 *H2.* There is a significant association between innovation and resilience in
49 family firms during the COVID-19 crisis.
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10 Figure I synthesises the illustrated concepts and hypotheses in the following
11 model:
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14 **(Please insert figure I about here)**
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16 **5. Methodology**

17 *5.1 Sample and data collection*

18 A quantitative survey method has been utilised for this study. The quantitative
19 method involved descriptive statistical analysis; therefore, data were analysed
20 using the Statistical Package for the Social Sciences (SPSS), version 22.0
21 (Corp, 2013). Survey questionnaires were administered to identify whether job
22 quality and innovation have a significant association with the resilience in
23 family firms during the COVID-19 crisis.
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25 Regarding the information collection technique, taking into account the
26 restrictions derived from the spread of the COVID-19 pandemic, it was decided
27 to use an internet survey with CAWI (Computer Assisted Web Interview)
28 mode, using a structured questionnaire with closed-ended questions. Data were
29 collected in the second semester of 2020.
30

31 This paper's empirical data originate from a study exploring a random
32 sample of 570 Italian family firms. Sample characteristics included informant's
33 position, sector, generation, number of employees (see Table 1). In total, 800
34 firms were randomly selected from a family-business database, and a survey
35 was mailed to the firms. The sampled family firms showed positive income and
36 profits, despite the COVID-19 crisis. After sending the questionnaire on-line,
37 673 surveys were returned, of which 570 contained sufficient data to be
38 included in the analysis.
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42 **(Please insert table 1 about here)**
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45 The questionnaire had four statements for each variable, thus ensuring the
46 minimum number of items required for content validity (Hair *et al.*, 2009). The
47 questionnaire consisted of two main sections: the first related to firms details
48 and the second to 12 items based on a 1–5 Likert scale (Allen and Seaman,
49 2007) to reveal the relationship between job quality and innovation with the
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9 resilience in family firms during the COVID-19 crisis. Table 2 shows the
10 statements developed based on the literature review.
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13 **(Please insert table 2 about here)**

14 The questionnaire was pilot tested before the leading survey on 10 family firms.
15 Following several modifications to the layout, order, and wording of some
16 items, the questionnaire's internal reliability was greater than 0.7, calculated via
17 Cronbach's alpha. Alpha coefficients below 0.6 are weak in reliability, 0.6-0.8
18 are moderately strong, and 0.8-1.0 are very strong in reliability (Malhotra,
19 2004). The relationships among the items are reliable for further analysis. Table
20 3 shows the reliability test for each variable.
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24 **(Please insert table 3 about here)**
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26 To test the data collected's quality, although the sample selection was random,
27 a no-response test was performed to check for bias. Following Armstrong and
28 Overton (1977), no significant differences were found in study variables
29 between the first and last interviewee, suggesting that response bias was not a
30 problem (Kanuk and Berenson 1975; Oppenheim, 2000).
31

32 The final version of the questionnaire was approved by two academic
33 experts in the field of management, following a content validity method
34 (Churchill, 1979), and then submitted to a sample of 800 Italian family firms.
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36 Ethical aspects were considered and respected throughout the
37 implementation of the study through informed consent. Moreover, the research
38 objective was clearly stated and presented to the respondents before filling the
39 questionnaire. Anonymity was guaranteed, and authorisation was obtained to
40 gather data and to use the collected information for scientific and academic
41 purposes.
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43 **6. Results**

44 Multiple regression analysis is a statistical technique used to test the
45 relationship between more than one independent variables and a single
46 dependent variable, given the condition that both variables must be metric (Hair
47 *et al.*, 2006). Therefore, it is applied in this study to examine the metric data of
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9 job quality and innovation (two independent variables) and resilience in family
10 firms during the COVID-19 crisis (one dependent variable), respectively.

11 The following hypotheses were tested:

12 *H1.* There is a significant association between job quality and resilience in
13 family firms during the COVID-19 crisis.

