SARS-CoV, Mers-CoV and Covid-19: what differences from a dermatological viewpoint?

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However, no clinical

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Dear Editor

Over the past two decades, 3 zoonotic global coronavirus outbreaks have occurred:
1. SARS starting in 2002 in China due to SARS-CoV; 2. MERS starting in 2012 in
   Saudi Arabia due to MERS-CoV; 3. Covid-19 due to SARS-CoV-2 starting in 2019 in
   Wuhan, China (1). Both beta-coronaviruses, SARS-CoV and MERS-CoV caused a
   severe disease in most infected people. In fact, as many as 8700 cases were
   confirmed from 37 countries with 775 deaths for SARS while 2494 MERS cases and
   858 deaths have been reported worldwide in 27 countries. SARS-CoV-2 caused a
   pandemic that as spread across 203 countries in all 5 major continents involving
   many more cases than its predecessors (2). Phylogenetic analysis of SARS-CoV-2
   indicated that it is related to SARS-CoV (~79%) and MERS-CoV (~50%) (3).

Pathological manifestations of COVID-19 greatly resemble what has been seen in
SARS and MERS infection as well as the pathologic findings indicates that a similar
cytokine cascade storm play a critical role in patient rapid death (4).
However, it is clear now that the epidemic of COVID-19 is different from SARS and
MERS. Although presenting symptoms are similar—fever and cough, progressing to
pneumonia in severe cases, with poorer outcomes associated with men gender,
older age and comorbidities—SARS and MERS were/are much less transmissible
but more likely to be severe or fatal than COVID-19. In fact, COVID-19 has a general
fatality rate of 3.4% lower than that of SARS (9.6%) and much lower than that of
MERS (34.4%) (5) but SARS-CoV-2 caused many more deaths.

As for dermatology, the most relevant difference between Covid-19 and
SARS/MERS is the absolute lack of reports of skin manifestations in the latter.
Actually, many cutaneous manifestations have been described in association with
SARS-CoV-2 infection, although their prevalence is controversial ranging from 0.2%
in a cohort of 1099 Chinese patients to 20.4% in an Italian study of 88 patients (8,9).

They include: pseudo-chilblain lesions, livedoid or necrotic lesions and vesicular eruptions which appear as the most characteristic ones and urticarial, purpuric and maculopapular eruptions which are the most frequent rashes, albeit less specific (6,7).

The reasons why there is a robust evidence in the literature of cutaneous manifestations in Covid-19 due to SARS-CoV-2 and not even one report of skin rashes both in SARS-CoV and MERS-CoV infections is unclear. One possible explanation is that the international response to COVID-19 has been more transparent and efficient when compared to the SARS /MERS outbreaks. The rapidly progressing of COVID-19 pandemic has become a global concern stimulating a lot of dermatological researches with many more cases than its predecessors. Another explanation is that a part of these skin manifestations of Covid-19 is not directly related to the virus but to the multi drugs which have been used in a relatively large amount in Covid-19 compared to the therapies used for the previous epidemic of SARS and MERS (10). In this setting, we cannot rule out that, in view of the greater severity of lung and multiorgan involvement in SARS and MERS, the skin has received less attention or that SARS-CoV and MERS-CoV may have less tropism for the skin than Sars-Cov-2.

There is still much more to know about skin manifestations associated with COVID-19 but unfortunately, we cannot learn from the experience of previous coronavirus epidemics. It is only with this new pandemic that dermatologists are exploring a new chapter whose aim is not only to identify patients or asymptomatic carriers in the risk population throughout skin signs but also to understand whether skin rashes could be a part of a potential transmission route for SARS-CoV-2.
here is an increasing concern whether skin rashes could be a part of a potential transmission route for SAR

References


