

## Basic Study

## SmartFlare™ is a reliable method for assessing mRNA expression in single neural stem cells

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## Abstract

## BACKGROUND

One of the most challenging tasks of modern biology concerns the real-time tracking and quantification of mRNA expression in living cells. On this matter, a novel platform called SmartFlare™ has taken advantage of fluorophore-linked nanoconstructs for targeting RNA transcripts. Although fluorescence emission does not account for the spatial mRNA distribution, NanoFlare technology has grown a range of theranostic applications starting from detecting biomarkers related to diseases, such as cancer, neurodegenerative pathologies or embryonic developmental disorders.

## AIM

To investigate the potential of SmartFlare™ in determining time-dependent mRNA expression of prominin 1 (*CD133*) and octamer-binding transcription factor 4 (*OCT4*) in single living cells through differentiation.

## METHODS

Brain fragments from the striatum of aborted human fetuses aged 8 wk postconception were processed to obtain neurospheres. For the *in vitro* differentiation, neurospheres were gently dissociated with Accutase solution. Single cells were resuspended in a basic medium enriched with fetal bovine serum, plated on poly-L-lysine-coated glass coverslips, and grown in a lapse of time from 1 to 4 wk. Live cell mRNA detection was performed using SmartFlare™ probes (*CD133*, *OCT4*, *Actin*, and *Scramble*). All the samples were incubated at 37 °C for 24 h. For nuclear staining, Hoechst 33342 was added. SmartFlare™ *CD133*- and *OCT4*-

additional data are available.

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specific fluorescence signal was assessed using a semiquantitative visual approach, taking into account the fluorescence intensity and the number of labeled cells.

## RESULTS

In agreement with previous PCR experiments, a unique expression trend was observed for *CD133* and *OCT4* genes until 7 d *in vitro* (DIV). Fluorescence resulted in a mixture of diffuse cytoplasmic and spotted-like pattern, also detectable in the contacting neural branches. From 15 to 30 DIV, only few cells showed a scattered fluorescent pattern, in line with the differentiation progression and coherent with mRNA downregulation of these stemness-related genes.

## CONCLUSION

SmartFlare™ appears to be a reliable, easy-to-handle tool for investigating *CD133* and *OCT4* expression in a neural stem cell model, preserving cell biological properties in anticipation of downstream experiments.

**Key Words:** mRNA detection; SmartFlare™; NanoFlare; Live staining; Nanotechnology; Neural stem cell genes.

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**Core Tip:** The detection of RNA transcripts in living cells is a challenge in embryonic development and cancer related studies. In the last decade, a straightforward and noninvasive approach has emerged, exploiting the combination of nanotechnology and the physiological behavior of stem cells. Although SmartFlare™ technology is far from providing an unambiguous localization of specific mRNAs, it might help in elucidating the time-dependent dynamics of RNA expression at single-cell level, where results are coherent with those coming from both qRT-PCR and fluorescence *in situ* hybridization (FISH), the gold standards for mRNA analysis.

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## INTRODUCTION

During the last decades, the proper signature of neural stem cells and their derivatives has been accomplished by tracking both proteins and mRNAs. Thus, the experimental setting is a real challenge when the production of certain proteins is scarce and the sensitivity threshold of the laboratory methods is inadequate. Furthermore, a snapshot of this phenomenon does not account for the pathway dynamics, such as axonal transport, fast secretion, and developmental mechanisms orchestrated by molecular gradients.

Historically, simultaneous detection at single-cell level by means of immunochemical and FISH techniques can provide ultimate confirmation for the presence of a variety of signaling molecules. Nevertheless, the real-time monitoring of specific RNA transcripts and downstream proteins is limited by cell fixation and permeabilization dictated by the above techniques and the required lysis of tissues to extract RNA for qRT-PCR. This last molecular option provides information about gene expression levels, in heterogeneous populations, hiding the small but relevant differences and changes taking place in individual cells. Ultimately, the aforementioned methodologies make incompatible further analysis (*e.g.*, cell sorting and collection) particularly meaningful for addressing developmental issues. Within this context, an affordable and reproducible method aiming at encompassing both the kinetics and quantification of endogenous RNAs at cellular level has been brought by a group of researchers[1,2]. SmartFlare™ technology combines the high sensitivity of oligonucleotide-linked