14 *H2.* There is a significant association between innovation and resilience in
15 family firms during the COVID-19 crisis.

16 According to Table 4, a significant value for job quality is 0.000 ($\beta = 0.274$),
17 which indicates that job quality towards resilience is more than 99.99% (p-
18 value<0.01). Therefore, H1 is supported, which indicates that job quality value
19 directly relates to the resilience of family firms during the COVID-19 crisis.
20 This means that, if job quality value is high, family firms' resilience will be
21 higher and they will have a high intention to be more motivated thanks to the
22 social environment, the physical and emotional health favourable, to identify
23 opportunities to face up to the crisis.

24 As regards the hypothesis H2, a significant value for innovation is 0.000 (β
25 = 0.342), which indicates that innovation towards resilience is more than
26 99.99% (p-value<0.01). Therefore, H2 is supported, which indicates that
27 innovation value directly relates to family firms' resilience during the COVID-
28 19 crisis. This means that, if innovation value is high, family firms' resilience
29 will be higher and they will have a high intention to reorganise, adapt, transform
30 and create a new business model to face up to the crisis.

31 The coefficient of determination (R^2) was 0.540, which means that the two
32 independent variables can explain 54% of family firms' resilience during the
33 COVID-19 crisis. Thus, the effect size for this study is large. The proposed
34 model was adequate as the F-ratio = 78.602 (p-value = 0.000) was significant
35 at 1% level (p< 0.01).

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44 **7. Discussion and Conclusion**

45 To answer our research question, whether job quality and innovation strengthen
46 family firms' resilience during the COVID-19 crisis, we carried out a
47 quantitative study on a sample of 570 Italian family firms. Results of our study
48 showed that job quality and innovation have strengthened family firms
49 resilience during COVID-19 crisis. Specifically, the sampled family firms
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9 stated that they initially suffered a decline in their turnover, resulting in a
10 consequent reduction in sales. In a short time, they changed their business
11 model, investing additional resources in other activities and initiatives that
12 immediately brought benefits in terms of income, employment and market
13 share thank job quality that has permitted to have employees more motivated
14 and more proactive to change. Their job quality and innovation proclivity
15 rooted in the essence of being a family business, that is in the intention of
16 surviving across generations, have stimulated their ability to adapt their
17 business to the changing conditions of the market and the environment, thus
18 managing to respond promptly and actively to the crisis generated by the
19 pandemic. Findings demonstrated that firms' ability to reorganise their
20 business, generating new ideas and strategies, and introducing innovations
21 (considered in a broad sense), together with proactivity and risk-taking, have
22 stimulated firms' resilience and, thus, adaptation and, in turn, have produced an
23 overcoming the difficulties of the particular unfavourable situation. In other
24 words, this empirical study provides some significant evidence of how job
25 quality and innovation can contribute significantly to family firms' resilience
26 during the COVID-19 crisis in Italy.
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30 Findings show academic and practical implications.
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32 **8. Scholarly implications**

33 Scholarly implications are twofold. First, our study contributes to family firm
34 research by extending the studies on factors that significantly influence the
35 concept of resilience. While there are explicit threats from the COVID-19
36 pandemic, there are also opportunities to arise out of such crises. Our finding
37 showed how family firms had approached the uncertainty in a way that keeps
38 them healthy and useful during this challenging time. The pandemic forced
39 everyone out of the status quo, inviting stakeholders to develop innovative
40 solutions to respond to today's pressing needs. Family firms analysed focused
41 on what they know, who they are, and where they want to be, utilising this crisis
42 how a transformative opportunity. Our findings reveal family firms'
43 extraordinary resilience, job quality and innovation with family, employees,
44 and external stakeholders facing the COVID-19 crisis. To search for solutions,
45 reorganise, transform, and create new business models are valid alternatives
46 adopted to face the COVID-19 crisis. Many family firms sought to make sure
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9 also emphasising the importance of personal and frequent communication and
10 interaction with employees with a strong sense of belonging and commitment.
11 Smart working, home delivery, and digital technologies have changed the way
12 employees think and allow family firms to identify new and unexpected
13 strategic opportunities (Nambisan *et al.*, 2017; Tilson *et al.*, 2010).

