

1 **Combination of argan oil and phospholipids for the development of an effective liposome-**  
2 **like formulation able to improve skin hydration and allantoin dermal delivery**

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20 ABSTRACT.

21 Allantoin is traditionally employed in the treatment of skin ulcers and hypertrophic scars. In the  
22 present work, to improve its local deposition in the skin and deeper tissues, allantoin was  
23 incorporated in conventional liposomes and in new argan oil enriched liposomes. In both cases,  
24 obtained vesicles were unilamellar, as confirmed by cryo-TEM observation, but the addition of  
25 argan oil allowed a slight increase of the mean diameter (~130 nm versus ~85 nm). The  
26 formulations, especially those containing argan oil, favoured the allantoin accumulation in the  
27 skin, in particular in the dermis (~8.7  $\mu\text{g}/\text{cm}^2$ ), and its permeation through the skin (~33  $\mu\text{g}/\text{cm}^2$ ).  
28 The performances of vesicles as skin delivery systems were compared with those obtained by  
29 water dispersion of allantoin and the commercial gel, Sameplast®. Moreover, in this work, for  
30 the first time, the elastic and viscous moduli of the skin were measured, underlining the different  
31 hydrating/moisturizing effects of the formulations. The application of ARGliposomes seems to  
32 provide a softening and relaxing effect on the skin, thus facilitating the drug accumulation and  
33 passage into and through it.

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35 KEYWORDS: liposomes; argan oil; phospholipids; pig skin; Turbiscan Lab; skin rheology; skin  
36 hydration.

## 37 1. Introduction

38 Allantoin is the final product obtained from the oxidation/metabolism of uric acid metabolism of  
39 some vertebrates; it is also presents in different plants and currently can be easily chemically  
40 synthesized. In pharmaceutical and cosmetic fields, it is traditionally employed in the treatment  
41 of skin ulcers (Fu et al., 2006; Henderson, 1946) thanks to its capability to remove necrotic tissue  
42 promoting cell proliferation and skin epithelization (A.S. Durmus, M. Yaman, 2012; Braga et al.,

43 2012). It is also used as keratolytic agent in the treatment of the hypertrophic scar. Despite it  
44 being used in a wide range of pharmaceutical and cosmetic products for topical application, its  
45 skin penetration ability is very low due to its low  $\log P \sim 3.14$  and consequently, **it beneficial**  
46 **effect is limited** (Oliveira et al., 2014). A strategy to **ameliorate** its topical **performances,**  
47 **prolonging the** residence time at the action site **and improving the** local **accumulation, may be the**  
48 incorporation in liposome-like systems. In order to **achieve this purpose,** in the present work  
49 allantoin has been incorporate in liposomes and alternatively in liposomes enriched with argan  
50 oil (ARGliposomes). The addition of argan oil to liposomes was never previously tested and it is  
51 expected to improve the vesicle ability to modify stratum corneum lamellar assembly and its  
52 hydration favouring the **allantoin skin delivery.** Argan oil has been traditionally used in Morocco  
53 for centuries as **a** beauty oil or cosmetic ingredient, mainly for its ability to eliminate skin  
54 pimples as well as juvenile acne **and** to reduce dry skin matters and wrinkles (Guillaume and  
55 Charrouf, 2011a). It is mainly composed of acylglycerides (~99%), carotens, tocopherols,  
56 triterpene alcohols and xantophylls (1%). Oleic and linoleic acids are the most abundant  
57 unsaturated fatty acids that significantly contribute to its favourable properties (Charrouf and  
58 Guillaume, 2008; Guillaume and Charrouf, 2011b).

59 The skin is the main barrier which avoid the passage of drugs **topically applied** and is formed by  
60 different layers: the stratum corneum, consisting of several layers of corneocytes (dead and  
61 flattened) embedded in a lipid-water lamellar matrix; the viable epidermis, consisting on living  
62 keratinocytes strongly joined with desmosomes junctions; the dermis, which is the support of the  
63 skin and it is formed by collagen and elastin fibres containing few fibroblasts; finally the  
64 hypodermis composed of fibroblasts, adipose cells, and macrophages. Due to its structure, the  
65 skin, in particular the stratum corneum, acts as main **barrier, which** controls the passage of