nanoparticles with natural receptor-mediated endocytosis to uptake the same nanoconstructs. In particular, target RNA-specific complementary single stranded RNA (capture strand) is hybridized with a complementary “reporter” sequence bound to a fluorophore (Cy3 or Cy5) at its 5' -end that, for vicinity to the central gold particle, is permanently quenched. Only upon pairing with the target RNA sequence, the reporter strand can be released and consequently gain the feature to flare with fluorescent emission at the proper wavelength and intensity, consistent with the expression level of the target RNA. Since the introduction of the SmartFlare™ concept [2-4], this molecular procedure has been successfully exploited for the identification and assessment of both tumor and immune cell subsets[5-8]. Interestingly, the SmartFlare™ technique could provide a wide spectrum of research applications, as identifying RNAs into mammalian conceptuses at different developmental stages has already been used as a proper model[9]. Indeed, SmartFlare™ allows the detection of RNAs specific for hereditary diseases, sex determination, performance and conformation traits in early embryonic stages[1,10-13], and the expression of pluripotency genes in embryonic stem cells and induced pluripotent stem cells (iPSCs) of murine, porcine and human origin[14]. Nevertheless, the ultimate confirmation of these experiments still relies on detecting the same transcripts by qRT-PCR.

To answer to some developmental issues related to the expression of the transcription factor Octamer-Binding Transcription Factor 4 (*OCT4*), involved in the differentiation process of human neurospheres in a time-dependent fashion[15,16], the mRNA pattern of *OCT4* at single-cell level was analyzed from 3 to 30 d *in vitro* (DIV) using specific SmartFlare™ probes to assess a possible downregulation strictly linked to cellular maturation from stem/progenitor to neural phenotype. In parallel, a SmartFlare™ probe for Proliferating Cell Nuclear Antigen 1 (*CD133*), encoding for a transmembrane glycoprotein widely recognized as a marker of neural progenitor cells, was tested[17,18].

Our findings suggest that SmartFlare™ technology is a straightforward tool for discriminating gene transcripts specifically related to some neural stem cell markers.

## MATERIALS AND METHODS

Forebrain tissues were obtained from aborted human fetuses aged 8 wk postconception (Lund and Malmö University Hospitals) in accordance with guidelines approved by the Lund/Malmö Ethical Committee (ethical permit No. Dnr 6.1.8-2887/2017). Brain fragments from the striatum were subjected to microdissection under a stereomicroscope (Leica, Germany), incubated for 30 min in an expansion medium at 37 °C, and then mechanically dissociated in order to obtain a single-cell suspension. Expansion medium DMEM/F-12 (1:1; InVitrogen, Life Technologies, United States), 2.92 g/100 mL L-glutamine, 23.8 mg/100 mL HEPES, 7.5% NaHCO<sub>3</sub>, 0.6% glucose, and 2% heparin (all from Sigma-Aldrich, United States) contained B27 supplement (1%; InVitrogen), human Leukemia Inhibitory Factor (LIF; 10 ng/mL; Sigma-Aldrich), Epidermal Growth Factor (EGF; R&D Systems, United States), and Fibroblast Growth Factor (20 ng/mL and 10 ng/mL, respectively; R&D Systems, United States). Live cells were thereafter counted by the Trypan Blue dye exclusion method before plating in culture flasks at the fixed density of 50.000 cells/mL, at 37 °C in a humidified atmosphere with 5% CO<sub>2</sub>. After several weeks, neurospheres were developed and supplied by the Laboratory of Stem Cells and Restorative Neurology (Lund). To determine the capacity of cells to form secondary spheres, single neurospheres were first passaged and then plated for 1 wk. The newly shaped neurospheres were enzymatically dissociated with Accutase solution (Sigma-Aldrich) when at least 70% of them were below 100 µm in radial size or, if smaller, when before their inner core faded to dark, indicating an activated oxidative process and subsequent cell death.