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15 This extends and strengthens prior literature proposing that, even during
16 crises, family firms benefit from the ability to adapt to change (Salisu *et al.*,
17 2020), to be innovative, flexible and responsive to external crises (Doern, 2016;
18 Anthopoulou *et al.*, 2017; Branicki *et al.*, 2018; Lintner, 2019; Manning *et al.*,
19 2019).

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21 Secondly, our work contributes to crisis management, offering suggestions
22 to help other firms exceed COVID-19 crisis. Our empirical findings show that
23 family firms follow different approaches to deal with the crisis, and these
24 strategies can help other firms in this challenging moment: job quality, loyalty,
25 commitment, leadership, and identity. Findings, in this sense, extend other
26 studies that have analysed family influence in the firms' activities (Conz *et al.*,
27 2020), by underlying whether and how this can sustain family firms also in that
28 that appears to be one of the worst crisis of the history. Existing literature and
29 prominent media examples show that family firms may react faster in crises
30 than their non-family counterparts (Ates *et al.*, 2011; Pal *et al.*, 2014).
31 According to some researchers (Astrachan and Shanker 2003; Chua *et al.*,
32 1999), the existence of the family and its active involvement in the management
33 and management of the business represents the first element capable of
34 differentiating family businesses from those of other nature and, at the same
35 time, the primary source of competitive advantage, which can derive from the
36 interaction between business and family, to face moments of crisis. All
37 businesses, both family and non-family-owned, are being impacted by the
38 COVID-19 pandemic. How they respond provides relevant insight into what
39 makes family businesses different. Family business owners are notoriously
40 loyal to their employees – especially long-term employees. The findings
41 showed that this commitment to one another is often reciprocated. In the face
42 of COVID-19 crisis, many family firms made ties among stakeholders stronger
43 than ever by allowing them to make their commitment clear. When the pressure
44 was on, the act of putting values into action has had transformative power. Also,
45 family firms leadership with "the long view" in mind can unify family owners
46 and employees to sacrifice and stand together through a crisis. Commitment to
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9 the livelihoods of the employees who work for them is a hallmark of most
10 family businesses, as is the dedication of those employees to each other and the
11 family business. When a family business faces financial uncertainty and market
12 challenges, family stakeholders are more likely to dig deep to keep their
13 businesses alive.
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15 In fact, many owners have re-invest family capital in the firms analysed to
16 keep it afloat, rolling up his sleeves to work harder. They did not look for
17 another job or another investment, but rather have stayed the course because it
18 is more than a business and more than an investment to the family owner. The
19 family stakeholder's identity is often tied to their business; their name is "on the
20 door". This element emerged above all for firms of the third, fourth and fifth
21 generation. Their commitment to their enterprise span generations, including
22 future generations. Keeping the business going is much more than a financial
23 decision; it is an honour, purpose and identity that will help many businesses
24 through this challenging time.
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27 **9. Managerial implications**

28 The findings of this study provide important implications for business owners
29 and managers. Family businesses can be a good role model for all other
30 businesses to follow by taking advantage of short-term opportunities and
31 adapting business models. The analysis has shown how crises offer these
32 adaptation opportunities; none of the analysed companies has exited the
33 market. Furthermore, innovations can also be external, such as bars or
34 restaurants, creating new ideas to generate sales. Short-term opportunities can
35 also give rise to long-term ones, thinking now about the potential business
36 models that will emerge in the future. One of the main goals of these long-term
37 considerations is to improve the resilience of companies.
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41 **10. Limitations and future research**