66 foreign and endogenous molecules. The predominant pathway for drug passage through the skin  
67 is the paracellular way across the lipid domain between the epidermal cells, where the  
68 assembling of stratum corneum matrix and the hydration status of the skin, are key parameters  
69 which depend on human race, age, sex, skin type, anatomical location and humidity of the  
70 environment (Darlenski and Fluhr, 2012). Also cosmetic ointments and pharmaceutical  
71 preparations can affect the above mentioned properties as a function of formulation composition  
72 (Edwards and Marks, 1995; Esposito et al., 2007). In particular, nanocarriers, such as  
73 phospholipid vesicles and liposome-like systems due to their ability to deeply penetrate into the  
74 skin, are supposed to strongly modify such parameters (Castangia et al., 2015; Manca et al.,  
75 2016, 2015, 2014c, 2013a, 2013b; Zaru et al., 2012).

76 Rheological study represents an innovative tool to evaluate the skin status, particularly its  
77 hydration and elasticity. Moreover, an adequate modelling to evaluate the viscoelastic properties  
78 of excised skin is of paramount interest in medical and cosmetic applications because it can aid  
79 to predict the modifications caused by topical preparations and their effect on its barrier function,  
80 providing an important support to select the most suitable formulations. Nevertheless its  
81 significance, actually few literatures reported detailed information regarding the rheological  
82 properties of excised skin and the effects of topical formulations. In this work, for the first time,  
83 we studied the rheological properties of excised skin and the influence of formulations in its  
84 behaviour. Due to the strong junctions and complementary structure of the main strata, the skin  
85 has been considered as a full and continuum layer thus microscopic properties of its components  
86 and modifications of the ordered structure may be reflected in its macroscopic viscoelastic  
87 behaviour.

88 In this work, allantoin liposomes were prepared and, as an alternative, ARGliposomes were  
89 formulated and characterized. Moreover, for the first time to our knowledge, the skin hydration  
90 effect of water, liposomal nanoformulations and Sameplast® gel was evaluated by rheological  
91 analyses and results were compared with those obtained performing *in vitro* allantoin permeation  
92 and penetration study.

## 93 2. Material and methods.

### 94 2.1. Materials

95 Soy lecithin (SL) was purchased from Galeno (Prato, Italy). Allantoin (AL), argan oil (ARG) and  
96 all the other products were purchased from Sigma-Aldrich (Milan, Italy). Sameplast® gel  
97 (Savoma Medicinali s.p.a.) was purchased in a drugstore.

### 98 2.2. Vesicle preparation

99 Empty or drug-loaded vesicles were prepared by weighing soy lecithin (60 mg/ml) allantoin (10  
100 mg/ml) and argan oil (5 mg/ml), when appropriate, in a glass test tube, adding water and leaving  
101 the samples one night at room temperature to facilitate the swelling of the phospholipids. The  
102 dispersions were then sonicated, 20 cycles (2 sec ON and 2 sec OFF) repeated 4 times, with a  
103 Soniprep 150 ultrasonic disintegrator (MSE Crowley, London, United Kingdom) at an  
104 amplitude of 15 microns. Dispersions were purified from the non-incorporated drug by  
105 dialyzing (Spectra/Por® membranes, 3 nm pore size; Spectrum Laboratories Inc., Rancho  
106 Dominguez, United States) them against water at 25°C for 4 hours (replacing the water once).  
107 Entrapment efficiency (EE) was expressed as the percentage of the drug amount found after  
108 dialysis versus that initially used. Allantoin content was determined by high performance liquid  
109 chromatography (HPLC) after disruption of the vesicles by dilution in methanol (1/100) and  
110 analysis of lipid solutions, was performed at 220 nm using a Thermo Scientific (Madrid,

111 Spain) chromatograph. The column was a Waters C18, and the mobile phase was a mixture of  
112 methanol and water (5:95 v/v). The injection volume was 20  $\mu$ l and the flow rate was 1 ml/min.  
113 A standard calibration curve (peak area of allantoin versus drug concentration) was built up by  
114 using standard solutions (range 1.0 - 0.01 mg/ml). Calibration graphs, plotted according to the  
115 linear regression analysis, gave a correlation coefficient value ( $R^2$ ) of 0.999. The allantoin  
116 retention time was 2.7 minutes. The limit of detection was 2 ng/ml while the limit of  
117 quantification was 5 ng/ml.