For *in vitro* differentiation, pelleted neurospheres were incubated with Accutase solution for gentle dissociation for 10 min at room temperature (RT), followed by DMEM/F-12 addition for halting the enzymatic activity. After centrifugation, single cells were resuspended in 500 µL basic medium (without growth factors and heparin) containing 1% fetal bovine serum (FBS; differentiation medium) and plated on poly-L-lysine-coated glass coverslips (5000-10000 cells/cm<sup>2</sup>)[16,19]. During the differentiation period (1-4 wk), the specific medium was refreshed every third day.

Live-cell mRNA detection was performed using SmartFlare™ probes, according to the manufacturer’s protocol (Merck Millipore, Temecula, CA, United States). Briefly, all the used probes were rehydrated by 50 µL of sterile nuclease-free double-distilled water to each vial and kept in the dark until needed. Immediately before the use, the

stock solutions were diluted 1:20 in sterile phosphate-buffered saline. Four  $\mu\text{L}$  of the same solutions were added to 200  $\mu\text{L}$  of the medium for each tested probe. For each experiment, performed in triplicate, two control samples were run in parallel: a negative one made of a scramble construct that, therefore, does not recognize any cellular sequence and used to quantify the unspecific background (Scramble SmartFlare™ Probe); a positive control (uptake SmartFlare™ Probe) that permanently emits fluorescence supplying the information that the SmartFlare™ particles are uptaken by the target cell type. The following reagents were used: CD133 Hu-Cy3 SmartFlare™ RNA Probe (SF-958), Oct4 Hu-Cy3 SmartFlare™ RNA Probe (SF-438), Actin-Cy3 SmartFlare™ RNA Probe (SF-145), Scramble-Cy3 SmartFlare™ RNA Probe (SF-103), and uptake-Cy3 SmartFlare™ RNA Probe (SF-114), all provided by Merck Millipore. All samples were incubated at 37 °C in a humidified atmosphere with 5%  $\text{CO}_2$  for 24 h, since in previous experiments the suggested 16 h incubation was evaluated not sufficient for the complete probe internalization. For nuclear staining, 10  $\mu\text{g}/\text{mL}$  Hoechst 33342 (Invitrogen) was added 5 min before evaluation. Observations were made using an inverted microscope (IX 71; Olympus, Tokyo, Japan) with a x40 planapochromatic objective (PlanApo series; Olympus), taking care to grab all images with the same exposure time and filter set. Images (12-bit) were taken with a cooled monochrome CCD camera (Moticam Pro285D, Motic, China) with a 1360  $\times$  1024 pixel chip. Image processing and analysis were performed using the Image-Pro Plus software (Media Cybernetics, United States).

SmartFlare™ CD133- and OCT4-specific fluorescence signal was assessed using a semiquantitative visual approach by three observers in a blinded fashion. This evaluation took into account both the fluorescence intensity and the number of labeled cells.

## RESULTS

CD133 and OCT4 gene expression was analyzed by SmartFlare™ technology in dissociated human neurospheres upon differentiation commitment, accomplished by switching to growth factor withdrawn media along one-month time frame (from 3 to 30 DIV), with 3 DIV as the minimum time needed by cells both to adhere to the substrate and to grow cytoplasmic area and processes. At 3 DIV, after incubation with specific SmartFlare™ probes, the morphological expression pattern for CD133 and OCT4 mRNAs (Figure 1A and B) was consistent with the Actin-positive cells (Figure 1C). Remarkably, when Hoechst-stained cells were not massively clustered but discernible as single elements, it was possible to evaluate that all cells displayed a diffuse but strong fluorescent signal, sometimes visible as converging single dots filling the thin cytoplasmic processes too. Similarly, the fluorescence of the CD133 reporter probe was as intense as that of Oct4. The Actin housekeeping probe was clearly internalized as a fluorescent patch distributed from the perinuclear area to the peripheral branches, where it appeared as a granular content connecting distant cells (Figure 1C). Fluorescence detection in those living cells was considered a specific marker for mRNAs presence when compared to scramble experiments (Figure 1D), where any background was undetectable in most cells.