42 This study presents drawbacks that can represent an exciting stimulus for
43 further researches. The first limit can be retrieved in the context, that is Italy.
44 Results derived from a large sample of Italian family firms that, despite
45 numerous, is focalised only in Italy. Other studies could investigate what
46 happens in other Countries by carrying out cross-cultural analysis and studies.
47 Moreover, we suggest longitudinal studies to understand how family firms
48 react in a long-lasting perspective, by observing financial and income results,
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9 and employment. Finally, being a quantitative analysis, this study had not
10 examined in-depth entrepreneurs and managers' perceptions. Thus, further
11 studies could adopt qualitative approaches to deepen the analysis through case
12 studies.
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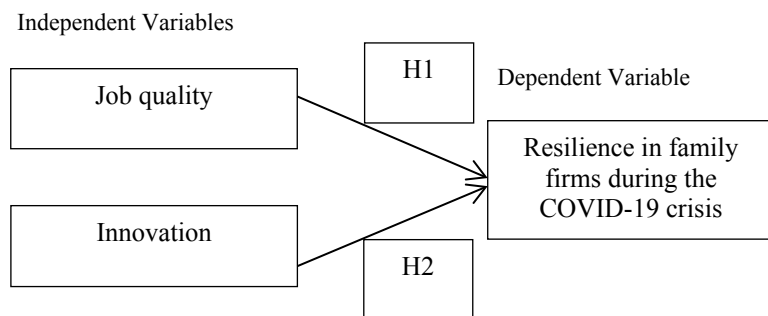
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Figure I. Hypotheses model



Source(s): Author's own elaboration

The TQM Journal

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Table 1. Italian family firms' details

	Frequency	Valid percent (%)
Informant's position		
1. CEO	402	70.5
2. Head of Sales	55	9.5
3. Head of Marketing	48	8.5
4. Head of HR	45	7.5
5. Other	20	4
Sector		
1. Accommodation and Food Service	101	18
2. Activities		
3. Manufacturing	105	18.5
4. Agriculture, Forestry and Fishing	110	19.5
5. Wholesale and Retail Trade	55	9.5
6. Human Health and Social Work Activities	99	17.5
7. Other	87	15
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Generation		
1. First	65	11.5
2. Second	145	25.5
3. Third	155	27
4. Fourth	136	24
5. Fifth	69	12
Number of employees		
1. 1-5	235	41
2. 6-10	145	25.5
3. 11-20	132	23
4. 20-40	43	7.5
5. > 40	15	3

Source(s): Author's own elaboration

Table 2. Questionnaire statements and sources used

Variable	Statement	Source
Resilience in family firms	Ability to adapt to change Ability to face challenges Experience Adaptation	Salisu, Hashim, Mashi and Aliyu (2020); Liu, Ming Lee and Lee (2020); Conza, Lamb and De Massis (2020); Folke et al., 2002; Gunderson and Holling, (2001); Holling, (2001); Plummer and Armitage (2007); Walker, Holling, Carpenter and Kinzig (2004)
Job quality	Job satisfaction Motivation Social environment Physical and emotional health	Eurofound (2012); Judge et al. (2001); Swider et al. (2011); Hudgins (2016); Larson and Luthans (2006); Matos et al. (2010)
Innovation	Reorganising New business model Creativity Transformation	Dahles and Susilowati (2015); Larsson, Milestad, Hahn and Von Oelreich (2016)

Source(s): Author's own elaboration

Table 3. Reliability test

Number	Constructs	Alpha coefficient	Number of items
1	Resilience	0.811	4
2	Job quality	0.784	4
3	Innovation	0.792	4

Source(s): Author's own elaboration

Table 4. Results of multiple regression analysis

Model	B	SE	Standardised coefficients β	T	Sig.
1 Constant	0.932	1.287		0.728	0.459
Job quality	0.274	0.062	0.280	4.328	0.000**
Innovation	0.342	0.061	0.341	5.567	0.000**
R2	0.540				
Adjusted R2	0.533				
Sig. F	0.000				
F-value	78.602				

Notes: **p-value<0.01 (two-tailed); dependent variable: Resilience in family firms during the COVID-19 crisis