### 118 2.3. Vesicle characterization

119 Vesicle formation and morphology were evaluated by cryo-TEM analysis. A thin film of each  
120 sample was formed on a holey carbon grid and vitrified by plunging (kept at 100% humidity and  
121 room temperature) into ethane, maintained at its melting point, using a Vitrobot (FEI Company,  
122 Eindhoven, The Netherlands). The vitreous films were transferred to a Tecnai F20 TEM (FEI  
123 Company), and the samples were observed in a low dose mode. Images were acquired at 200 kV  
124 at a temperature  $\sim$  -173  $^{\circ}$ C, using low-dose imaging conditions with a CCD Eagle camera (FEI  
125 Company).

126 The average diameter and polydispersity index (P.I.), of each sample, were determined by  
127 Photon Correlation Spectroscopy using a Zetasizer nano (Malvern Instrument, Worcestershire,  
128 United Kingdom). Zeta potential was estimated using the Zetasizer nano by means of the M3-  
129 PALS (Phase Analysis Light Scattering) technique. Before the analysis both liposomes and ARG  
130 liposomes (100  $\mu$ l) were diluted with water (10 ml).

131 The stability of the vesicles was evaluated by using the optical analyser Turbiscan Ageing  
132 Station (Formulation, L'Union, France) equipped with an ageing station with three thermo-  
133 regulated blocks for the storage of 54 samples. Turbiscan technology is based on Static Multiple

134 Light Scattering for the analysis of concentrated dispersions (without mechanical stress or  
135 dilution). In our experiments, 10 ml of each sample were placed in a cylindrical glass cell and  
136 stored in the Turbiscan for 7 days at 25, 40 or 60°C. The detection head was composed of a  
137 pulsed near-infrared light source ( $\lambda = 880$  nm), two synchronous transmission (T) and back  
138 scattering (BS) detectors. The T detector receives the light, which crosses the sample (at 180°  
139 from the incident beam), while the BS detector receives the light scattered backwards by the  
140 sample (at 45° from the incident beam). The detection head scanned the entire height of the  
141 sample cell (65 mm longitude), acquiring T and BS each 40  $\mu$ m. The measuring principle is  
142 based on the variation of the particle volume fraction (migration) or diameter (coalescence),  
143 resulting in a variation of BS and T signals. The stability of each sample was evaluated on the  
144 basis of the variation of back scattering ( $\Delta$ BS). For a comparative evaluation between the  
145 different samples we exploited the Turbiscan Stability Index (TSI) computation, that provides a  
146 key number related to the general behaviour of the formulation. Samples were significantly  
147 different for  $\Delta$ TSI values greater than 0.4

#### 148 **2.4. *In vitro* skin delivery studies**

149 Studies were carried out using newborn skin of Goland-Pietrain hybrid pigs (1.2 kg), provided by  
150 a local slaughterhouse. The stored skin was pre-equilibrated in saline solution at 25°C, 12 hours  
151 before the experiments. Experiments were performed non-occlusively in Franz diffusion cells  
152 (diffusion area of 0.785 cm<sup>2</sup>) sandwiching the full thickness skin specimens (n=6) between the  
153 donor and receptor compartments. The receptor compartment was filled with 5.5 ml of saline  
154 solution, which was continuously stirred and **thermostatted** at 37±1°C to achieve the  
155 physiological skin temperature (i.e. 32±1°C). Each sample (100  $\mu$ l) was placed onto the skin  
156 surface and, at regular intervals (1, 2, 4, 6 and 8 hours), the receiving solution was withdrawn

157 and drug content was analysed by HPLC. After 8 of experiment, the skin surface was washed  
158 and the epidermis, dermis and subcutaneous tissue were separated with a sterile surgical scalpel;  
159 the method was previously validated by histological examination. Each skin specimen was  
160 placed in methanol (2 ml), sonicated for 2 minutes in order to extract the drug, and then assayed  
161 for drug content by HPLC.