At 7 DIV, microscopic images exhibited a clear fluorescence both with CD133 and Oct4 probes (Figure 2A and B). Although the robust arborization network was still detected, in visible branches of very few cells it was observed the presence of fluorescent dots, representative of the molecular beacon-associated mRNAs. The reliability of the results was confirmed by the positive and negative controls (Figure 2C and D).

Cells grown for 15 DIV presented a marked decrease in the SmartFlare™ fluorescence signal, as it was limited to less than half of the analyzed cells, irrespective of the CD133 or Oct4 probe incubation (Figure 3A and B). In addition, the mRNA-like presence was confined to the cytoplasmic domain and always in the shape of tiny and few grains.

Finally, after 30 DIV, even fewer positive cells with specific signal were noticed and again the only morphological feature consisted of single dot-like elements, both in CD133 and Oct4 probe-treated cells (Figure 4A and B). Accordingly, in the last two experiments (15 and 30 DIV), Actin (Figure 3C and 4C, respectively) and Scramble (Figure 3D and 4D, respectively) signals were representative of the specificity of the resulting fluorescence.

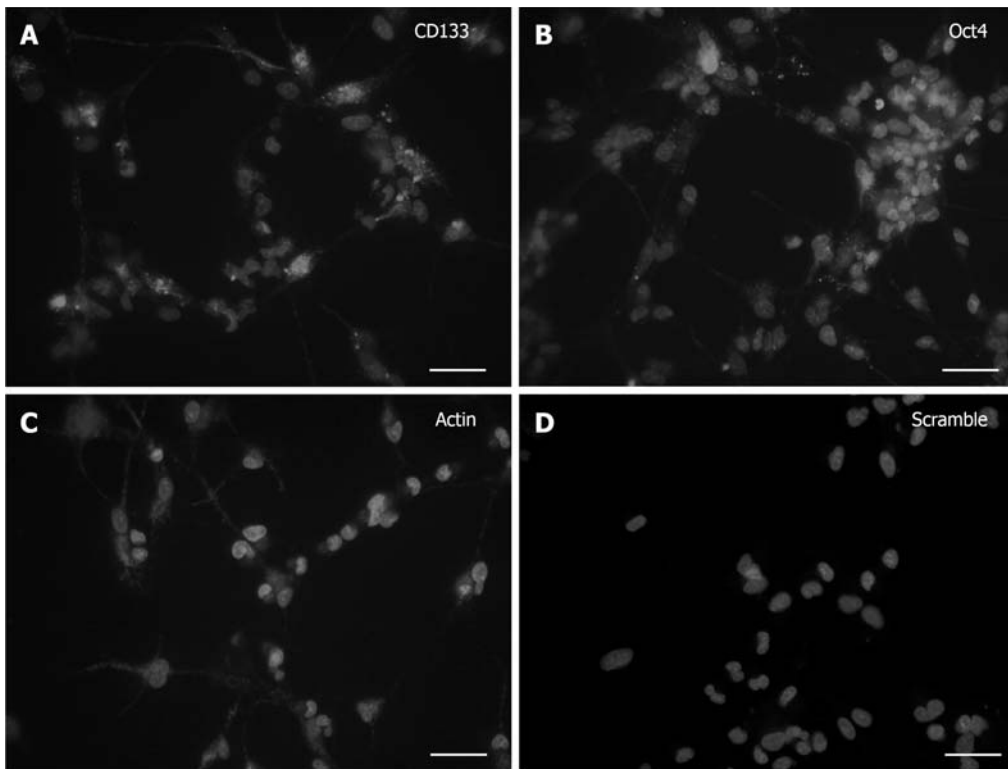
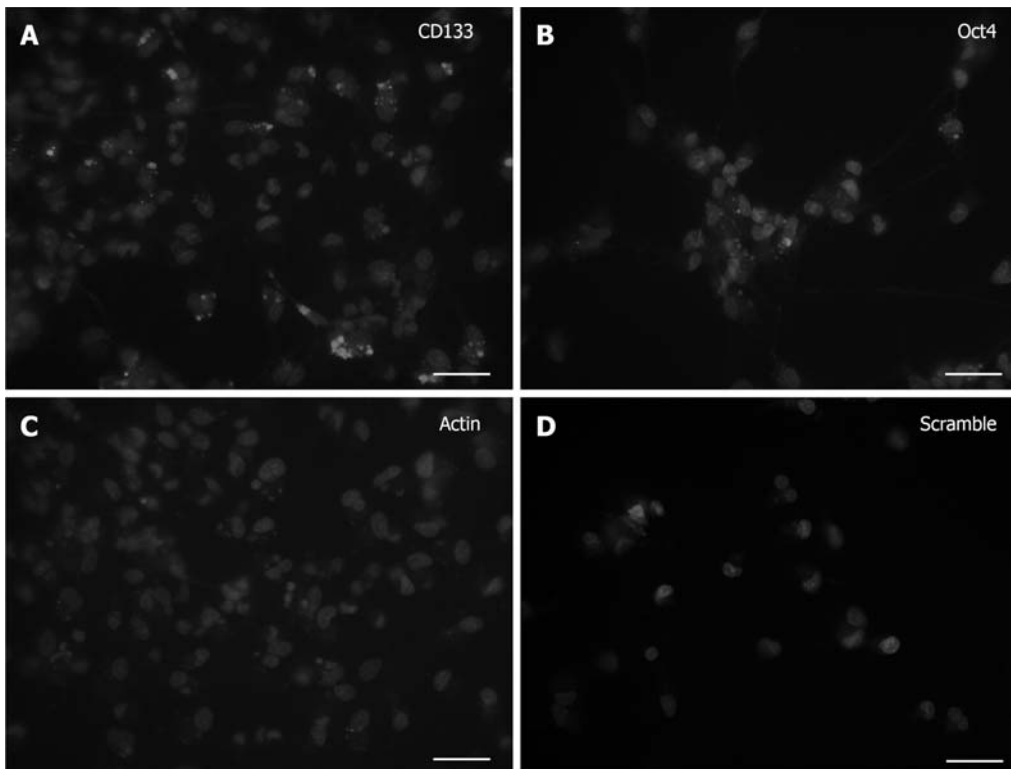