## 162 2.5. Rheological study of skin

163 Rheological measurements were carried out at  $25\pm 1^\circ\text{C}$ , using a Haake RheoStress 300 Rotational  
164 Rheometer, equipped with a Haake DC10 thermostat and data acquisition and elaboration  
165 software RheoWin; a cross-hatch plate device (Haake PP35 TI: diameter = 35 mm) was used.  
166 Measurements were carried out on newborn pig skin samples, treated alternatively with water,  
167 liposomes, ARGliposomes and Samplast<sup>®</sup>, the commercial preparation containing allantoin (1%)  
168 in a gel of hydroxyethylcellulose and xanthan gum. Each sample was deposited on the top of the  
169 skin and the specimens were stored for 12 h at  $25^\circ\text{C}$ . After that, the formulation was removed  
170 from the top of the treated skin by gently wiping using absorbent paper. The skin was then  
171 deposited on the lower plate of the geometry. The upper plate was then lowered and put in  
172 contact with the skin until slippage phenomena were avoided, according to a previous procedure  
173 developed for hydrogels (Palumbo et al., 2012; Pescosolido et al., 2010). To allow the sample  
174 relaxing the stresses undergone during the loading procedure, all the samples were leaved to rest  
175 for 5 minutes at  $25^\circ\text{C}$ . Frequency sweep tests were performed in the range of 0.01-10.0 Hz and a  
176 shear strain of 0.0003 was used. Mechanical spectra (storage ( $G'$ ) and loss ( $G''$ ) moduli were  
177 registered in the above mentioned frequency range and  $G'$  at 1 Hz was used to characterize the  
178 viscoelastic properties of the skin treated with the different formulations. Before frequency  
179 sweep experiments, amplitude sweep tests were carried out for each sample to assess the linear

180 viscoelastic region where the values of the moduli are independent from the applied deformation.  
181 All measurements were carried out at 25°C, using, at least, three skin specimens for each  
182 formulation.

## 183 2.6. Statistical analysis of data

184 Results are expressed as the means±standard deviation. Multiple comparisons of means  
185 (ANOVA) were used to substantiate statistical differences between groups, while Student's t-test  
186 was used to compare two samples. Significance was tested at the 0.05 level of probability (p).  
187 Data analysis was carried out with the software package XLStatistic for Excel.

## 188 3. Results and Discussion

### 189 3.1. Vesicle characterization and stability

190 Just few studies were performed to evaluate the deposition or permeation of allantoin in the skin  
191 after topical application, and only a small number of them reported the suitability of allantoin  
192 incorporation in liposomes or other lamellar vesicles intended for skin delivery (Arno et al.,  
193 2014; Chan et al., 2014). Due to the lack of literature, in this work, aimed at improving its  
194 accumulation and passage in and through the skin, allantoin was entrapped in liposomes and  
195 liposome-like systems and their carrier ability was evaluated. Referring to the allantoin  
196 concentration in the Sameplast<sup>®</sup> gel (1%), which is the commercial formulation used as  
197 reference, firstly, the minimum amount of soy lecithin (60 mg/ml) able to load 10 mg/ml of  
198 allantoin, forming stable, small in size ( $\leq 100$  nm), homogeneously dispersed ( $\leq 0.25$ ) vesicles and  
199 able to retain such amount of drug, avoiding its precipitation, was determined. Secondly,  
200 increasing amounts of argan oil were added to liposome formulation and the maximum oil  
201 concentration (5 mg/ml) able to avoid vesicle aggregation and simultaneously to ensure the most  
202 suitable properties for skin delivery such as small and homogenous sized vesicles, was assessed

203 (Table 1). Argan oil is a natural oil extracted from the kernels trapped in the stones of the fruit of  
204 the argan tree (*Argan spinosa* L. Skeels) and, to the best of our knowledge, it has never been  
205 added to liposomes. This oil is traditionally used in Africa for its restoring properties mainly  
206 related to its composition. Indeed, it contains high amount of oleic and linoleic acid, responsible  
207 for the emolliating and moisturizing properties, and a small amount of unsaponifiable matter,  
208 which can neutralize free-radicals and improve skin elasticity (Charrouf and Guillaume, 2008;  
209 Guillaume and Charrouf, 2011a, 2011b). Taking into account its favourable properties, the  
210 addition of argan oil to allantoin loaded liposomes, intended for topical application, appeared a  
211 proper combination and it was expected to ameliorate the vesicle performances. Empty  
212 formulations were also prepared and characterized to elucidate the effect of allantoin on bilayer-  
213 assembling features. Vesicle assembling and morphology were evaluated by direct observation  
214 using a cryo-TEM. Pictures showed that liposomes and ARGliposomes were very similar,  
215 spherical and unilamellar vesicles (Figure 1) with size ranging from ~50 to ~140 nm.  
216 The size of samples was measured immediately after their preparation, using the dynamic laser  
217 light scattering that provided the value of the mean size and size distribution as a function of  
218 particles ability to scatter the light (Table 2). Empty vesicles were always similar to the  
219 corresponding allantoin loaded vesicles ( $p>0.05$ ), indicating a complete and effective  
220 intercalation of allantoin molecules avoiding the modification of the bilayer assembly.  
221 Liposomes were sized ~85 nm whereas ARGliposomes ~ 132 nm; all the samples were  
222 homogeneously dispersed with an adequate size distribution ( $PI\leq 0.26$ ) and a zeta potential  
223 strongly negative (~ -60 mV) (Haidar et al., 2008). Sample analyses were always repeatable as  
224 confirmed by the low standard deviation values obtained from at least six repetitions. Argan oil  
225 induced an increase of both vesicle size and zeta potential, the last toward more negative values,

226 denoting an important effect on bilayer assembling and structure, which favoured the formation  
227 of vesicles with a higher curvature radius.

228 Allantoin was entrapped in high amount in both liposomes and ARGliposomes (EE% 66±8 and  
229 84±6 respectively, Table 2). In this case, the combination of argan oil and phospholipids may  
230 facilitate the distribution of allantoin into the vesicles in higher amount, thus avoiding the drug  
231 leakage.

232 Size, P.I. and surface charge were monitored for 90 days keeping the samples at 25°C (Figure 2);  
233 the values were constant for all the time span studied, showing a good stability of the systems.

234 Results were confirmed by Turbiscan measurements, previously used to evaluate the stability of  
235 different nanoparticle dispersions (Carbone et al., 2014; Manca et al., 2014a, 2014b). As reported  
236 in Figure 3, a little transmission variation in the middle of the cell was observed for both  
237 allantoin loaded samples stored at 25°C related to a certain particle size change. The intensity of  
238 the aggregation phenomenon was higher when samples were stored at 40 and 60°C ( $\Delta BS \% > 2$ ).

239 On the basis of the TSI global results, the stability of allantoin loaded vesicles was not affected  
240 by the addition of the oily components, since the difference between TSI of both liposomes and  
241 ARGliposomes at 1, 3 or 6 days was not significant ( $\Delta TSI \leq 0.4$ ) (Table 3).

### 242 3.2. *In vitro* skin delivery studies

243 *In vitro* penetration/permeation studies of allantoin were performed using Franz diffusion cells  
244 and newborn pig skin (Gillet et al., 2011; Manca et al., 2014b, 2013b; Manosroi et al., 2004;  
245 Verma, 2003). For each formulation the drug accumulation in the different skin layers and its  
246 permeation was quantified (Figure 4). Allantoin in water dispersion and in gel formulation  
247 (Sameplast® gel), were used as comparison. The last one is a commercial product containing  
248 allantoin 1%, dispersed in a gel of hydroxyethylcellulose and xanthan gum prepared in water and