Figure 1 SmartFlare™ detection in 3 d *in vitro* neural stem cells. A and B: The expression pattern for both SmartFlare™ CD133 and Oct4 probes showed a diffuse and spotted-like fluorescence from the perinuclear area to the peripheral cytoplasmic processes; C: SmartFlare™ probe for Actin showed a robust and overall localization of red fluorescence as indicative of positive mRNA expression; D: Scramble probe-treated cells were almost completely lacking in unspecific red background. Nuclei were stained by Hoechst dye. Scale bar: 50  $\mu$ m.

## DISCUSSION

In this study, we carried out a simple and noninvasive RNA-based approach to monitor intracellular gene expression in living cells by fluorescent SmartFlare™ probes. In detail, this study focused on human neurospheres as neural stem cell reservoir, as this is a well-established model to study the progression of differentiation events giving rise to both neuronal and glial lineages. This is a very interesting topic to address, since it involves *OCT4*, one of the key genes implicated in encoding transcription factors prone to convert somatic cells into iPSCs and, therefore, necessary for the commitment of embryological events[20]. The rationale behind the present investigation dates back to a previous study, where the immunohistochemical presence of Oct4 protein was observed in neural stem cells during the first week of differentiation but disappeared after 4 wk. Coherently, in the same research, RT-PCR experiments supported *OCT4* mRNA downregulation, as illustrated by the blurred bands of the electrophoretic assay[16]. Therefore, the advantage of SmartFlare™ probe uptake has emerged for challenging the quantification of mRNA gradient in specific and individual cells. Moreover, the same technique could be useful for identifying neural stem/progenitor cells eventually sorted for further characterization, avoiding any minimal alteration of morpho-functional and biochemical properties. With regard to Oct4, there are some further but possibly misinterpreting studies describing cytoplasmic staining due to splicing variants that make it critical to distinguish transcriptional products[21-24]. For this reason, this study conceived the experimental design of choosing the cell surface antigen CD133 as an alternative positive marker of neural stem cells[25]. The localization of *OCT4* mRNA within cells has already been addressed by some researchers[26] using molecular beacon transfection in differentiated human mesencephalic-derived neurospheres. However, after dissociation, adherent differentiated monolayers resulted lacking *OCT4* expression. Interestingly, monolayered cells grown from neurospheres revealed the complete absence of mRNA expression just before the first week of differentiation, as further confirmed by immunocytochemistry. Indeed, the initial enthusiasm of the scientific community was damped by some studies reporting “A total lack of correlation between fluorescence intensities of SmartFlare probes and the level of corresponding RNAs assessed by RT-qPCR”[27]. Recent data might explain the resulting different amounts of mRNA