249 glycerol. Using the water dispersion, the amount of allantoin accumulated in the different skin  
250 strata was always lower:  $\sim 1.6 \mu\text{g}/\text{cm}^2$  in the epidermis and  $\sim 0.7 \mu\text{g}/\text{cm}^2$  in the dermis and  
251 subcutaneous tissue. This low drug deposition is probably related to the poor ability of the water  
252 to offset transepidermal water loss and to significantly alter the skin hydration status, thus the  
253 barrier effect of the stratum corneum, which hampered the penetration of allantoin. Using the  
254 commercial formulation Sameplast® gel the drug accumulation in the different strata, including  
255 the dermis, was comparable with that obtained treating the skin with the water dispersion ( $\sim 2.6$   
256  $\mu\text{g}/\text{cm}^2$   $p > 0.05$  versus that provided by dispersion). Probably, the application of the commercial  
257 gel for 8 hours was able to avoid the water loss of the skin, as reported for gel, but was unable to  
258 effectively alter the assembling of lipid matrix and promote the accumulation/passage of  
259 allantoin into and through the skin. Moreover, in this case, the accumulation of the drug in the  
260 skin layers is limited by both, the barrier effect of the stratum corneum and its partitioning  
261 between the stratum corneum and the gelled vehicle. Differently, when allantoin was loaded in  
262 conventional liposomes its accumulation in the dermis was double ( $\sim 3.4 \mu\text{g}/\text{cm}^2$ ,  $p < 0.05$ ) with  
263 respect to that provided by Sameplast® gel. When the drug was entrapped in ARGliposomes, an  
264 important drug accumulation improvement was observed in the epidermis ( $\sim 2.2 \mu\text{g}/\text{cm}^2$   $p < 0.05$   
265 versus all) and mostly in the dermis ( $\sim 8.7 \mu\text{g}/\text{cm}^2$   $p < 0.01$  versus all). Additionally, liposomes  
266 and ARGliposomes, provided a significant increase of the amount of drug permeated through the  
267 skin and recovered in the receptor fluid which was  $\sim 33 \mu\text{g}/\text{cm}^2$  ( $p < 0.05$  versus dispersion and  
268 Sameplast® values) while it was significantly lower ( $\sim 17 \mu\text{g}/\text{cm}^2$ ) when the water dispersion or  
269 Sameplast® gel were used. We can hypothesize that liposomes, thanks to the well-known  
270 phospholipid affinity to the interlamellar matrix of stratum corneum, fused with it, decreasing the  
271 skin barrier function. The high deposition provided by ARGliposomes, especially in the dermis,

272 suggested their direct passage in the stratum corneum matrix modifying its lamellar assembling  
273 and perturbing its ordered structure due to the additional action of argan oil **probably able to**  
274 **further modify the intercellular pathway** (Kirjavainen et al., 1999).

### 275 **3.3. Effect of allantoin formulations on skin rheological behaviour**

276 In order to elucidate the effect of the different formulations (water dispersion, Sameplast® gel,  
277 liposomes and ARGliposomes) on skin elasticity and hydration, the **excised** newborn pig skin  
278 was treated for 8 hours with the various formulations and a detailed rheological study was  
279 carried out. Mechanical properties of a material are strictly related to its morphology and  
280 structure. In the case of skin, many layers are overlapped but, from a mechanical point of view,  
281 at first, it can be treated as a whole material, whose properties are due to the combinations of the  
282 properties of each layer and interlayer junctions. Probably, the dermis, due **to** its higher thickness  
283 and fibrotic structure, can mainly affect the whole skin behaviour. Rheological experiments, i.e.  
284 mechanical properties in shear conditions, are chosen, **assuming** that in the skin the mechanical  
285 effects can be amplified by transversal solicitations, as the various formulations can act in a  
286 different extent on the various skin layers.

287 At first, stress sweep experiments were carried out at 1 Hz. In order to ascertain to be in the  
288 linear viscoelastic regime, the  $G'$  evolution (at 1 Hz) of each sample, the waveforms of the stress  
289 applied and the deformations observed were registered. Indeed, sinusoidal waveforms are  
290 obtained from samples in the linear viscoelastic regime whereas out of this range more complex  
291 waveforms (data not reported) are obtained (Lapasin, 1995). **For each skin treatment**  
292 **(formulation), measurements were repeated using, at least, three independent skin specimens and**  
293 **the collected curves laid in a range of  $\pm 10\%$ . A representative curve for each skin treatment**  
294 **(water dispersion, Sameplast® gel, liposomes and ARGliposomes) is reported in Figure 5. The**

295 **data evidenced** that the response of all skin specimens, independently of the treatment, showed a  
296 deviation from the linearity starting at deformation in the range 0.003-0.006. The slope of the  
297 various curves, after this point, clearly indicated that different effects are produced in the skin **as**  
298 **a function of the treatments (formulations)**. The curves can be grouped in two classes: specimens  
299 treated with water and liposomes (first class) and **those treated** with Sameplast® gel and  
300 ARGliposomes (second class). The behaviour of the first class was characterized by a sharp  
301 decrease of  $G'$  after the linear regime which, **from the rheological point of view**, can be ascribed  
302 to **a disruption of the skin structure** as a consequence of its deformation. **Such lack of structure**  
303 **(decrease) was stronger in the first class with respect to that observed in the second class using**  
304 **the same stress. In fact, the second class was** able to preserve part of the elastic behaviour of the  
305 skin, and the curves showed a softer decrease **respect to that of the first class**. Mechanical spectra  
306 of the skin, after each treatment, were recorded in the linear viscoelastic regime in the range  
307 0.01-10 Hz, i.e. the frequency range normally experienced by humans in skin care applications.  
308  $G'$  (elastic component) and  $G''$  (viscous component) were collected and their profiles as a  
309 function of frequency were analysed (Figure 6). The profile of the mechanical spectrum of skin  
310 wetted with water evidenced a  $G'$  higher than  $G''$  with a positive slope, different for the two  
311 moduli, indicating a dependence that, at high frequency could lead to a crossover. The  $G'$   
312 remained roughly constant for the skin treated with gel and liposomes, but an evident cross-over  
313 point appeared, at 0.1 Hz for Sameplast® and **at** 0.01 Hz for liposomes. In the case of  
314 ARGliposomes, the  $G'$  modulus is lowered of about **half-order of magnitude**, and an evident  
315 cross-over point was observed at 0.1 Hz. The rheological results showed that the skin behaviour  
316 depended on the **used formulation**: the Sameplast® gel was able to relax the tissues more than  
317 water and liposomes, whereas ARGliposomes **were** the most effective in softening **the** tissues,

318 reducing, at the same time, the rigidity of the skin. Taking into account the allantoin deposition  
319 provided by the formulations, we can **hypothesize** that the better softening and relaxing effect of  
320 ARGliposomes correspond to a higher drug deposition in epidermis and mainly in the dermis,  
321 probably because the less rigidity of the skin **favoured the passage of allantoin** up to the dermis  
322 thanks to the supplemental action of argan oil in addition to that of phospholipids which exerted  
323 a **synergic** skin fluidification. On the opposite, conventional liposomes did not allow **the**  
324 softening and relaxing effect and only provided a slight increase of allantoin deposition in the  
325 dermis (with respect to the water) due to the phospholipid effectiveness as penetration enhancers.  
326 Sameplast<sup>®</sup> gel was able to partial relax the skin structure thanks to its capacity to avoid water  
327 loss promoting lipid swelling.

#### 328 **4. Conclusions**

329 Liposomes offer distinct advantages as dermal drug delivery systems, but recently it has been  
330 found that some modifications in their composition can greatly improve their therapeutic  
331 potential. In this work, **combining (trans)dermal results and rheological data**, we underline that  
332 **the association** of argan oil to phospholipid vesicles was able to ameliorate the dermal delivery  
333 of allantoin. Moreover, evaluating the skin rheological behaviour, we **can argue** that such  
334 improvement was depending to a relaxing and softening effect **provided by these vesicles** on the  
335 skin. The argan oil behaves as a key component of ARGliposomes and thanks to its  
336 dermophilicity and moisturizing power confers to vesicles optimal skin-favourable properties  
337 facilitating the drug accumulation in the dermis.

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435

436 **Figure Captions**

437 **Figure 1.** Cryo-TEM micrographs of allantoin loaded liposomes (A,) and ARGLiposomes (B).

438

439 **Figure 2.** Variation of mean diameter (A), polydispersity index (B) and zeta potential (C) of  
440 allantoin loaded liposomes and ARGLiposomes during 90 days of storage at room temperature  
441 (25°C). Mean values±standard deviation (SD) are reported (n=6).

442

443 **Figure 3.** Turbiscan backscattering profiles of allantoin loaded liposomes and ARGLiposomes at  
444 25, 40 and 60°C.

445

446 **Figure 4.** On the left: cumulative amount of drug accumulated in stratum corneum (SCT),  
447 epidermis (EP), and dermis (D) after 8 h application of allantoin water dispersion, allantoin in  
448 Sameplast gel, allantoin loaded liposomes and ARGLiposomes. Data represent the  
449 means±standard deviation (SD) of at least six experimental determinations.

450 On the right: Allantoin deposition in the skin strata and permeation in the receptor fluid during 8  
451 hours of application. Mean values (n=6) ± standard deviation (error bars) are reported.

452

453 **Figure 5.** G' vs deformation in shear stress sweep experiments carried out at 25°C on new born  
454 pig skin treated with water and with the various formulations prepared: ARGLiposomes,  
455 Liposomes and Sameplast® gel.

456

457 **Figure 6.** Mechanical spectra registered in shear experiments at 25°C on new born pig skin  
458 treated with water and Liposomes (left) and with ARGLiposomes and Sameplast® gel (right).

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