**Figure 2** SmartFlare™ detection in 7 d *in vitro* neural stem cells. A and B: SmartFlare™ CD133 and Oct4 probes fluorescence was less intense than the signal detected in 3 d *in vitro* neural stem cells, but still present in almost all cells; C: SmartFlare™ probe for Actin showed a robust and overall localization of red fluorescence as indicative of positive mRNA expression; D: Scramble probe-treated cells showed a very faint unspecific red background. Nuclei were stained by Hoechst dye. Scale bar: 50  $\mu$ m.

detected by SmartFlare™ and qRT-PCR, due to cytoplasmic stress granules where mRNA can be sequestered and made unavailable to be processed for translation[28].

Mason *et al*[29] argued about the SmartFlare™ probes sequestration by the lysosomal machinery. However, by specific matching Lysosome-associated Membrane Protein 1 (LAMP-1) SmartFlare™, these authors found a very low overlap (mean Manders' coefficient 0.26), concluding that the unspecific SmartFlare™ fluorescence localized in lysosomes could be negligible compared to cytoplasmic staining. Our findings agree with the heterogeneity of SmartFlare™ expression, either diffuse cytoplasmic or spotted from the perinuclear site to peripheral processes (dendrites and axons). Moreover, ultrastructural evidence of gold nanoparticles, encapsulated within endosomal/lysosomal compartments, does not explain the spotted fluorescent pattern, unless enzyme digestion would degrade and remove the nanostructure links, ultimately quenching the fluorescence signal. So far, there is still no experimental evidence for that degradative machinery, and, on the other hand, it cannot be ruled out whether there are some alternative routes either passively or actively driven by cells.

By means of a qualitative analysis, the strength of the SmartFlare™ technology would not be affected by the decrease of the fluorescence intensity as a reflection of a reduced lysosomal activity, which occurs during cell differentiation[30]. Actually, as shown by our results, it is unlikely to detect all the cells in the same stage of replication or differentiation within single timepoints.

Although FISH is a well-established and reliable qualitative molecular method, the advantages of SmartFlare™ technology could reside in the opportunity of analyzing unfixed single living cells, retaining their viability, morpho-functional and biochemical properties and allowing downstream experiments[31]. In particular, this approach could help to detect and count stem/progenitor living cells, expressing markers of stemness, in terms of differential expression of the relative mRNAs, as well as microRNAs, which could find application in the profiling of tumor cell heterogeneity [32,33]. Moreover, from an empirical perspective, the SmartFlare™ could be a quicker, easier and less expensive method than techniques involving RNA isolation. Thus, in agreement with the findings by Mason *et al*[29], our results might validate the SmartFlare™ technology as a reliable and easy-to-handle tool, at least in the qualitative analysis framework, although, in some cases, as usually happens, the possibility of an

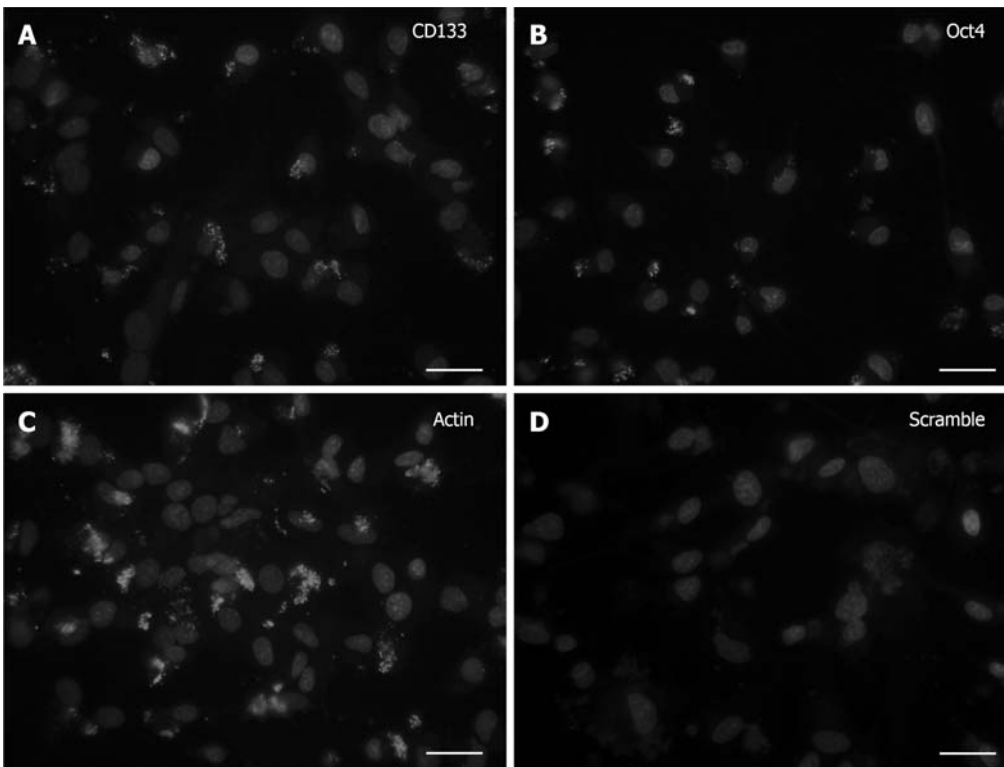


Figure 3 SmartFlare™ detection in 15 d *in vitro* neural stem cells. A and B: SmartFlare™ CD133 and Oct4 probes showed a dramatic fluorescence downregulation that was limited to small cytoplasmic granules in less than half of the observed cells; C: SmartFlare™ probe for Actin showed a robust and overall localization of red fluorescence as indicative of positive mRNA expression; D: Scramble probe-treated cells were almost completely lacking in unspecific red background. Nuclei were stained by Hoechst dye. Scale bar: 50  $\mu$ m.

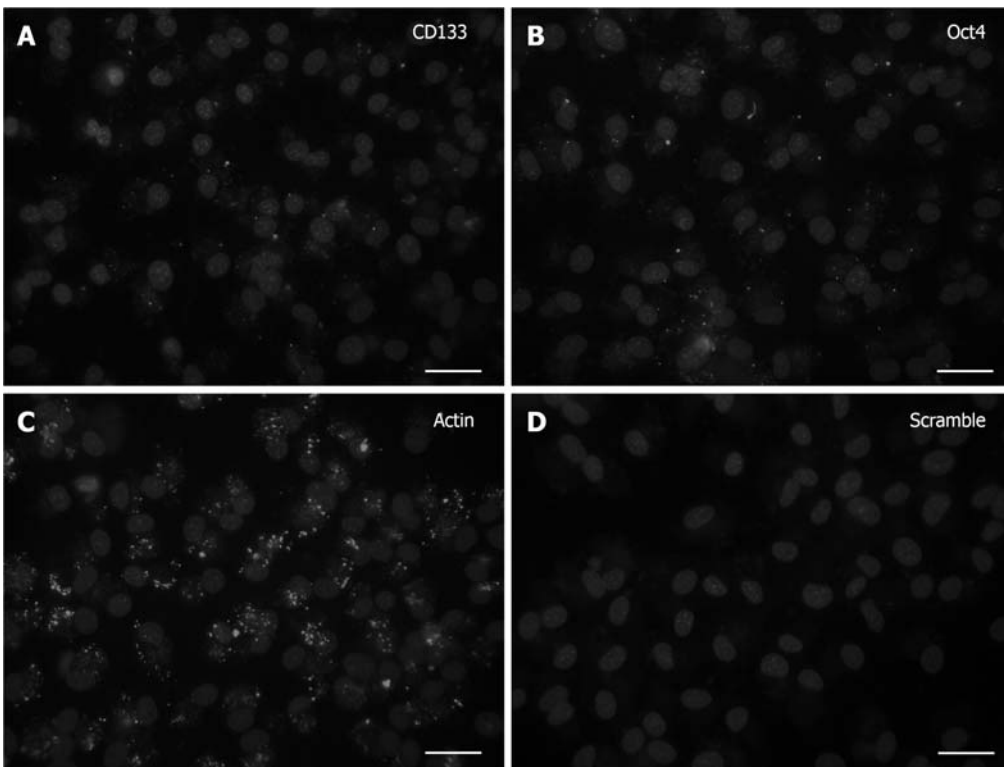


Figure 4 SmartFlare™ detection in 30 d *in vitro* neural stem cells. A and B: SmartFlare™ CD133 and Oct4 probes showed few cells expressing a tiny granular pattern in the cytoplasmic domain; C: SmartFlare™ probe for Actin showed an abundant red fluorescence in all observed cells; D: Scramble probe-treated cells were almost completely lacking in unspecific red background. Nuclei were stained by Hoechst dye. Scale bar: 50  $\mu$ m.

artifact detection may arise.

In the prospect of controversial negative results, it should be considered that FBS supplementation in the culture medium could dramatically play a crucial role in the interpretation of target mRNA detection by SmartFlare™ technology, in terms of cytoplasmic distribution and localization. This methodological issue could partially explain the documentation failure by many research groups[19].

Despite the above-described unsolved criticism, some recent data on molecules and cells involved in immunological and inflammation response against cancer have renewed the interest in an innovative and effective platform to investigate some mRNA functions[34-36]. Besides, it cannot be denied that SmartFlare™ probe detection is not indicative of the real localization of single mRNA molecules. Nevertheless, those NanoFlare probes have paved the way to inspire a novel theranostic wave arising some new sticky-flares for *in situ* monitoring of human telomerase RNA[37], adopting photoactivation to detect mRNA in specific cells[38].

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## CONCLUSION

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In conclusion, this new age of NanoFlare compounds has opened up or, at least, broadened biomedical applications, paying attention to preserving the physiological integrity of cellular systems with an excellent grade of selectivity and specificity[39].

## ARTICLE HIGHLIGHTS

### *Research background*

Although mRNA analysis is still conventionally achieved by fluorescence *in situ* hybridization and qRT-PCR, there is a strong need for real-time monitoring of specific RNA transcripts in living cells, both for a qualitative and quantitative assessment. Within this context, SmartFlare™ technology is a reliable tool for evaluating the presence and the upregulation/downregulation of mRNAs in individual living cells. In addition, this nanotechnology offers the advantages of retaining cell viability, morpho-functional and biochemical properties and allowing downstream experiments.

### *Research motivation*

SmartFlare™ technology is a devoted and straightforward method for the spatiotemporal investigation of the *in situ* mRNA expression in living cells.

### *Research objectives*

To study the dynamics of differentiation-related RNA transcripts in human neural stem cells.

### *Research methods*

The presence of *CD133* and *OCT4* mRNA-linked nanoprobe in neurosphere-derived cells (from 3 to 30 DIV) was investigated by SmartFlare™ as a reliable insight into neural stem cell differentiation.

### *Research results*

Until 7 DIV, all the cells displayed a strong SmartFlare™ fluorescent signal indicative of *CD133* and *OCT4* mRNA expression, as single dots encompassing both the cytoplasmic domain and the related processes. Upon 15 DIV, cells showed a marked decrease in the fluorescence, both for *CD133* and *Oct4* probes. In cells grown for 30 DIV, the *CD133* and *Oct4* probe uptake was very scant but still consisted of single dot-like elements, representative of a downregulation of the same genes.

### *Research conclusions*

Our findings propose the SmartFlare™ technology as a reliable and straightforward tool in the context of a qualitative expression analysis applied to a broad panel of mRNAs in single living stem cells.

### *Research perspectives*

The NanoFlare technology, such as SmartFlare™, could enhance the scenario of



biomedical applications in the field of marker identification mirroring both normal and pathological conditions, with the advantage of ensuring the physiological integrity of cellular systems.

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